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Friday, May 23, 1986

6-month sentence given in fatal attack

by Stephanie Voss
East West

BOSTON—Angry Asian American groups decried a six-month sentence and \$15 fine given to two white men accused in the beating of two Cambodian refugees and the subsequent death of one of the victims.

The sentences given May 1 to Scott Arsenault, 23, and John Febbi, 24, were "a grim reminder that the Asian community, and all racial minorities, cannot assume that justice will be served them," said Elaine Song, a member of Asians for Justice.

Febbi and Arsenault were charged with manslaughter in the death of Bun Vong, 35, who died after 11 days in a coma following a roadside brawl in August 1985. The two were also charged with assault and battery for injuring Bunyoeun Som.

A Middlesex County Superior Court jury convicted Febbi and Arsenault on the assault charges after hearing testimony from Som, who said the two defendants, apparently angered when the Cambodians' car cut in front of theirs on a local road, shouted and followed them. In the fight that ensued, Som said, Arsenault hit Vong and Febbi turned toward Som, who by then had armed himself with a tire iron.

Mistrial Declared

Judge Robert Barton sentenced Febbi and Arsenault to one year in a house of corrections, with six months suspended. He also fined them \$15 each.

The jury cleared Febbi of the manslaughter charge. Barton declared a mistrial in the manslaughter case against Arsenault when the 10-man, 2-woman jury reported itself deadlocked after deliberating 11 hours.

The District Attorney's office announced May 5 that it will

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Photo by Linda Mabalot/Visual Communications

Hiroshima members receiving award from L.A. Deputy Mayor Tom Houston were (from left) Dan Kuramoto (saxophone and flute), June Kuramoto (koto) and daughter Lani, Johnny Mori (taiko) and daughter Misako, Danny Yamamoto (drums), Barbara Long (vocals) and John Kuramoto (manager).

Artists' achievements recognized

by J.K. Yamamoto

LOS ANGELES—Asian Americans who have made their mark in the arts were saluted at the annual Asian Pacific American Heritage Week dinner on May 14 at Japanese American Cultural & Community Center Plaza.

This year's honorees were actress Kieu Chinh, the band Hiroshima, and playwright Philip Kan Gotanda.

Chinh was introduced by fellow actress Tippi Hedren. The two met in 1966 when Hedren was on a USO tour in Saigon and have been friends ever since.

After fleeing to Saigon from her native Hanoi at the age of 15, Chinh was determined to become an actress "even though there was much cultural disapproval at that time," said Hedren.

Hardships of War

In addition to winning acting awards at Asian film festivals in 1972 and 1974, "she had her own production company, she was a very astute businesswoman, had everything," but with the Communist takeover in 1975 "she literally had to flee on the last plane out of Saigon with nothing

more than the clothes on her back—no money, nothing," Hedren continued.

Chinh then went to Singapore, Japan, France and Canada before gaining entry to the U.S. She was able to get her husband and three children into the country and to reestablish her acting career, appearing in such TV series as "MASH" and "Hotel" and the TV-movie "The Letter."

Serving on state and national advisory boards dealing with refugee affairs, she has also been "giving strength to Vietnamese who are having problems," said Hedren.

Called onstage to accept a commendation from the mayor's office, Chinh said, "I have so much to say, but words are not good enough."

Musicians Recognized

In honor of the Los Angeles-based Hiroshima, Sumako Azuma performed a classical Japanese dance to the accompaniment of the group's current single, "One Wish."

Speaking for the band, Dan Kuramoto said he was "really kind of stunned" by the honor.

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LEC seeks \$200,000 from Fund

by Robert Shimabukuro

SAN FRANCISCO—In its last meeting before the National Convention in July, the JACL National Board unanimously passed a resolution asking the National Council to authorize "advances to the LEC, on an as-needed basis, from time to time, from the National JACL Endowment Fund to an aggregate maximum of \$200,000 within the next two years, or until July 1988, as an outright grant of funds from the National JACL Endowment Fund, for the purposes of advancing the cause of redress in the Congress of the United States" (see page 4).

In contrast to recent National Board meetings, a spirit of harmony seemed to prevail at the meeting held May 16-17. Noting that ¾ of the certified chapters must declare an emergency situation to exist in order to pass the

resolution, board members were asked to inform local chapters of the urgency of the situation.

Drawing attention to the "developing momentum of visible support" for H.R. 442 and the immediate necessity of an assured funding base for LEC, the resolution asks that the present situation be viewed as "an emergency of the greatest magnitude."

In other actions, the board extended the moratorium on LDP-sponsored trips to Japan "until such time as the redress issue is resolved"; accepted a proposed biennium budget for council approval based upon a \$2 dues increase; and authorized a solicitation mailing to JA households after hearing the results of the test mailing by SRS consultant Gary Serota.

A more detailed report of the board meeting will appear in next week's PC.



Photo by Sachi Yamamoto

GOING FOR BROKE—100th/442nd Veterans Assn. members riding WW2 jeep in Armed Forces Parade held in Torrance, Calif. on May 17 included (from left): Frank Fukuzawa, ex-president; Min Kaminishi (standing), treasurer; Sam Fujikawa, 1st v.p.; and Hank Sakato, secretary. (Story on page 3.)

In this issue:

Aging and Retirement Supplement

Reflections of a 'Senior Citizen'

by Miyo Senzaki

Reflecting back into the past is like a panoramic view of time and places where I have been and where I am now. Today, I am a qualified senior citizen, sometimes enjoying the benefits accorded a senior citizen and on some occasions, when my younger mood takes over, I just like to forget about the advantages. Only when I am in San Francisco do I make sure to ride the bus with a fifteen-cent fare.

Growing up in Seattle in a family with three older brothers and four younger sisters, the past is full of memories, some sad but mostly full of excitement and adventures.

Easter and special holidays and picnics meant new clothes and shoes. Baptist church was a must as mother handed us envelopes containing the offering of usually two cents or sometimes a nickel or a dime depending on the occasion. I remember I wanted to be baptized, only to change my mind at the last minute because I had gotten my first permanent; against my mama's protests, I got my way.

For me, growing up was a time of no worries except for the homework and remembering to return the books to the library in time to avoid the fines or it would have meant taking it out of my allowance. I was totally oblivious to the worries my parents were going through.

How well I remember the chores of helping grandma hold up the long wooden post that held up the clothesline, sprinkling wet tea leaves on the carpet to sweep and catch the dust, or helping grandma cook, especially the New Year's food. She would wrap a towel around my wrist so that the hot beans cooking in sugar would not splash on my arms. She would make trays of this since she was known to make the best *yokan* and these would be distributed to our friends.

Grandmother came to live with us when she was widowed in her early forties, since mama was the only child. She fell in love with a fish peddler and

Continued on A/R Supplement page 4

Community Affairs

NEW YORK—Japanese American Help for the Aging and Japanese American Assn. co-sponsor an informal workshop, "Why Have a Will," on May 31, 1:30 p.m., at Japanese American Assn. Social Hall, 7 West 44 St., 6th floor. Attorney Susan Onuma Amendsen, an associate with Kelly, Drye & Warren, will speak about how to draw up a will. Free and open to public. Info: Tosh Miyazaki, 840-6942.

LOS ANGELES—National Coalition for Redress/Reparations presents a screening of "Broken Rainbow," the Oscar-winning documentary on the forced relocation of Navajos in the Southwest, June 8, 2 p.m., at Japan America Theatre, 244 S. San Pedro St. Tickets: \$7 general, \$5 students and seniors. Info: 498-5148 or 494-7643.

Loni Ding's "Nisei Soldier" will be shown with "The Story of Chaim Rumkowski and the Jews of Lodz" and "In the Name of Democracy" at American Film Institute, 2021 N. Western Ave.,

on May 29, 7:30 p.m. Info: 856-7787.

Nisei Veterans Coordinating Council of So. Calif. holds annual Memorial Day services May 26, 11 a.m., at Evergreen Cemetery, 204 N. Evergreen Ave. U.S. District Court Judge Robert Takasugi will address the gathering. Min Sumida will emcee. Info: (213) 283-4029.

"Spirit of Liberty: Pacific Pioneers," Japanese American Cultural & Community Center's sixth anniversary dinner to be held May 28, 6:30 p.m., at the Bonaventure Hotel, will honor Yoshiaki Yamasaki, past chair of Mazda Motor Co.; Robert McIntyre, board chair and chief executive officer of So. Calif. Gas Co.; and Frank Kuwahara, chairman and former president of JACCC. Entertainment will be provided by Bobby Walters' Orchestra, singer Alvin Ing and Fujima Kanuma Dancers. Tickets: \$200 for Liberty Circle tables, \$100 for Pacific Rim tables. Info: 628-2725.

WHITTIER, Calif.—VFW Nisei Memorial Post 9902 conducts its 21st annual

memorial service at 9 a.m. near Lake of the Roses in the Japanese Garden section of Rose Hills Memorial Park. L.A. Buddhist Federation will conduct a ceremony at 10 a.m., followed by JA So. Calif. Christian Church Federation at 10:30. Info: (213) 699-0921.

SAN FRANCISCO—Nisei & Retirement sponsors a lecture demonstration on *hansha shiatsu* presented by Julie Nishino and Geri Handa, practitioners of the method developed by the late Tony Wataru Idemoto, on May 31, 1-4 p.m., at Christ Presbyterian Church, 1700 Sutter St. The series will include general care and relaxation warm-up exercises, tension assessment, and self-learning techniques for care of the lower back, hips and legs. Info: Kiku Funabiki, (415) 668-4660, or Geri Handa, 282-2803.

Rep. Sala Burton will meet with representatives of the Nikkei community June 2, 5:30-7 p.m., at Mikoshi Restaurant, 1740 Buchanan St. Info: Diane Matsuda, 556-4862 or Sandy Mori, 922-9972.

GARDENA, Calif.—Megamillions (Nisei Widowed Group) hosts a fun night with the theme "Back to the Future" May 24, 7 p.m., at VFW Hall, Gramercy and 162nd. The evening features nostalgia, dancing, refreshments, open bar and card games. All singles invited. Cost: \$8. Info: Shiz, (213) 821-3219, or Betty, (714) 636-8207.

Conference canceled

LOS ANGELES—Pacific Southwest District JACL's "Feminization of Aging" conference, which was to be held May 17 at USC, was canceled on May 14 due to lack of response.

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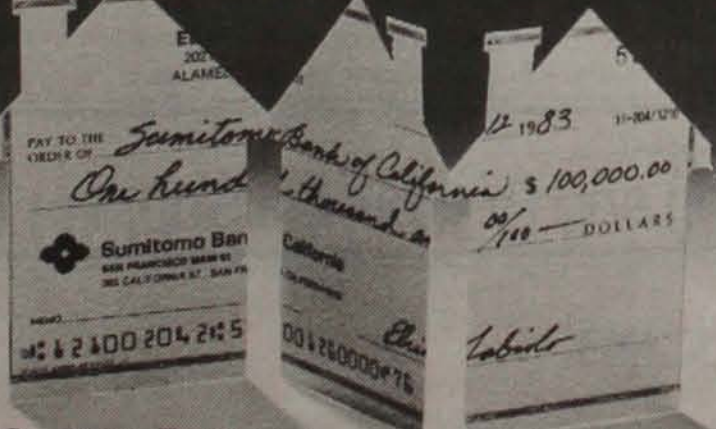


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City English measure put on hold

MONTEREY PARK, Calif.—Newly elected Councilman Barry Hatch, who supported last year's unsuccessful drive to have English declared the city's official language, has said he will wait for the results of the statewide "Official English" initiative before raising the issue again.

Proponents of the state measure expect it to qualify for the November ballot. If that effort fails, Hatch said, he will ask the council to make English the official language of Monterey Park. Councilwoman Pat Reichenberger said she supports his strategy.

Hatch, Reichenberger, and Chris Houseman ousted Lily Chen, David Almada and Rudy Peralta—all of whom opposed the English ordinance—in last month's election. Houseman does not favor such a measure,

but the support of Councilman Cam Briglio gives the "Official English" backers a majority on the five-member council.

Opponents of the measure, including Asian American community groups and the L.A. County Human Relations Commission, have charged that it would not help immigrants learn English but would only create interracial tension.

Hatch said he wants to shelve the matter for now because it has become so divisive. "I think the forces that got involved did more damage than good," he said, referring particularly to "Official English" proponent Frank Arcuri.

The controversial Arcuri, who unsuccessfully sought a seat on the city council last month, was arrested at City Hall on Apr. 28 for disturbing a public meeting, resisting arrest and assaulting a police officer.

During the council meeting, he had attempted to speak about the English ordinance—which was unrelated to the agenda item under discussion—and was told by Mayor Monty Manibog to relinquish the microphone. Police Capt. Joe Santoro, who tried to escort Arcuri out, was struck in the face by Arcuri's elbow. Police Chief Jon Elder and Sgt. Bill Risen then grabbed Arcuri and walked him out of the room.

—from a report by the Los Angeles Times

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Camp paintings donated to exhibit

WASHINGTON—A reception celebrating artist Henry Sugimoto's donation of three oil paintings to the Smithsonian Institution's National Museum of American History took place Apr. 20 at National Presbyterian Church.

The paintings, which depict the wartime internment of Japanese Americans, will be part of a Smithsonian exhibit on the JA experience scheduled for September 1987.

Speakers included Rep. Norman Mineta (D-Calif.) Hal Brown,

speaking on behalf of Sen. Daniel Moynihan (D-N.Y.), National JACL president Frank Sato, Rev. Louis Evans, senior pastor of the church, and Emi Akiyama of N.Y. Japanese American United Church. Edward Ezell of the Smithsonian formally accepted the paintings. Rev. Arthur Kamitsuka served as emcee.

"Just as Henry Sugimoto has captured our experiences at Heart Mountain and Tule Lake so that others can learn from this national tragedy," said Mineta,

band made its recording debut in 1979 with "Hiroshima," which was followed by "Odori," "Third Generation" and "Another Place."

Playwright's Perspective

Gotanda's appearance was preceded by an excerpt from his play "Song for a Nisei Fisherman" read by actor Mako of East West Players.

"It's long been my belief that the arts... are crucial to our survival as a culture," said Gotanda, "because it is one of the few venues where we tell the story, not some executive sitting up in some smoke-filled room... It is our picture that we draw of ourselves, not some cartoon."

"I am proud to call myself an Asian Pacific American artist. I know some people see that as a limitation, but personally, I feel it's a freedom."

A resident of San Francisco, Gotanda is writing "Yankee Dawg

"we must educate others about the range of discrimination and barriers we still face."

The night before, participants attended a screening of the European documentary "Yankee Samurai," which deals with the exploits of the 442nd Regimental Combat Team, and heard an update on the House redress hearings and the Smithsonian exhibit from Mike Masaoka of Go For Broke.

Organizations involved in the weekend's activities included Eastern District, New York Chapter and Washington, D.C. Chapter JACL and Japanese American Assn. of New York.

"You Die," a play about Asian American actors in the film industry, for East West in Los Angeles and "First Date," a work about interracial marriage, for Actors Theater of Louisville, Ky. His play "The Wash" will be produced next year at Eureka Theater in San Francisco and Second Stage in New York, and is being developed into a film for "American Playhouse" on PBS.

Onizuka Remembered

Among the honorees at last year's Heritage Week dinner was astronaut Ellison S. Onizuka, who died in the Jan. 28 explosion of the space shuttle Challenger. Astronaut Taylor Wang, who was honored at the same dinner, gave a brief eulogy.

At the Kennedy Space Center, where he first met Onizuka, "everybody mistook me as him," Wang recalled. "I was a little

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Nisei ride in Armed Forces Parade

TORRANCE, Calif.—Veterans of the 100th Battalion/442nd Regimental Combat Team took part for the first time in the annual Armed Forces Day Parade, the largest civilian-sponsored armed forces parade in the country, on May 17.

City Councilman George Nakano invited the Nisei veterans to participate in order to educate South Bay residents about the contributions the Army unit made in the European theater during WW2.

"We want more people to know about the 442nd," said Monte Fujita, one of about 20 veterans who were in the parade.

"Our mission today is to get our

story retold," George Nishinaka, president of the 100/442 Veterans Assn., told the Los Angeles Times. "We only have 10 or 15 more years left, and then none of us will be around any more. The association won't be around, because we'll all be dead. We don't want our children and our grandchildren, or the rest of the world, to forget what we fought for."

Accompanied by a color guard of Boy Scouts from Koyasan Temple in Little Tokyo, the men of the 442nd rode in WW2 vehicles—two jeeps, one half-track, a 2½-ton truck, and an ambulance. One banner bore the unit's slogan, "Go For Broke."

APA Democrats to ratify bylaws

WASHINGTON—Asian Pacific Democrats from across the country are invited to a June 6 meeting to ratify the bylaws of the National Democratic Council of Asian and Pacific Americans.

The bylaws, drafted by the council planning committee on Apr. 11 in San Francisco, will be ratified after full discussion. The meeting begins at 9 a.m. in the conference room of Democratic National Committee headquarters, 430 South Capitol St., S.E.

Lodging will be at Quality Inn-Capitol Hill, 415 New Jersey Ave., N.W., between D and E Sts. (Call 202-638-1616).

A welcome dinner will be held June 5, 6:30 p.m., at Magic Gourd Restaurant, 528 23rd St., N.W. To make reservations, call Franklin Chow at (202) 265-5651 by May 31.

A fundraising reception for former Rep. Patsy Mink, now a Honolulu city councilwoman and a Hawaii gubernatorial candidate, will be held on the evening of June 6 at Szechuan Gallery Restaurant, 1617 11th St., N.W., second floor. Contribution: \$25. The D.C., Maryland and Virginia AP caucuses will host.

Those attending the convention are asked to contact Barbara Hansberry at (202) 863-8075.

HERITAGE WEEK

Continued from Front Page

"Probably the most significant aspect about having this group," he said, "is the fact that we had a power base... we have this Asian Pacific community to draw from. Our commitment is really the commitment of the community that's believed in us. For that we'll always be most grateful."

"We're very proud to be Asian Pacific American people... the more that we draw upon those roots, not only in this aspect of entertainment but as a community, the stronger we get."

Kuramoto was joined on the stage by manager John Kuramoto and band members June Kuramoto, Johnny Mori, Danny Yamamoto and Barbara Long.

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People who know...go
NORTHWEST ORIENT

GFB: Some Facts & Figures

EAST
WIND

Bill
Marutani

AMONG THE ORGANIZATIONS in which I take pride of membership is Go For Broke, Inc. (GFB), a group composed of AJA veterans. While I happen to belong to a couple of other veteran organizations, I am particularly proud of GFB, not necessarily because it is composed largely of fellow Japanese Americans but particularly because it is a civic organization, not a jingoistic "super patriot" organization.

It demonstrates civic maturity.

AS A MEMBER, the other day I received its report to the membership, entitled "Update," which contained some interesting facts in succinct form. I think you will find them of interest and I'd like to share them with you.

For example, there were some 33,000 Nisei who served in the armed forces during WW2, of whom 6,000 served in the Pacific. Of the first 3,700 men interviewed for Military Intelligence Service (MIS), only three percent could

speak Japanese fluently. I know: I was within the other 97 percent. Unless knowledge of words such as *himaji*, *shigoto*, *gohan* and the like place me in the elite three percent class.

AS OF Dec. 7, 1941, there were already 3,500 Nisei in the Army. My brother Max was one of them: he was a sergeant in the Air Corps stationed at Ft. Lewis, Washington; he was a licensed airplane pilot who was, however, trained as a gunner. Like many other Nisei, he was transferred to the 442nd and served in Europe.

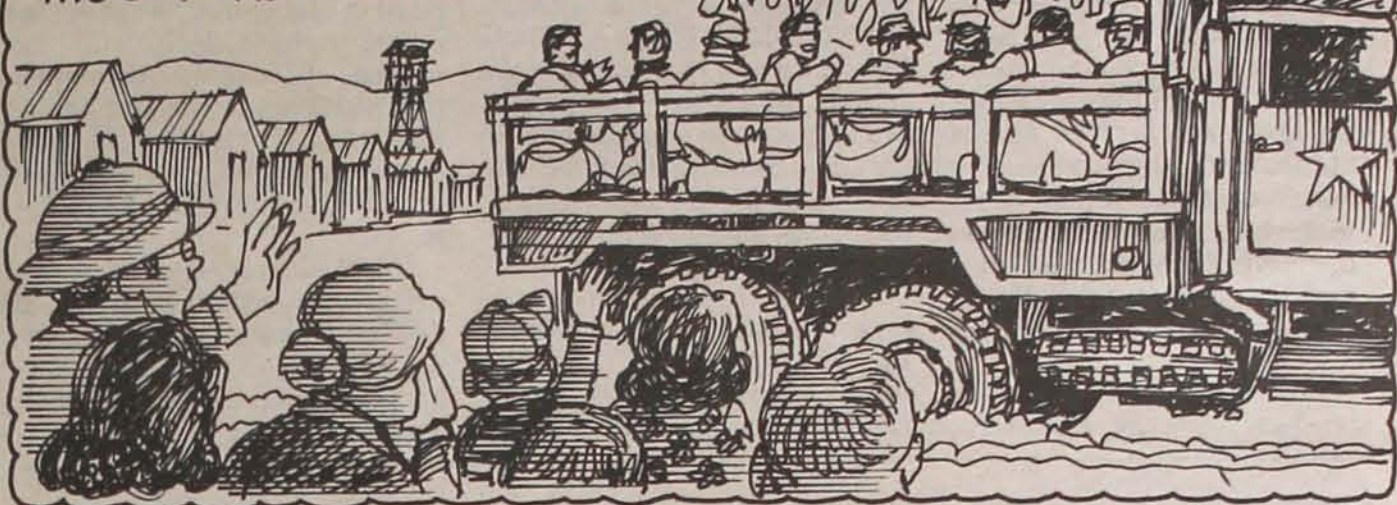
Speaking of the 442nd and the 100th Battalion, it had more college graduates than any other unit of similar size. Its average IQ was 119, nine points higher than required for officer candidate school.

FOLLOWING THE ANNOUNCEMENT in January 1943 by the War Department that Nisei volunteers would be accepted for a special combat unit, more than 10,000 volunteered from Hawaii for just 1,500 slots. From the mainland, some 2,500 volunteered; of the 1,500 accepted and inducted, half of them came out of the concentration camps.

No less than nine sons of Mr. and Mrs. Ginzo Nakada (uprooted

MEMORIAL DAY MEMORIES:

SCENES OF NISEI VOLUNTEERS FROM U.S. WRA CAMPS BOUND FOR SALERNO, ANZIO, SAIPAN, IWO JIMA AND OTHER BATTLEFIELDS.



from Long Beach, Calif.) served in the Army during WW2: Henry and George with the 442nd; Yoshinao, Saburo, Minoru and Yoshio with MIS; Jim and John with integrated units; and Stephen at the language school. That surely must be a record for any single set of parents for WW2, if not for all U.S. wars.

And the Masaoka brothers—Ben, Mike, "Ike" (Akira), Hank and Tad—must have set another record for a single family, all five having served in the 442nd.

Makes all of us damn proud to be a Japanese American.

AND THE NISEI soldiers paid dearly in seeking to prove their

commitment to our country, not only for themselves but particularly for those they left behind and for those Japanese Americans to come. America's casualties in wars were: Korean, 24%; Vietnam, 40%; WW1, 5.3%; WW2, 5.8%. For the Nisei servicemen, it was a whopping 28.5%!

Japanese American war dead: Korean conflict, 43; Vietnam (incomplete), 117; WW2, 694.

PFC SADA O MUNEMORI, the posthumous awardee of the Con-

gressional Medal of Honor who gave his life to save his buddies in his unit of the 100/442, was a Kibei. He didn't differentiate between Nisei and Kibei.

The GFB organization is gearing up for the monumental task of a Japanese American exhibition at the Smithsonian Institute next year. They deserve your support.

Go For Broke can be contacted at: 1855 Folsom St., Rm. 161, San Francisco, CA 94103; (415) 431-5007.

A Relevant Issue

ONE THING
LEADS
TO ANOTHER

Bob
Shimabukuro

Since May has been designated National Older Americans Month, advertising manager Rick Momii and I, after consultation with Ford Kuramoto, decided to do a little designating of our own: May 23 is the Pacific Citizen Older Americans issue.

Kuramoto, who along with K. Patrick Okura, chairs JACL's Aging and Retirement Committee, coordinated the gathering of articles from the committee.

Both Rick and I would like to thank the A/R Committee for their contributions and help, especially Kuramoto, who managed to convince all the contributors of the necessity of getting their pieces in early. What started out as a two-page spread expanded into a four-page supplement, which at the last minute blossomed into an eight pager because of the wealth of material that was contributed. Perhaps we can do another issue in the near future.

One extremely important area that is not addressed in this issue (but will be at a later date) is the feminization of aging. With women outliving men, many women are spending their golden years alone. And this fact has some relevance to our organization.

With the trouble JACL seems to be having recruiting new members, especially younger men, it is conceivable that 20 years down the road, JACL could evolve into an organization of Nikkei women. Think about that!

In a related matter, anyone calling the National JACL office will note that Yuki Fuchigami no longer answers the phone. The long-time receptionist and travel coordinator has retired, spending her last day at the office May 15. Good luck, Yuki, and *muchas gracias*.

HERITAGE WEEK

Continued from Previous Page

upset about that... but as time goes on and I get to know Ellison a little better, I didn't mind the mistake any more."

Onizuka was "a well respected astronaut for his skill and he was well liked for his personality," said Wang. "Every opportunity he gets he will credit other people for the job well done. For instance, after he just came back from his first flight, he credited the flight to his parents and grandparents for their contributions and sacrifice."

Wang concluded by saying that Onizuka "left us a shining example of what an Asian should be—hard working, full of life, and most important of all, he was proud of being Asian. For that we will always be proud of him."

Frank Kwan of KNBC-TV emceed the event. Co-chairs Joanne Kumamoto and Mi Sun Cho spoke on behalf of the APA Heritage Week Committee and Deputy Mayor Tom Houston represented Mayor Tom Bradley.



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POSTMASTER: Send address changes to Pacific Citizen, 941 E. 3rd St., #200, Los Angeles, CA 90013.

Application for grant of \$200,000 from the National JACL Endowment Fund

With the successful hearing on redress before the House subcommittee in Washington, D.C. on April 28, 1986, and the gaining of six additional co-sponsors of H.R. 442, there is developing an encouraging feeling that redress can perhaps be favorably enacted by the U.S. House of Representatives yet during this session of the 99th Congress.

Because of such developing momentum of visible support, it is essential that continuing optimum efforts of LEC lobbying be maintained, and indeed be accelerated, in the months ahead. There is an encouraging window of opportunity for passage of redress by Congress within the next two years. We dare not fail to give this our utmost efforts.

To assure maintenance of ever-increasing, and hopefully even more effective efforts, LEC must have an assured funding base. LEC believes that \$200,000 per year can be raised through annual fund drives, as has been done during this past year. However, LEC's minimum budget for a sustained, successful lobbying drive is \$352,000 per year for the next biennium.

LEC needs a minimum base of up to \$200,000 as an outright grant from the National JACL Endowment Fund to guarantee maintenance of lobbying efforts during the next biennium, 1987 and 1988.

LEC considers the present situation as an emergency of greatest magnitude, as envisioned at the time of the creation of this Endowment Fund. This may be our last opportunity to have enacted appropriate redress legislation by the Congress of the United States. Success would redound to the permanent benefit of the Japanese American Citizens League, the National JACL Endowment Fund, and to the Japanese American populations in the United States forevermore.

Now, therefore, be it resolved that the Legislative Education Committee of the Japanese American Citizens League request that the National JACL Board and the National JACL Council in convention assembled authorize advances to the LEC, on an as needed basis, from time to time, from the National JACL Endowment Fund to an aggregate maximum of \$200,000 within the next two years, or until July 1988, as an outright grant of funds from the National JACL Endowment Fund, for the purposes of advancing the cause of redress in the Congress of the United States.

Respectfully submitted,
Min Yasui, National LEC Chairman

Certification:

The National JACL Board, in regular session assembled, this 17th day of May, 1986, in San Francisco, California, did, upon motion duly made and seconded, unanimously adopt and endorse the above resolution of the LEC. The National JACL Board did further instruct that this resolution be submitted to the National JACL Council, in convention assembled, in Chicago, Illinois, during July 20-25, 1986, as a resolution of the National JACL Board, for action thereon.

Frank Sato
National JACL President

The Last Inari and Makizushi Stand

by Sharon Hashimoto

The steam from the boiling pot of rice rose in wide, spiraling circles and seemed to blend the droning voices of the television in with the smells of vinegar and sugar throughout the tiny apartment and out the open window. Crammed into the one room were potted plants and hand-crocheted afghans with lacy, time-aged designs that hid the bare arms of the sofa and chairs, and on the dull, scratched buffet was a simple flower arrangement and a picture of him.

Across from the bed, in her miniature kitchen, the old woman with the face like crinkled rice paper smiled to herself, her hands busy chopping *takenoko* into tiny, thin strips. She was a small, spare woman with hands that could do amazing things with rice and egg and mushroom. Simple magical things, for the people she cared for, to be stirred, chopped, whipped, wrapped, peeled, salted and shaken into a thousand spells.

Inari
Makizushi.

The words were celebrations upon the tongue. It was rice rinsed clean in cool, clear water and seasoned through with the richness of custom and tradition. It was the vinegary smell that tickled one's nose and the familiar taste of gatherings on special occasions. It was the Japan of her childhood and of him and her and the family gathered together under one roof. It was something she had made, with her own two hands, that she could pass on to her children and her children's children that smelled and felt and tasted of who and what she was.

She thought back to all the times when tiny, smooth, brown faces had stood eye-level beside another table, in another time, their dark eyes open wide with curiosity at all the exotic ingredients spread out before them.

"Shall I stir the rice now, Mama?"

"Is it too early to put in the mushrooms?"

And they would watch, fascinated as she murmured her incantations and mixed carrots with mushrooms and *kamaboko* in with vinegar and sugar-sweetened rice. Deftly, she would stuff the slit *age*, her hands turning deep shades of flushed red from the heat, until the plate was covered over with little mounds of tannish brown.

I-na-ri. They would pronounce it slowly and carefully and laugh to themselves, and she would join them, her brown face seamed and wrinkled like the stuffed *age* on the plate before her. And she would place one *inari* in each child's hand and they would bite deep into the rice and smile, each thinking it tasted exactly the way that mama smiled.

Makizushi...inari... the syllables flowed over the tongue and bloomed like a flower upon one's palate. She whispered the words softly to herself over and over again, like a smile, like the sun shining through on a wet, rainy day.

The dull thud of the knife against the wooden board seemed to echo the words. It seemed to her that she lived in the kitchen, where the aromas changed with each season. There was the scent of *ozoni* that meant winter and New Year's Day and chilled *somen* on hot summer days to cool the flesh. But *inari* and *makizushi* were for always; for Sunday dinners, birthdays and picnics. She shifted her weight from her right foot to her left foot to her right again, then crossed the room to check on the rice cooking on the stove. The weather forecaster on the television was predicting another rainy April day.

The phone rang six times before she was able to clean her hands enough to answer it. Her daughter's voice spoke to her from far away.

"Mama, what time is everyone supposed to be at your place?"

"Five, five thirty. Who's coming from your family?"

"Susan, Patty. Maybe Paulie."

"Why 'maybe Paulie'?"

"Oh Mama, we can't make him come."

"Why?"

"Mama..."

"Ask him nicely, please. Tell him it would make Grandma happy. Grandpa too."



Illustration by Patty Yamaguchi

"All right, Mama. I'll ask him again."

"Good. Come by five thirty?"

"Yes, Mama."

By eleven o'clock she had finished with the *inari* and started the more complicated preparations for the *makizushi*. Outside, the cloudburst was beating against the building and staining the carpet by the window. It would be another colorless day with the clouds hanging low and threatening, as always, to pour more rain upon the gray trees and gray mud and the gray sidewalks. When she had first arrived in Seattle, she couldn't imagine all the rain that fell from the sky. It was like the constant drip of a faucet, leaking noisily, miserably, day in and day out, washing the air that never seemed to be clean enough. New beginnings, he had told her when he had first breathed deep in that air. Here, we can start again. And again, and again, and again, she had felt like telling him. But she had said nothing.

He had worked hard in the broken down hotel near the waterfront, painting, mending, and dealing with the troublemakers that wandered in and out, but he had never complained, never told her his problems. But she could always tell, from the way he slumped in his chair, or in the slow stumbling pace he used, when he was tired or frustrated. Often he returned home in his damp raincoat with a frown that was always one line deeper than before.

"Smile," she had once told him, "or you'll look like a wrinkled raisin before you're fifty."

He had looked at her then with tired, drooping eyes. "I have little to smile for."

The skillet hissed as the three eggs, beaten slightly with chopsticks, covered the bottom of the skillet. Carefully, she fried both sides, flipped it out to cool, and checked the *kanpyo* bubbling on the rear burner. The pink, powdered shrimp already stood ready in a bowl beside the spinach and canned eel.

The *makizushi* rolled easier each time she did it until it had become a reflex action. She spread the prepared rice one-half inch thick upon the heated *nor* on the bamboo mat and arranged in the center the various ingredients, being careful that they were placed evenly in a line. She rolled away from herself, lifted the mat when it touched the rice, and continued the motion until a perfect cylinder was completed.

As she washed the dishes, she looked out the window toward the roads that ran in a straight line that merged and blended with other roads and streets until the city was patchwork quilted with little squares of houses and buildings. Water-wrinkled hands scrubbed hard over the worn pan. The handle was loose and wobbled as she rinsed it. Outside, it was dark with tiny pinpoints of light mingled in with harsh, glary streetlights, three to one block. A gray, dappled moon hung in the east beside a telephone pole, reminding her of the color of warm rice wine sipped greedily on cold winter nights.

One rainy evening, with the children tucked in bed, they had sat in the kitchen, him with a bottle of *sake* before him, watching her polish the dainty teapot brought over from Japan.

"You dream too much of the old country," he had told her. "Things have changed."

"I miss my family and friends in Japan."

"They are not the same..."

"Okaasan will be walking beside the lake, gathering flowers for *ikebana*..."

"We cannot visit them as planned." He took a long draught from his cup. "We have no money. It has all gone for the hotel."

"Perhaps we can ask the bank for another loan."

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Caring for the Older Person in the Home

by Ford Kuramoto

Mr. Pat Okura and I are co-chairpersons of the JACL National Committee on Aging and Retirement. Over the past few years, we have made a number of presentations about Nikkei older persons at district meetings on the East Coast, Fresno, and Los Angeles. In the course of making presentations to JACL chapters, usually in conjunction with the educational videotape "Tale of Nisei Retirement," and talking with staff of senior citizens' programs such as Kimochi in San Francisco, Yu-Ai Kai in San Jose, and the Pioneer Project in Los Angeles, a variety of service needs usually are identified as the top priorities.

There are many service needs expressed by the persons with whom I have had contact, and one of the most often raised is caring for the older person at home. Of course, the older person may be affected by poor health and a variety of other circumstances that would certainly affect decisions about how the person should be cared for, since the average person lives to a ripe old age these days. I am referring to persons who are at least 60 years of age and need a significant amount of assistance in their daily lives.

What I have often heard regarding the preference of Nikkei in terms of living arrangements is that people want to be independent and not a burden to others. Still, most people realize that they may be faced at some point in their lives with the need to be cared for due to health and related reasons. I have heard a few people say that they would rather not go on living if they had to be dependent upon someone else and to be a burden. However, most Nikkei with whom I have had contact, like the majority population, would prefer to be taken care of at home by family members if the need arises.

Their next preference would be a health care facility in the Japanese community that would be designed especially for the care of the Nikkei population. As you know, a number of cities around the country have senior citizen programs for the Nikkei, and at least a handful of communities have senior citizen housing for older Nikkei persons.

However, to my knowledge, Los Angeles is the only city in the U.S. that has nursing home facilities for the Nikkei. Also, the Los Angeles area is fortunate in having senior citizen housing for Japanese and other Asian

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Carol Fraser Fisk

Social Security: How It Affects You

by Louise Kamikawa

Social Security (SocSec) is one of the most important institutions in our society today. Practically every American family is affected by SocSec in one way or another. More than nine out of ten workers pay SocSec tax and are earning future retirement, disability and survivor protection for themselves and their families.

The essence of SocSec is really quite simple. Workers and their employers pay an earmarked payroll tax (currently 7.05 percent for both employers and employees) on earnings up to \$39,600 in 1985. The maximum earnings base will rise each year proportionately according to the increase in average covered earnings.

This earmarked payroll tax purchases a form of social insurance to protect workers and their families from loss of earnings from retirement in old age, death or disability.

SocSec is a work-based program. Individuals or their dependents receive benefits on the basis of a worker's covered earnings. One must work a certain period of time and meet other requirements before they have earned protection under SocSec.

This publication is designed to provide a brief summary of SocSec for older Asian/Pacifics and other aged Americans. It is not intended to be all inclusive because there is not sufficient space to accomplish that objective. However, it can provide you with important information to update your understanding about SocSec as well as provide helpful hints on applying for your benefits. It will also lay the basic foundation from which answers for additional questions can be derived.

Retirement Benefits

SocSec provides three major benefits: (1) retirement, (2) survivor, or (3) disability. Retirement benefits are obviously the most important for older persons. But survivor and disability protection (which will be discussed in greater detail later in this publication) are crucial too.

In general, you must meet three requirements to qualify for retirement benefits:

- (1) You must be at least 62 years old;
- (2) You must have worked a minimum period of time to be considered "fully insured"; and
- (3) You must not have substantial earnings.

Age

A retired worker can receive benefits as early as 62. A full benefit is payable at age 65. Workers who elect to receive retirement benefits before age 65 have their monthly SocSec payments permanently reduced to take into account the longer period of time over which payments will be made. The reduction amounts to 6% percent for each full year (5/9 of 1 percent for each month) before age 65.

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DEPARTMENT OF HEALTH & HUMAN SERVICES

Administration on Aging

Office of
Human Development Services

Office of Assistant Secretary
Washington DC 20201

AN OLDER AMERICANS MONTH MESSAGE MAY 1986

I wish to extend to the members of the Japanese American Citizens League my personal greetings as you join in the celebration of Older Americans Month. I congratulate the JACL Aging and Retirement Committee and the Pacific Citizen for the publication of this special insert dealing with aging and retirement issues.

This year's theme for Older Americans Month "Have Your Health and Have Everything" focuses on the responsibility that we all have to maintain our health and fitness. It also stresses the vital part that families, friends and community groups can play in helping those who, despite their best efforts, need help in daily living activities so that they can live independent, dignified and meaningful lives.

This special celebration, and all that we do throughout the year, should be of benefit to older Americans, especially those most in need. Each of us must do our part. I urge older Americans and younger Americans to do something special for each other.

I urge each older American to adopt a healthy lifestyle - eat right, exercise regularly, stop smoking and consult with a physician. Stay healthy and stay involved - those are important guidelines. I hope older Americans will follow them and continue to serve as effective role models for younger Americans.

I urge younger Americans to reach out to their older relatives and friends and lend them a helping hand so they can preserve their health and independence. In addition, I hope that younger Americans will begin now to plan for their own later years.

Finally, I urge everyone to recognize that no matter how hard we try, some of us will have health problems and conditions that make independent living in the community difficult; but there is help available. State and Area Agencies on Aging can link older Americans, and those who care for them, with the information and assistance they need to maintain their health and independence.

As you and millions of other Americans across the Nation celebrate this special occasion, please accept my personal thanks for all you have done and all you will do in making this year's Older Americans Month theme a reality for present and future generations of older Americans.

Carol Fraser Fisk
Acting Commissioner on Aging

Observations on the Aging Nisei

by K. Patrick Okura

The following are some observations that can be drawn from the Nisei Aging Research Project (1983) conducted at the University of Washington by the late Dr. Minoru Masuda and Dr. Donna Leonetti.

Although an American identity runs strongly and deeply into the core of the Nisei sensibility, a sense of being shut out and disregarded by the mainstream is present in many Nisei, a sense historically traceable to their youthful experiences of discrimination and their wartime incarceration and presently maintained by current, sometimes quite subtle forms of discrimination.

This pervasive sense of being shut out and of not being totally and comfortably American tends to move the Nisei in the direction of looking to kinfolk, Nikkei organizations, and Nikkei friends as reference and support sources as we reach our aging years. The low utilization of public services for the elderly, both as a function of pride and of a subtle sense of not belonging, may well be attributed to the shut-out process.

'Homing' Instinct

A very interesting phenomenon seems to be occurring as the Nisei moves on in the aging process. It is not systematically documented, but is a kind of folk knowledge, and might be labeled the "homing instinct." Japanese food, much of which has not usually adorned the dinner table, became increasingly tasteful and desirable. Nisei who reside in non-Japanese areas, such as the sparsely Nikkei populated urban areas of the

Midwest or the South, find visiting Li'l Tokyos on the Pacific coast very attractive. A sense of coming home, of experiencing comfort is often reported. A yearning to be with others like yourself, with the same experiences, becomes stronger as one grows older.

"Within the Nikkei world the Nisei can gather together in terms of a set of mutual shared understandings. It is also a world where issues can be addressed with vigor and combined forces and where self-esteem and individual worth can be affirmed despite the outside world." (Project Report, 1983)

The homing process and the perception of a Nikkei community as a haven can be an important and critical variable in looking at the needs of the Nisei as he faces the increasing uncertainties and the stresses of aging.

Positive Relationship

Another phenomenon which suggests the high positive relationship between the aging Nisei and the Nikkei community is the data which indicates that retired men and women and widowed women are highly concentrated in traditional Nikkei urban areas. There is evidence that remnants of the old "Nihonmachi" orientation remain strong among older couples. The Nikkei community, whether it is defined as a location, as a set of organizations or as an ethnic group, seems to be the referent community for many older Nisei.

NOTE: Many such factors and more in-depth discussion will be part of the Workshop on Aging and Retirement at the National JACL Convention in Chicago, July 22.

Pioneer Center: Serving Our Nikkei Seniors

"When grace is joined with wrinkles, it is adorable.
There is an unspeakable dawn in happy old age"
- Victor Hugo -

by Emi Yamaki

In about the late 1800s and 1900s, the early Nikkei came to the United States with dreams of achieving a better way of life. They came with a thought of saving money and going back to Japan to perhaps invest in another business. Some did just that, but many came and ended up staying for one reason or another. They all played a vital part in the growth and development of Los Angeles and its surrounding cities and suburbs.

The Nikkei lived and worked in settlements in downtown Los Angeles, with East First Street being centrally located. There were many Japanese stores, boarding houses, restaurants, pool halls, barbershops, bookstores and other businesses located in this area, which became known as "Little Tokyo" or "Shō Tokyo."

By the late 1960s the Nikkei immigrants had reached elderly status. They had started a thriving Japanese community by working hard and raising their families.

The Japanese Community Pioneer Center was originally formed as the result of recognizing the need for serving this elderly population. As the senior population in Little Tokyo increased, the young Sansei noticed daily that there were large numbers of elderly, mostly men, congregating on the corner of First and San Pedro streets. They would just sit and idly watch the people and cars go by—having little else to do with their time.

The young people got busy and started to look for a place where these elderly could meet. They found a place in the old Sun Building on Weller Street, where now stands the New Otani Hotel. A shogi club was started by isolated and lonely senior citizens. The men-folks loved it. Thus the Pioneer Center was formed in 1969.

Soon, recognizing the need for programs for women too, various other cultural programs were started, like flower arrangement, arts and crafts, calligraphy, haiku writing and others. From this modest beginning, the Pioneer Center today includes a whole gamut of cultural, educational and social welfare services, including escort and interpretation service. With the huge community redevelopment going on in Little Tokyo, the Center is housed today in the JACCC Building basement suite looking out into a garden—second to none in its scenic beauty.

Koreisha Chushoku Kai

The Pioneer Center sponsors a nutrition program called Koreisha Chushoku Kai. This was realized in a much the same way as the Pioneer Center. The Sansei felt that one of the major concerns for the community's older citizens was nutrition. They set to work getting the federally funded program. It took 3 years, but on Apr. 2, 1976, the Title VII Nutrition Program under the Older Americans Act came into being.

Happy are the people who pass through the doors of Koreisha Chushoku Kai. For more than a decade, hundreds of Nikkei Koreishas have been served and nearly a million meals have been placed on the table.

"All roads lead to the Koreisha Chushoku Kai" for visitors from foreign lands: entertainers, scholars, researchers—all come to the program, bringing their expertise for the enjoyment and benefit of the seniors.

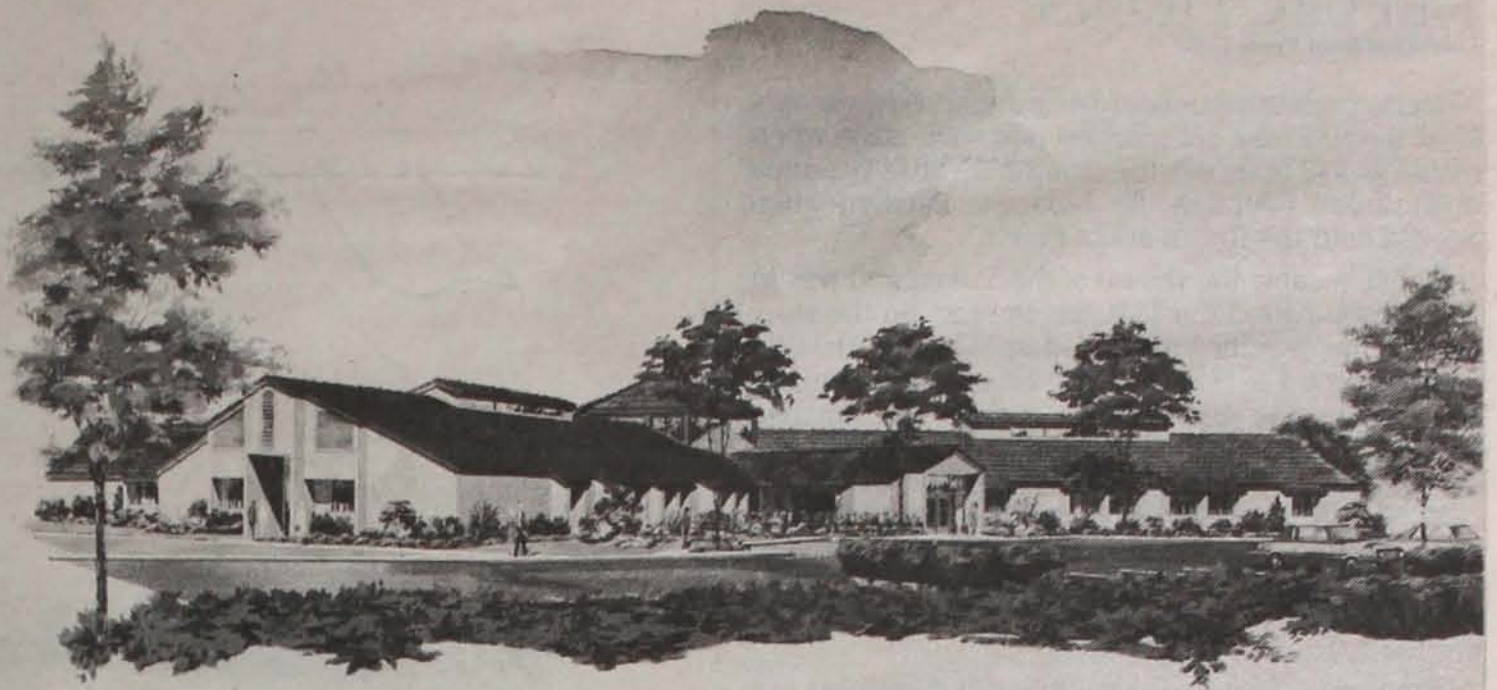
Community education is a vital part of the program. Professionals conduct seminars on health insurance, public assistance programs, social security benefits, money management, and health screening. There is an escort service for those having difficulties getting to the meal site.

Operation Shut-in Project

It became apparent as years went by that isolation and loneliness was a constant occurrence among the homebound elderly. In the beginning, as an auxiliary to the home-delivery meals, an innovative program, "Operation Shut-In" sponsored by the Pioneer Center, was started in the Little Tokyo/Boyle Heights community. It was to provide companionship and to connect the homebound to available resources.

Many homebounds do not know about resources available to them or do not want to receive services because of pride or fear of dealing with bureaucracy. In our current program we have found that many children

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COMING ATTRACTION—Construction has begun in Sacramento on the 99-bed Asian Community Nursing Home, to be located at 7801 Rush River Drive and scheduled for completion in November. Designed by architects Vitiello and Associates for Asian Community Center of Sacramento Valley, the professionally staffed facility will meet special social, cultural, dietary and language needs of Asian and Pacific Islander patients. Information: (916) 444-2678.

An Overview of Services for the Elderly

Compiled by Candace Yamagawa

The following is a sample of the types of services available to elderly.

Asian/Pacific American Legal Center of Southern California
1010 S. Flower St., Suite 302
Los Angeles, CA 90015
(213) 748-2022
Executive director: Stewart Kwok, esq.

The Center is a non-profit community-based organization established in 1983 to address legal issues in the A/P American communities through education and legal assistance. The center enacts social change through four major objectives: (1) Advocacy and legal assistance; (2) Community education on legal rights; (3) Monitoring legislation of concern to A/P American communities; and (4) Legal referral networking.

Yu-Ai-Kai
Japanese American Community Senior Service
565 No. 5th St.
San Jose, CA 95112
(408) 294-2521
Executive Director: Gail A. Uyehara

The following programs and services are provided:

Adult Day Care—social and recreation services to the frail elderly in a protective group setting.

Congregate Meals—nutritious ethnic meals at noon (Mon. through Fri.) to seniors 60 years and older.

Social Development—programs designed to provide individuals with a variety of group activities aimed at promoting a sound personality and social development through enhancing an individual's health, education, and well-being. Specifically, the program provides bilingual and translation services, health services, transportation services, cultural and educational classes, recreational and service activities, and special community events.

Social Service Assistance and Referral—provides specialized individual assistance and outreach services to seniors in need of personal counseling and linkages to outside resources. In addition, bilingual medical escort services are available for frail and/or isolated seniors.

Kimochi, Inc.
1581 Webster St., # 10
San Francisco, CA 94115
(415) 563-5626
Executive Director: Steve Nakajo

Kimochi began as a grassroots community organization based upon the concerns of a group of young Sansei to meet the needs of the Issei in San Francisco. Kimochi was incorporated as a non-profit tax exempt organization in 1971 and has grown into a multi-services organization offering a wide range of programs.

Kimochi Lounge—Japanese library, social lounge, general information and referral.

Social Services—Information and referral, counseling, translation, home and hospital visitations, help with public assistance and housing, in-home support services.

Senior Center Activities—Daily exercise, trips, knitting, ceramics, Japanese singing, odori/singing classes.

Daily Nutrition and Hot Meals Program—Japanese style meals served daily. Meals delivered to homebound clients.

Transportation program—Transportation to and from nutrition site, recreational trips, social services, and local doctor appointments.

Adult Day Care—All day or partial day supervised care

Residential Care—24-hour non-medical care offering assistance in the activities of daily living.

Respite Care—Short term 24-hour care for older adults residing with their families.

Seattle Keiro
Nikkei Concerns
1700 24th Ave. S.
Seattle, Washington 98144
(206) 322-4897

Seattle Keiro began as the dream of a small group of Nisei who incorporated themselves as a non-profit group, Issei Concerns, in 1975. Members, many of whom were caring for parents who might someday need specialized nursing care, seized the opportunity to open a nursing home.

The Nikkei community responded enthusiastically to a fundraising campaign which netted the funds necessary to purchase the home, and with the help of volunteers, Seattle Keiro opened its doors in September 1976.

Presently, Seattle Keiro's 63-bed facility provides patient activities and a dietary program designed to meet the unique language, cultural, and nutritional needs of the community.

Issei Concerns now has been renamed "Nikkei Concerns," and is in the process of creating a new 150-bed facility alleviating the burden felt by the long-standing waiting list.

American Association of Retired Persons
1909 K Street
Washington, D.C. 20049
(202) 728-4300

The American Association of Retired Persons (AARP) is a non-profit, non-partisan organization dedicated to helping older Americans achieve retirement lives of independence, dignity and purpose.

Founded in 1958 by the late Dr. Ethel Percy Andrus, AARP is the nation's oldest and largest organization of older Americans, with a membership of more than 21 million. Membership is open to anyone age 50 or older, whether retired or not.

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REFLECTIONS

Continued from Front Page

eloped—something unheard of in Japan. She was only 17 at the time she got married and soon after, when mama was 12 years old, they came to Seattle. Grandpa opened and operated the Japanese Pavilion when Seattle held the first World's Fair.

Mama became the Queen of the Yukon and was in the parade called the Potlatch Parade. So the story goes... She was beautiful and spoke English. (We were so proud of her when she became active in the PTA.) Becoming queen in those days was not like today. I remember grandma telling me that it was so hard on her since many Japanese men were not married and they would come over and threaten my grandma and grandpa asking for their consent to marry mama. They finally had to move out to the country. When mama was 18 years old they married her to my papa.

Papa ran a fruit and vegetable stand with his two brothers on Seattle's Pike's Pier. Those were the good days and they made money so fast that mama had to go help and the cash register would fill up so they would put the money in their smock pockets. I remember this since papa would bring home all kinds of goodies, and it was fun visiting his stand since we came home with all kinds of candy.

This didn't last long. The Great Depression hit and I remember the unemployed coming to our door asking for food or money. My brother was the lookout while he would tell me to hurry with the peanut butter sandwich before we were found out.

I remember the Shanty towns by Puget Sound. Many Japanese people lost their whole life savings when the Furuya Bank went broke. There was talk of people committing suicide and I remember dad closing up his business and the next thing I knew they were in the importing business, selling tea and seaweed to the Japanese stores. It was hard to collect from them and there were times when our gas and lights were turned off for non-payment. Mom and dad would scurry to go out and collect some money and the gas and the lights would go on. Throughout all these years, grandma was always calm and never got angry. Mama was busy working as a chambermaid at night and selling during the day. Papa went out at night to do the collecting.

The pressure of struggling and rearing eight children was too hard for my papa. He took to drinking and sometimes would go into a fit of rage. He became very strict with us and we were afraid of him. Mother would warn us not to upset him at dinnertime because

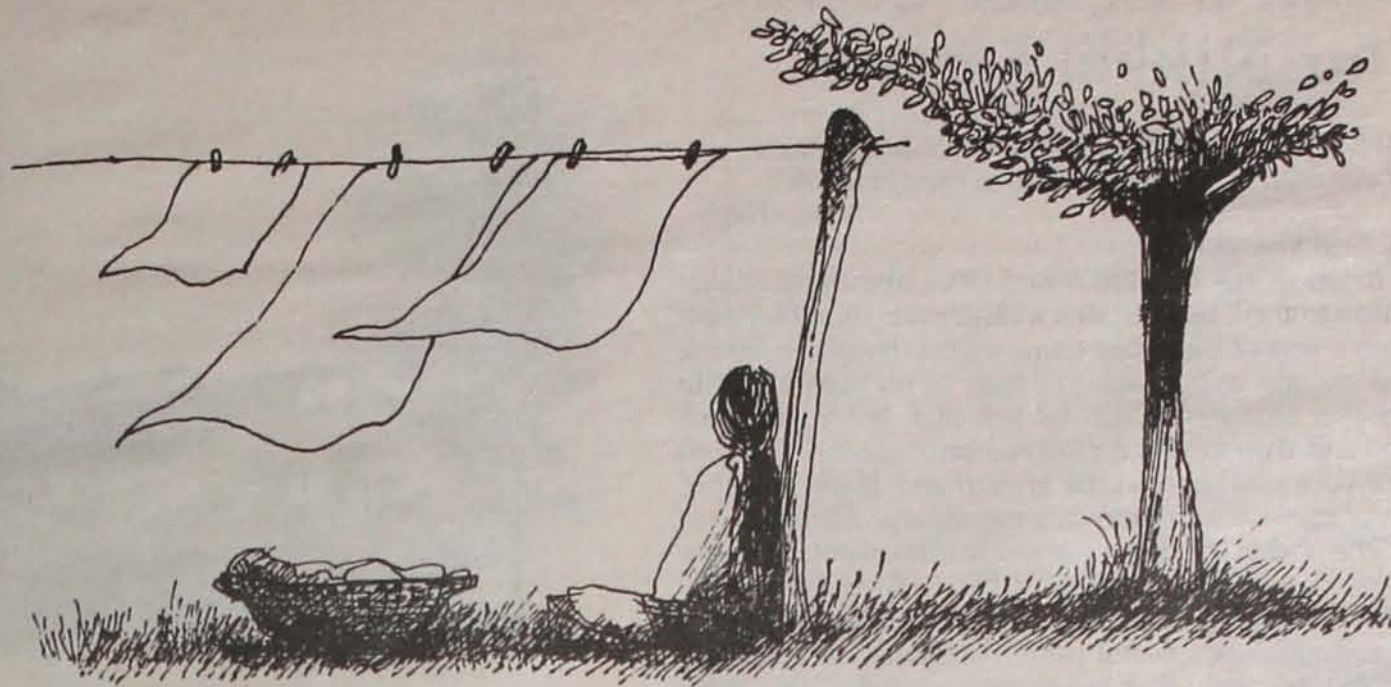


Illustration by Christopher Komuro

Soon after I returned to California I met my partner for life. We were married just before going into Santa Anita Assembly Center. I had to leave my family behind since I had to evacuate with my husband and his family. Santa Anita was where the horses ran and we danced to Tommy Dorsey and Glen Miller out in the grandstand. Never in my wildest dreams did I think I would be spending my honeymoon here. There were nights that I would be very lonely, especially when the spotlights from the guard towers would sweep across our bed, reminding us that we were in camp. Was this forever?

I wanted a baby but somehow I could not get pregnant. My husband suggested that I see a doctor. Of course, I thought something was wrong with him. Upon visiting a doctor whom I happened to know, I was told that all I needed to do was relax. When I saw my husband smiling at me waiting his turn, I was so angry.

Well, it did work since I became pregnant and I had my first son in Rohwer, Arkansas. They say that when you become a parent you will someday look back and understand what your parents went through. How true. I became pregnant with my second son and then realized that being a mother was not just keeping house and taking care of the children. There was much more than that. I saw no future for them in camp with barbed-wire fences. Would the war ever end? My husband promised to let me have my second out of camp.

feeling that I had 10 years ago that I could conquer anything is not quite there and yes, I admit that I get tired faster; yet, I hate to miss anything, especially seeing old and new friends. They mean so much more to me now. Growing old is "all right" but I cannot help but feel a little frightened when I start thinking of the future and wonder how I will end up.

I know for sure that I do not want to burden my children if I become an invalid, as they have so much to live for in the years to come.

If they can meet life's challenges with a smile through tears whether they are happy or sad, I know that life will be good to them. My house is not as neat as it was and I find that some things that were so important to me years ago are not any more and my priorities have changed.

The house has been painted by my son who lives close by and checks up on me and other than that I am looking forward to my daughter's wedding to a wonderful man.

My friends, old and new, my family, children and grandchildren are my treasures. Yes, my children are getting middle-aged, my address book contains names ending with M.D. I try to walk with my head held high, trying to get used to the trifocals and I did join a health club but did not go. Yes, I am a proud senior citizen and life has been good to me through all my trials and tribulations. To all those that I love dearly, they have given me the most important thing in life, the gift of love.

'I find time is moving too fast. The feeling that I had 10 years ago that I could conquer anything is not quite there... I cannot help but feel a little frightened when I start thinking of the future and wonder how I will end up.'

he was tired.

He always wanted me to go with him on New Years Day to make the rounds. I loved it at first but later came to resent it since he would get so angry and I would be so afraid.

I remember one cold night my oldest brother got a bucket of water and poured it on the hilly sidewalk in front of our house. We all waited for papa to come home. He slid halfway down the sidewalk and when we saw the expression on his face, we all took for the closets and under the bed. Mother and grandma reprimanded us and I shall never forget the preaching we got.

By the time I became a teenager, mom and dad opened their importing store on Main St. We moved to a bigger house on Beacon Hill and things looked better for a while. By the year 1939, business turned for the worse, so our family decided to move to California. I was engaged to a nice young man but I had to leave with the family since I was not married. He passed away a month after we left. When mom got the telegram that he was gravely ill, she turned to me and told me to go see him.

By the time the train arrived in Seattle, he was gone. This was the first time I had encountered death with someone I cared for very much. I forgot my own grief when my fiancée's mother called out to him. I shall always remember how much she was hurting. I only knew him for such a short time but she gave birth to him.

Yes, I was blessed with another son. A week later my husband was drafted, only to find out that he had tuberculosis. He spent one and one-half years in the sanitarium. I was fortunate to meet a doctor who took care of all my medical needs and a doctor who took care of my children's needs. I have found that there is always a savior who comes forward when you need help.

My mother once said that if you could smile through tears, you can overcome anything. Yes, I have smiled through many, many tears. The Vietnam War came and my second son who could not kill or hurt any living thing came to tell us that he was leaving the country. I shall never forget my husband when he turned to our son and said, "Son, we have no black sheep in our family. You are old enough to know your own mind and what it tells you is right for you."

He gave his blessing and we did not see him for six years. My husband died in the meantime and between his death and my son's leaving, I came to know what grief is. With my son, I felt as if someone had taken half of my body away and with my husband's death, I felt as if I had lost a friend and lover, father to my children. He lived a full life in his short time, but my son had so much to live for. Now it is all over and when someone once told me that time heals I would not believe it then—but how true.

Life must go on and I have so much more to live for. The children are all doing fine, doing what is right for them. I find that time is moving too fast. The

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SOCIAL SECURITY

Continued from A/R Supplement page 2

For example, if you choose to receive SocSec on your 62nd birthday, your monthly benefits would be reduced by 20 percent (6 percent for each year before age 65 x 3 = 20 percent). Thus, you will receive 80 percent of the benefit that would have been payable at age 65. If you are entitled to a \$500 monthly benefit at age 65, your SocSec payment will be \$400 (\$500 x 80 percent = \$400).

'Fully Insured'

Second, you must have worked a sufficient period of time to be "fully insured." The required amount depends upon your age. If you become 61 in 1990 or later, you will need 10 years (40 quarters) of work experience under SocSec to be fully insured.

If you become 61 before 1990, you need less than 40 quarters (20 years) of coverage to be fully insured. The general rule is that you need one quarter for each year after 1990 through the year you become 61. The easy way to make this calculation is to subtract 1950 from the year that you reach 61 if this occurs before 1990. For example, if you became 61 in 1975, you would need 25 quarters (6¼ years) of covered SocSec employment to be fully insured.

You can earn your quarters of coverage at any time after 1937. It is not necessary for you to work in every year after 1950. Remember: you must have worked in SocSec-covered employment. Practically all employment is now covered under SocSec. Certain exceptions exist for persons employed in the federal government before January 1, 1984. These individuals, in general, are covered by their own retirement system rather than SocSec. (Some state and local government employees may be excluded from SocSec because their employers did not opt for SocSec coverage.)

Employees and self-employed persons will earn one quarter of coverage in 1985 for each \$410 of covered annual earnings during 1985. Persons who earn \$1,640 or more in covered employment will receive 4 quarters of coverage. This, of course, is the maximum that anyone can earn during a year. The earnings requirement for one quarter of coverage will increase automatically in the future to keep pace with average covered wages.

The accompanying table is designed to assist you in determining how many quarters you will need to be fully insured:

Required Work Credit for Social Security Retirement Benefits

If you become 61 in:	Quarters Needed	Years Needed
1960	10	2½
1965	15	3¾
1970	20	5
1975	25	6¼
1980	30	7½
1985	35	8¾

Note: You may still be eligible for SocSec benefits even if you do not have the necessary quarters of coverage to be fully insured. You should check with your local SocSec office to determine whether any of the special exceptions apply in your case.

Earnings Limitation

Third, you must not have substantial earnings in order to qualify for retirement benefits. This is consistent with the concept that SocSec is a social insurance program to protect workers and their families from the loss of earnings because of retirement in old age, death or disability.

You do not need to retire completely to receive SocSec. In fact, you may have fairly significant earnings and still be able to receive some SocSec benefits.

If you are 70 or older, you are not subject to any earnings limitation. You can have any amount of earnings and still receive your full SocSec benefits. SocSec, in effect, converted from a social insurance to an annuity program at age 70.

If you are under 70, your SocSec benefits are reduced by \$1 for each \$2 of earnings above \$7,320 if you are 65 to 69 years old and \$5,400 if you are under 65 years old. During the year you become 70 years of age, you only count earnings before the month you reach 70 in determining whether your SocSec benefits will be reduced. The annual earnings limitation (commonly called the

"retirement test") is adjusted automatically each year as wages rise.

Example

You are 66 years old and receive \$500 a month in SocSec benefits (\$6,000 for the year). You also earn \$10,000 in 1985. Your SocSec benefits will be reduced by \$1,340, from \$6,000 to \$4,660.

Earnings	\$10,000
Annual exempt earnings ceiling for a person 66 years old	7,320
Excess earnings	2,680
Annual SocSec benefits	\$6,000
Less: ½ of excess earnings	1,340
Revised SocSec benefits	\$4,660
Revised SocSec benefits	\$4,660
Earnings	10,000
Total	\$14,660

Disability Benefits

SocSec benefits are also payable to a disabled worker and his or her qualifying family members. The benefit is equal to the amount payable if the worker had retired. At age 65, disability benefits are automatically converted to retirement benefits.

To qualify for disability benefits, you must meet the following requirements:

(1) You must have a physical or mental impairment which (a) prevents you from performing any substantial gainful work and (b) is expected to last (or has lasted for at least 12 months) or result in death.

(2) You must be fully insured. If you have earned 40 quarters (10 years) of coverage, you are automatically fully insured. You are also fully insured if you have one quarter of coverage for each year after 1950 (or after the year you become 21 if later) until the year before your disability. However, you must have a minimum of 6 quarters (1½ years) of coverage.

(3) You must meet one of the following three substantial recent work tests:

(a) If you are 31 or older and not blind, you must have at least 20 quarters of coverage out of the last 40, ending with the quarter that you became disabled.

(b) If you are between 24 and 31 years old, you must have credit for half the time between your 21st birthday and the time you became disabled.

(c) If you are 21 to 24 years old, you need at least 6 quarters of coverage.

Blind persons are either governed by more liberal rules or are exempted from certain requirements. For example, they do not meet the substantial recent work test. Additionally, blind individuals 55 to 64 years of age are subject to an occupational test of disability. Basically, they must be unable to engage in any substantial gainful activity requiring skills or abilities which they previously engaged with some regularity over a substantial period of time.

Survivor Benefits

Your qualifying family members are eligible to receive survivor benefits on your earnings record if you are fully insured under SocSec at the time of your death. Basically, you must have earned one quarter of coverage for each year after 1950 (or the year after you become 21 if later than 1950) up to, but not including, the year of your death. If you die in 1985 at the age of 57, you need 34 quarters of coverage.

Survivor benefits can also be paid to a deceased worker's qualifying family members even if he or she is not fully insured, provided the deceased worker meets the "currently insured" definition. A person is "currently insured" under SocSec if he or she worked under SocSec for 1½ years during the 3 years before his or her death.

The following family members can receive survivor benefits:

- (a) Widows or widowers 60 or older.
- (b) Widows or widowers 50 or older who became disabled not later than 7 years after the worker's death or within 7 years after mother's or father's benefits end.
- (c) Dependent parents 62 or older.
- (d) Widows, widowers, or surviving divorced mothers or fathers at any age if they are caring for the worker's child under 16 (or disabled) who is receiving a benefit on the earnings record of the worker.
- (e) Unmarried children under 18 (or under 19 if full-time high school students).
- (f) Unmarried children 18 or older who were severely disabled before 22 and continue to be disabled.

Application for Benefits

SocSec offices usually advise persons to apply three months before they want their benefits to start. This can help to assure a timely payment. You should bring (1) your SocSec card, (2) proof of age, and (3) your W-2 forms for the past 2 years or your last 2 federal income tax returns if you are self-employed.

The best proof of age is an original or certified copy of a birth certificate. Other evidence, though, is permissible, such as a baptismal certificate, military records, employment records, or marriage certificates.

If you apply for a widow's (widower's) or wife's (husband's) benefit, you should bring a marriage certificate.

Check with your local SocSec office if you are applying (1) on the earnings record of another, (2) for benefits as a dependent parent of a deceased son or daughter, or (3) as a disabled worker.

Special AJA Credit

Of particular interest to persons of Japanese ancestry: under the 1972 Social Security Amendments (Public Law 90-603), provisions were enacted to give special credit in computing SocSec benefits to persons of Japanese ancestry who were interned while they were at least 18 years old during the period of Dec. 7, 1941 to Dec. 31, 1946.

Basically, these individuals are credited for earnings at the minimum wage level or their highest prior earnings before internment, whichever is higher. Persons who are eligible for this special credit should make certain that the SocSec office is aware of their particular status. However, the burden of verification of internment does not lie with the individual; the SocSec office personnel are responsible for checking with the National Archives & Record Service for documentation.

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Sharon Harada

The Retirement Challenge

by Sharon Harada

As retirement approaches, many people find themselves asking three major questions: WHEN? WHERE? and HOW?

All three questions warrant careful consideration, but before the WHEN and WHERE can be answered, nearly everyone needs to deal with the HOW. It's necessary to determine the number of dollars that will be needed for retirement at a point when time—and earning potential—are favorable.

Importance of Planning

Too many people nearing or at retirement age fail to plan for retirement early in life. As a result, their retirement incomes are often insufficient to maintain the comfortable lifestyle they may have established. That's why it is important to begin to project—early in life—the amount of money needed in order to sustain a comfortable, worry-free retirement. Just as important, periodic reviews are recommended to keep a plan "on track," due to personal and economic changes.

Obviously, concerns and objectives change as the years pass. During the earlier years, the primary concern may have been generating capital to meet the expenses of housing, education and other family needs. But even in the "shoestring" budget years, assets may be established through wise spending: choosing mortgage payments over rent helps to build equity (property with appreciation potential can contribute to that equity). And, whenever spending, consider the long-term reward of one type of purchase over another. In addition, many employers offer benefits that can assist in stretching a paycheck.

Capital Accumulation and Financial Preservation

As retirement nears, however, these initial goals are substantially accomplished and a strategy should be geared to meet the new goals: namely, capital accumulation for retirement and financial preservation.

Retirement income is the key. People should begin to

accumulate money and build on it while earning and saving potentials are still high. But early investments for retirement reflect an immediate benefit, too. If tax-deferred retirement savings vehicles are selected, the "retirement money" will not be taxed until the funds are actually withdrawn. At that time, the withdrawn amounts may be taxed at a lower rate because of the person's shift to a lower tax bracket.

Individual Retirement Account

One of today's most effective retirement savings vehicles is the Individual Retirement Account (IRA). An IRA accumulates savings for retirement PLUS both contributions and earnings are tax deferred.

While the \$2,000 maximum contribution per individual each year may seem stifling to some, the most important factor is to put a certain amount away on a regular basis. In essence, "pay yourself first" before the other day-to-day demands claim a paycheck. Regular payments will add up. In fact, only \$38.46 saved away each week will equal the \$2,000 IRA annual contribution.

Balanced Portfolio

Risk factors also change as financial maturity approaches. A retirement portfolio should be carefully planned to meet each individual's needs. Many people consider a balanced portfolio of mutual funds, fixed income (investments paying a fixed rate of return) and equity assets (investments with fluctuating market values and rates of return).

Of course, the tax features of an investment should be considered. Even after retirement, taxes are an adversary to an income. Try to develop a strategy that minimizes or eliminates taxes altogether. Many investments are specifically designed to meet the needs of capital accumulation, retirement and tax management.

Think and plan for retirement income goals—such as housing, travel and leisure activities. Once a plan is

established, a strategy can be developed to meet those goals.

While the mandatory retirement age is increasing (predicted to be 67 shortly after the turn of the century), many retirees aren't ready to adopt a life of total leisure. In that case, opportunities abound for retirees: Is work activity still important (as well as supplemental income)? Consider a consulting capacity, part-time work or self-employment. Or is activity in general more important? Volunteer work in the social and community sectors may be challenging and rewarding.

Social Security continues to be a factor in everyone's life. And although its features may change, Social Security is destined to be here for a long time. But remember that Social Security was designed to replace only a portion of a working person's preretirement income—it's not meant to be a complete substitute. The amount remaining after Social Security must come from savings and wise investments. Keeping these facts in mind, it's best to think of Social Security benefits as the "frosting on the cake" rather than as a bread and butter staple.

Early Planning Best

These days, retirement planning should not be ignored. It's quickly becoming a pertinent fact of life. The retirement status is one of the fastest growing conditions in this country, and this sector promises to grow as the "Baby Boomers" reach the age of retirement. Therefore, it is essential to evaluate retirement needs and goals and to plan a strategy to meet those goals.

While it is easier to begin planning for retirement early in life, it never is too late. A multitude of planning strategies and investments exist today to help nearly everyone establish a comfortable, carefree retirement lifestyle. And, since many financial planning firms offer a variety of retirement analyses to help consumers realize their present situations and the resources necessary to achieve the desired goals, there is not excuse not to plan for the golden years.

MAKIZUSHI

Continued from A/R Supplement page 1

He shook his head. He had been very quiet for a long time, studying the birds painted like M's on his teacup. "We cannot go back."

She had missed the rolling hills of Japan and the blue-green of the water and the soft gray-green of pussy willows growing in the marshes. Seattle was green, she reminded herself, but in a different way—like a watercolor painting left out in the rain where the colors smeared and ran together. It seemed to her now that the city had always been crying.

"Mama," her son had once asked during dinner. "Why did we leave Yakima?"

And he had intervened. "Mama was sick. The doctors said she needed to be in the city where the hospitals are." But that had not been the reason.

Carefully, she cut the slender black rolls into three-quarter-inch thicknesses and arranged them on her good china. She stooped over the plate and bent her knees slightly because her back was stiff. She rinsed her hands then and stretched slowly, reaching out toward the ceiling, and walked, still stretching, toward the open window. The rain splashed noisily against the sill and sprinkled her face and arms with tiny beads of silver. She shuddered once but stood beside the window and watched the cars and trucks splash through puddles.

From the hospital room, she had looked out onto the rain-drenched streets. He had stood beside her bed, beaming over his youngest daughter. She was a happy, gurgling baby, with a head full of thick, black hair and brown eyes that watched her father's face. Okaasan, she had thought, you're a grandma again. But her mother was many miles and many years gone by. She had looked into the baby's face and slowly it had dawned on her that she would never see Japan again.

She had passed through dark moods that separated her from her family. It seemed that she watched them from behind a curtain of graying mist like the fogs that would settle between the mountains and hang suspended until the winds roughly pushed them away. There was snow on those gently rounded mountains which melted, leaving empty crags and deep ridges

that turned from green to blue-green to pale brown.

It felt strange to know that none of her children would watch their grandmother arrange the cherry blossoms and listen to her as she explained that the tall flowers meant the heavens, nor would they harvest the rice grown in ankle-deep water. They were different from her, born under clouded skies and raised on the wrong side of the sea. And yet they were part of her, and a part of him. Out here, behind the mountains, behind the sun, there was nothing to remind her. Nothing but rain and time to think. Japan faded into a dream that walked with her and spoke to the children in her voice.

Off somewhere, a car floated by and splashed a river of water onto the sidewalk.

The clock on the dresser with the broken second hand showed the time to be 5:55. Supper time. The food on the table was cooling and the talk among sisters and brothers and cousins was slowly dying. Perched upon the sofa and hiding in the corners of the small room, their eyes kept drifting to the door.

"What time did you tell him to come?" she whispered to her youngest daughter for the fifth time.

"Five thirty. Mama, why don't we just start eating?"

And she nodded reluctantly, gesturing to everyone to fill up their plates and eat the food she had prepared. They gathered slowly, single-file around the oval table, picking at familiar pickles and salads and pausing long beside the plates of rice. Some spread themselves out upon the floor, while others found seats among the potted plants. Some ate, some talked, some laughed or joked. Others were silent, watching the talk flow mostly between the elders.

"This wasn't her land, it was his. He had grown up in Seattle, with the rain in his blood, and he had breathed the cool breezes..."

At seven o'clock the doorbell rang and she half-jumped, half-rose to answer it. Her grandson stood tall beside the doorway in his jeans and longish hair, sprinkled with rain.

"You're all wet!" she scolded him, angry still because he had made her wait.

"No, Grandma, it's hardly sprinkling out," he

answered as she led him by the hand into the heart of her family.

"Sit," she told him.

He sat. Then watched her leave to get his plate, piled high with food. She saw him frown as she brought his plate.

"Grandma, I can't eat all of this."

"Try," she told him and handed him an *inari*. "Eat it," she told him as he paused. She watched his face scrunch up. "What's wrong? Here, taste. It's good." And demonstrating, popped it into her mouth. "What do you taste?"

"Vinegar, rice, some sugar," he answered honestly.

"And this?" She thrust at him a *makizushi* and watched him bite it gingerly.

"Seaweed, spinach, and something... different."

She shook her head and frowned to herself. Too American, she thought to herself, and not enough of grandpa or me inside of him. She looked at him and saw baseball in Sick's Stadium and hamburgers at Herfy's or McDonald's. She watched him as he left the rest of the rice untouched, and felt as if it were herself lying there on the napkin, mutilated and dying. But she knew why. This wasn't her land, it was his. He had grown up in Seattle, with the rain in his blood, and he had breathed the cool breezes, smelling of sea, that blew in from the waterfront. She looked at his cousins and wondered how much she had taught them. They seemed so distant, so far away. She remembered what someone had told her, not so long ago. Who will make the rice for our families after we are gone? Who will have the gatherings? Not our daughters, or our granddaughters. And looking at them, she knew this was true.

She touched her grandson's hand and smiled at him. "Eat what you can."

He nodded.

What will happen to the family after I am gone, she wondered. Would they scatter to all parts of the world like kites blown free from broken strings? And nothing to hold them together? She picked out a *makizushi* from her grandson's plate. She laughed at herself for being an old fool. She smiled to herself, thinking sadly that she was the last *inari* and *makizushi* stand left in the world.

Reprinted from *Echoes from Gold Mountain*, ©1979, Asian American Student Assn., California State University Long Beach

PIONEER CENTER

Continued from A/R Supplement page 3

may help with weekly grocery shopping or housecleaning or transportation to the doctor. Still many of the homebound enjoy just having someone come over to talk with them. Trained bilingual volunteers who are called "Friendly Visitors" visit regularly with the home-bound clients. They meet with the Volunteer Coordinator to discuss specific needs or problems that arise. With the help of the Social Service Coordinator and community resources, the Volunteer Coordinator is able to meet the needs of the homebound.

Adult Day Care Center

In 1983, through the "Long Term Care" supplemental fund of the Nutrition Program, an Adult Day Care Center was developed where homebound frail elderly

could socialize in an educational and supportive environment. While originally funded for five months with seed money from the supplemental fund, the program is presently supported by participants and the community.

The Adult Day Care Center provides an alternative to premature or inappropriate institutionalization, an opportunity for persons to remain part of the family unit, respite from 24-hour home care, and an opportunity for socialization and recreation. The Japanese name for the center, "Yuai-en," symbolizes the purpose of the center as a meeting of friends in love and friendship. The volunteers play a vital and integral part in all of these programs.

Through the years, an almost comprehensive program for the seniors has come about. We are always mindful of the purpose: to enhance the lives of our Koreishas by keeping them healthy, happy and inde-

pendent as long as possible.

In retrospect, as we think back to the beginning of the Senior Programs, it was the young Sansei who watched the Issei milling around, having nothing to do, who found a place for them to congregate. Thus was the beginning of the Pioneer Center. It was through the concern of the Sansei about the nutritional needs of the Issei that the Koreisha Program was born.

The Japanese Cultural Center was the dream of the Issei, built by the Nisei, and today run by the Sansei with their marvelous talents. The Little Tokyo Service Center, dedicated to serving the Nikkei community, is administered by the Sansei. We look to the Sansei with their refreshing ideas and their concern for the Nikkei elderly to develop programs and facilities for all the Koreishas to come.

Then, surely "there would be an unspeakable dawn in happy old age."

SERVICES

Continued from A/R Supplement page 3

AARP's motto is "to serve, not be served." Members give meaning to that motto through active involvement in community, state and national affairs.

The following member services are provided:

Purchase Privilege Program—discounts at major car rental companies and hotel and motel chains.

Pharmacy Services—providing of prescription medicines and related health care items by mail or direct purchase at selected areas.

Investment Program—A program of six mutual funds designed to meet the investment need of AARP members.

Travel Service—A wide variety of escorted or independent travel opportunities.

Motoring Plan—includes specially priced custom membership in AMOCO Motor Club.

Group Health Insurance—underwritten by Prudential Insurance Company.

Auto/Homeowners Insurance—provided by the Hartford Insurance Group.

Additional services include consumer affairs, criminal justice services, energy conservation, and legal counsel.

There are more than 3,300 AARP Chapters providing opportunities for service and fellowship. The first and only Nikkei chapter of AARP can be contacted at:

Downtown Los Angeles Chapter, # 3686
American Assn. of Retired Persons
218 South Woods Ave.
Los Angeles, CA 90022
Bob Hayamizu, (213) 292-3165.

*Asian Human Care Centers, a project of:
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Los Angeles, CA 90017

(213) 483-3840

Senior Services Coordinator: Miranda Ow

The purpose of the agency is to reach out to A/P elderly who are isolated from the mainstream of society because of language and cultural barriers. This community-based program assists the A/P elderly through a holistic approach of understanding and enhancing their physical, mental, spiritual, and social growth.

Services include recreational and social activities such as exercise, music, art, outings, special events, ESL classes, and entertainment; respite for caregivers of the elderly; information and referral to health, legal, housing and related community services; advocacy and professional case management.

The Center will accept well elderly persons who are able to participate in an ambulatory care setting. All services are free. Donations are welcome.

To Be Living Again

by June Tsutsui

"I must be reaching the end," I thought carelessly. The pain began to crawl all over my body, almost to the point where I could not reason what to do. "It's so hot, I must take my clothes off, I must get some ice, and the phone has to be on the bed where I can reach it."

I had totally forgotten about my precious little Cho-cho, the pup, but I remember vaguely that he was trying to get back on the bed. However, now I did not see him at all. I must have then passed out with the ice bag under my right arm, for it was 4 p.m. when the phone rang.

My lovely daughter Irene was saying, "Where in the world have you been? I've been calling you since this morning."

All I could say was, "I need some ice, I just hurt all over."

No sooner said than done. She was in the bedroom with a barrage of questions, and commenting, "Oh, you must have the virus that's going around."

"Don't I wish," I thought to myself.

Irene began doing the dishes, banging them around, when I heard Cho-cho, who must have been outside at the time, start to bark at her.

"Quiet," I ordered. But he didn't, so somehow I managed to slowly crawl out of bed. "Curiosity can kill a cat," I said to myself.

"What's the matter with him?" she asked.

"He doesn't want you to do the dishes. You're supposed to play with him."

"Boy, he sure is spoiled, mom. And you'd better crawl back in bed."

I did painfully, but not until Irene put Cho-cho, with his wagging tail and pink tongue hanging out, on the bed. Of course, I had hoped that after a thorough picking of my face, and digging into the bedding to see if there was a bone, he would quietly lay down and sleep with me. But no, he remembered Irene was still here...

I began to doze off with the ice packs around me. "No fever," she said, "that's strange." I faintly heard her softly playing and talking to Cho-cho.

I awoke around 10 p.m. when the phone rang. "How do you feel? You really should go to the emergency room," Irene advised, knowing that I'm not fond of doctors and hospitals. "Tomorrow I'm taking you to Dr. so and so at the Arthritis treatment Center; after talking to everybody, I think that's what is bothering you."

I could have been totally depressed, perhaps suicidal at the moment, but my Cho-cho snapped me out of it. He started yapping. "So you remember the doctor, the last shot," I said. How could he forget? He was shaking like a leaf all the way back.

I found out that I had been stricken with polymyalgia, a form of rheumatic disease, a disease not known to many. It was all I needed at the time, having a fractured right arm and a very bad heart.

I have been to many doctors since. Countless dollars have been spent. I owe my life to my daughter as well as my little Cho-cho. I really feel as if I'm living again.

Those interested in finding out more about polymyalgia can write to: June Tsutsui, 603 23rd St., Santa Monica, CA 90405.



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HOME CARE

Continued from A/R Supplement page 1

and Pacific Islanders in the San Fernando Valley, a Japanese community-focused nursing home in Gardena and a variety of adult day care programs, and other supportive services through agencies such as the Little Tokyo Service Center. Most communities, however, do not have this relatively comprehensive array of services that are specifically designed for the Nikkei population.

Obviously, areas in other parts of the country do not have large enough Nikkei populations to generate these types of specially designed services for older Nikkei. Thus, for many Nikkei families across the country, the prospect of home care for an older person who has some type of medical problem or other condition that requires assistance in activities of daily living is probably a likely prospect in the future, if it is not already a reality. I have heard from some people who live in areas of relatively small Nikkei populations, away from the West Coast, that they would consider moving back to places like Los Angeles or San Francisco when they develop a need for senior citizen housing or nursing home care, i.e., a possible factor in the "homing" phenomenon.

Only a very small fraction of the older population in the United States among all Americans is living in an institution. The research project conducted by the late Dr. Minoru Masuda in Seattle clearly documents that the Nikkei population they surveyed definitely preferred to live independently as long as possible and to avoid institutional care.

According to an Apr. 6 Los Angeles Times article, an estimated five million "helpers," consisting of spouses, children and other relatives, are presently involved in caring for older persons that need assistance in daily living in the home. In one sample group mentioned in the Times article, 28% of the group sampled were spending an average of 10 hours per week helping to care for an aged relative, and this group had been providing this care for an average of five years. Some of the aged relatives were in their own homes living alone, and others were living with their relatives in an extend-

ed family arrangement. In this same sample group, the relatives that were providing the care most often (71%) were women.

For some of the families in this study, but certainly not all of them, the responsibility of caring for an aged relative that needed help in activities of daily living was very demanding and difficult, i.e., "like a second job." Maintaining these older persons in the home brought a variety of feelings to the forefront. These feelings included a sense of love, caring, duty, as well as ambivalence about the time, energy and other resources diverted away from the caregiver's own family and personal needs.

The L.A. Times article also discussed adult day care centers as a way of older persons needing care getting specialized treatment, e.g., individuals with Alzheimer's diagnosis, as well as providing a respite for the rest of the family. Arthritis, high blood pressure, hearing impairment, heart disease, and cataracts headed the list of chronic health problems found in person 65 years of age and older in the total population.

The aforementioned issues raise a number of interesting and important questions. For those who have questions about services available in your area, if you are fortunate, there will be an agency such as Kimochi in San Francisco to assist you. Other resources regarding these issues would include the JACL chapters and especially the district committee member of the National Aging and Retirement Committee. Also, national organizations for all older persons, such as the American Assn. of Retired Persons, are excellent resources for information and other services.

To Pacific Citizen readers who are interested in being kept informed regarding aging and retirement issues, please fill out the form on the back page and mail it back to me as indicated. I will make sure you are put in touch with your district-level Aging and Retirement Committee member as well as provide any other information the National Aging and Retirement Committee has the ability to provide. It would also be very helpful if you could please respond to the brief questionnaire regarding caring for older Nikkei in the home in order to assist the National Aging and Retirement Committee in better understanding and addressing these issues.



SWIFT SENIOR — Among the participants in last year's benefit 10-K Run held by Yu-Ai Kai Japanese American Community Senior Service in San Jose was Paul Katsuro (center), a 69-year-old marathon runner from Houston.

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Probate—Whether to Avoid It

by Harvey Horikawa

When someone dies, California law requires the submission of that person's property to the probate court. This includes all personal and real property. The court then distributes this property according to the directions included in the person's will, or if the person died without a will, according to California law. Contrary to popular belief, wills must be probated.

This probate procedure usually takes several months and involves filing and professional fees, some of which are dictated by statute and some of which are determined by the probate court based upon the total value of the estate. Despite these drawbacks, this probate procedure does benefit certain estates.

For instance, if the deceased desired that persons other than those listed in real property deeds and bank accounts share in the particular property, the legal rights of each person involved can be protected only by probating the estate.

Other situations where a probate is advisable, typically, involve a business where the surviving spouse and/or family is unaware or uncertain about the financial condition of the business or whether the deceased has received a fair share from the other partner(s) or shareholder(s).

Whether you can avoid probate depends on the form of ownership. Joint tenancy is the form of ownership utilized the most. One must be careful when creating a joint tenancy because there may be substantial tax consequences. Creating such a form with someone other than your spouse could trigger a gift tax upon the death of a joint tenant; the particular property may lose the advantage of receiving a full stepped-up basis for income tax purposes.

Community property is not subject to probate and all such property passing from spouse to spouse will not require court involvement. However, you must be sure that you're dealing with community property and that it is passing only to a surviving spouse.

Property transferred to a trust is not subject to probate administration. Again, one must be careful in deciding to set up a trust. The expense of creating and maintaining a trust may far outweigh the cost of probating the same estate. Also, certain types of trusts require that the trustor relinquish control of the trust property.

Many banking institutions provide different types of bank accounts that will avoid probate administration.

There are a number of other ways people have attempted to avoid probate which are beyond the scope of this article. However, the great majority of these mechanisms are variations of the ownership forms discussed above.

Poorly planned probate avoidance can and usually does result in some very costly surprises for the descendant's estate and the survivors. To protect yourself against such events you should first adopt an estate plan (no matter how small or insignificant you consider the size of your estate) and then select a form or forms of ownership that will facilitate the purposes of the plan.

Did the JACL chart a wise course of cooperation with the federal government?

Or did it betray American principles and its own constituents by urging them to accept evacuation to U.S. Army-operated concentration camps? One of the most important purposes of *JACL In Quest Of Justice*, by Bill Hosokawa, is to take the Sansei back to those tragic, controversial years and show them exactly what their parents confronted. This book is for everyone concerned about ways in which Congress and the Supreme Court can fail to uphold the Constitution.

"The wartime relocation of thousands of Japanese Americans is a major event in JACL's history, and it is examined here with remarkable insight and attention to detail. I welcome this book, and recommend it highly."

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"(This book) makes a timely contribution by shedding light on one of the darkest chapters in our history."

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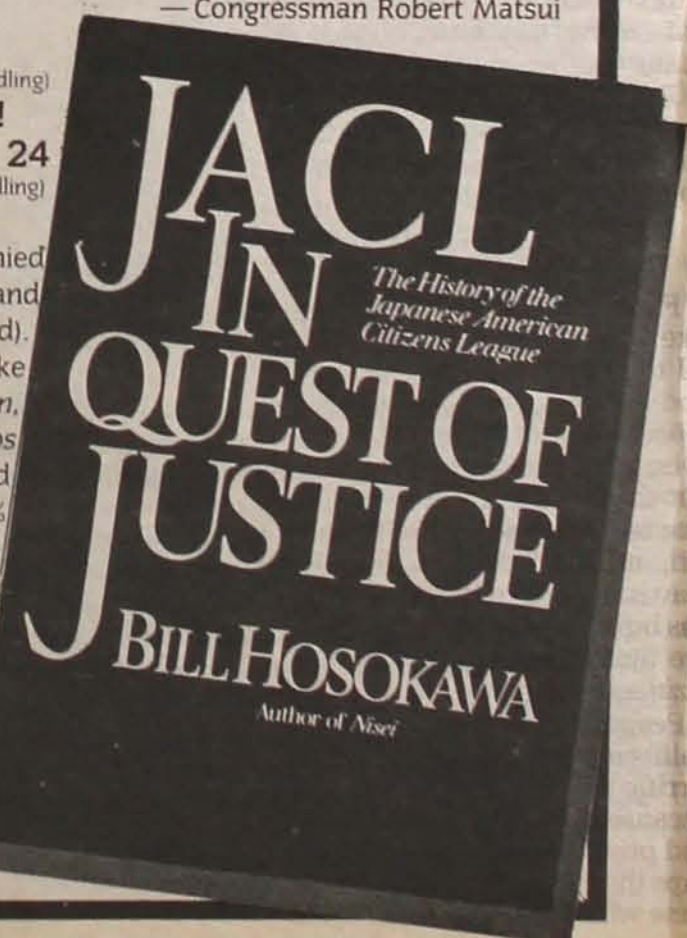
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Unity and Diversity

FROM THE
FRYING PAN:

Bill
Hosokawa



Some of us have contended that the idea of an Asian American coalition is not workable, that there are too many differences of culture, language, background, interests and needs to enable them to cooperate in common concerns.

The multi-ethnic Asian Human

Services of Chicago is proving the contention wrong. Recently it held a banquet to celebrate four years of community service and to honor seven members of the Asian American community for their contributions to society. It was a warm and colorful affair in one of the city's finest hotels, with fetching ladies in old country costumes and dances from the Thai, Laotian, Indonesian and Asian Indian cultures. Let me tell you about the worthy citizens who were honored:

Bernarda Shui-Hung Wong, executive of the Chinese American Service League, which provides counseling, immigration, employment and resettlement

services.

Amrish K. Mahajan, president of Republic Bank, for helping the Asian Indian community with jobs, business and fund-raising.

Alice Esaki, Nisei coordinator of Senn High School's vocational education program for limited English-proficient students and a JACL volunteer.

Veronica Leighton, editor and publisher of VIA Times, English-language newsmagazine for the Filipino community.

Sun Jin Chu, recognized for his work in the Korean Senior Citizens Council of Chicago.

Phra Rajratanaporn, founder of the Thai Buddhist Temple in Chicago.

Ngoan Thi Le, executive director of the Vietnamese Assn. of Illinois providing assistance to

newly arrived refugees.

The officers and board of Asian Human Services is equally diverse. The president is Dr. Ghanshyam Pandey (Asian Indian), professor of pharmacology and director of the Biological Research Laboratory, University of Illinois.

Vice president is Lourdes Gaqui-Mon (Filipino), principal of a Catholic school.

Secretary is Dr. Somboon Sriaroon (Thai) of Northwestern University and Columbus-Cuneo-Cabrini Medical Center.

Treasurer is Dr. Sumati Dubey (Asian Indian), professor in the Jane Addams School of Social Work, University of Illinois.

Past president is Dr. William T. Liu (Chinese), professor of University of Illinois Pacific

Asian American Mental Health Research Center.

The directors include Koreans, Thais, a Chinese, a Vietnamese and two Nisei, Omar Kaihatsu and Paul Igasaki.

I estimated some 500 attended the banquet. Tickets were \$30 per plate. The Japanese Americans were prominent by their absence. There were only a handful present, perhaps no more than a dozen, and that's a pity.

The banquet theme was "Unity Through Diversity." Various Asian American groups were demonstrating that the idea works, but apparently the overwhelming number of Chicago's Japanese Americans figured, for whatever reasons, that they didn't have to be part of a movement to help the newest Americans.

1986 National JACL Convention • Chicago, Illinois • July 20-25

SAVE \$\$ — REGISTER BEFORE JUNE 1 DEADLINE

Windy But Warm

by Jane B. Kaihatsu

I was checking my mail the other evening after work. The fog had begun to billow in from the ocean and its damp mist forced me to wrap my sweater just a little tighter against the chill.

Although it was mid-May, I felt cold at this moment. Daylight savings had begun, but the sunshine was blocked out by the gray fog. My mindset from the palminess of the early part of the day retreated into thoughts of running inside to fix a hot meal.

Among the unpleasant (bills) of my mail, I was delighted to find a brochure announcing registration for the national convention in Chicago this July.

I am a little biased toward this convention, having been born and raised in the Windy City. I've been away for 2½ years now and enjoying California more and more—the spectacular natural beauty; the hours I've spent mesmerized by the ocean surf; relishing the fresh vegetables and fruits almost too beautiful to eat—many things that Californians take for granted.

But all of this and more still is unable to block out my affection for the vastness and unique personality of my hometown.

Summer in the City

First of all, there is nothing like summer in that city, when all the trees and grass are lush and bright green. Their succulence seems to jump out at your eyes, in contrast with the golden dried hills of the west. The elm and cottonwood trees stand tall, full and alive with their leaves rustling in the wind. Cicadas buzz in the parks and people are more relaxed with the true laziness of summer.

People are always active in California because of the pretty terrific weather year-round. But because summer is so limited and precious to Chicagoans, perhaps their summer activities are done with a vengeance and pas-

sion for enjoyment. These activities could be indoor or outdoor, just as long as it's "easy to get to the place"—which it always is in summer with the absence of ice and snow.

For instance, when I worked in the Loop (Chicago's financial district) my summer lunch hour often took me to one of the greatest art museums in the Art Institute. Over the years I've seen its massive collection and special exhibits, enjoying the escape into beauty. This summer a visit to the Art Institute will be special—I was pleased to learn that among the convention highlights will be a private viewing of the Todai-ji treasures from Nara. It is at the prestigious Art Institute that these Buddhist art treasures will make their only appearance outside of Japan.

Bears and Cubs

One cannot say that one is from Chicago without being a sports fan. Someone asked me if all the conventioners will hear about from Chicago is the Super Bowl XX champions, the Bears. Maybe just a little bit, but you'll also hear about the Cubs—erratic in performance, but the tops in playing field ambiance.

Dressed in a sweatshirt and down vest at a S.F. Giants game last year, I was shocked to be watching a baseball game in what should be football attire.

However, watching the Cubs at Wrigley Field in mid-summer is nothing like that. On a hot afternoon at the "no lights" park, fans stream in, hoping for a strong wind blowing out of the park to add numerous home runs to a good show. Above the ivy-covered walls, in the bleachers, we "bleacher bums," armed with Vienna hot dogs and Old Style brew, gear up to yell at our favorite and most despised outfielders.

Wrigley Field is exciting as an inner city ballpark. When riding the Howard L past the ballpark

Continued on page 6

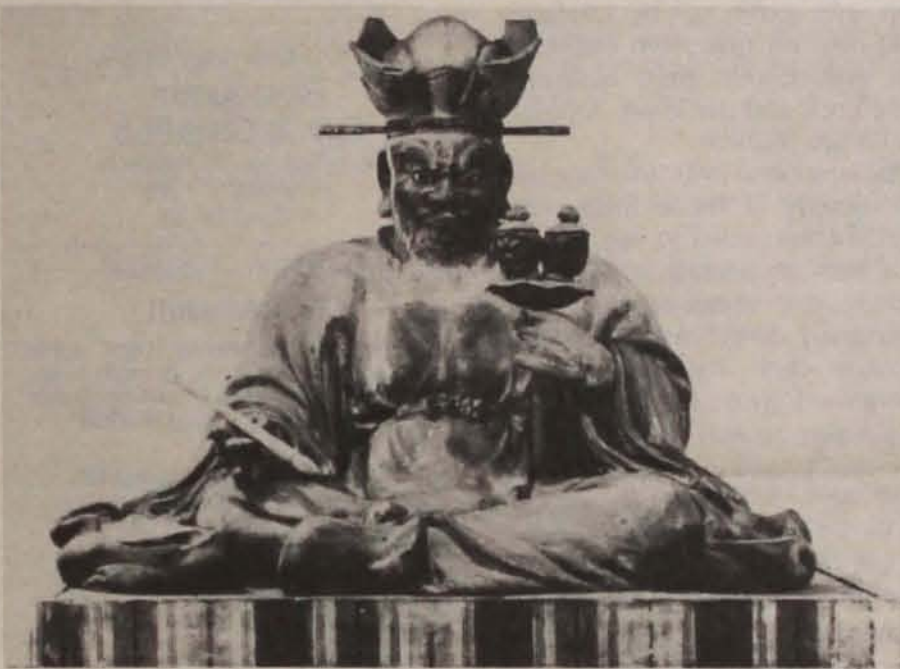


Photo courtesy of The Art Institute of Chicago

Taizan Fukun, a wooden sculpture from the Kamakura period (14th century), is one of the art treasures from Todai-ji JACLers can view during convention.

Rare Buddhist art to be viewed

CHICAGO—A special cultural evening is planned as one of the events at the JACL National Convention to be held July 20-25.

The 1986 Convention Committee has made arrangements with Art Institute of Chicago for a JACL reception and private viewing of "The Great Eastern Temple: Treasures of Japanese Buddhist Art from Todai-ji" on July 24, 5:30-7:30 p.m.

This unprecedented exhibition was announced jointly in March by the American Embassy in Tokyo, Todai-ji Temple, Japan's Agency for Cultural Affairs, the Asahi Shimbun, and Art Institute of Chicago. The Japanese government has given special permission for the exhibition to travel to the U.S., with the Art Institute the sole exhibit site from late June to early September.

National Treasures

Never before seen outside of Japan, this display of nearly 150 objects includes designated National Treasures and Important Cultural Properties.

Todai-ji is located in Nara and was founded more than 12 centuries ago as the headquarters of all provincial temples. Many of its objects, dating from the 8th to

the 18th centuries, were the work of the greatest artists of their time and therefore represent a survey of the prime achievements in Japanese cultural history.

Included in the exhibition are sculpture, paintings, ritual objects (from temple roof tile imprints to sacred ewers), and calligraphic documents, mostly sutras.

Rare Opportunity

Among the highlights are wooden sculptures of the nature god Hachiman and of the monks Rōben and Chōgen. "Treated in Japan as sacred images, rarely available for public view, they are extremely fine examples of realistic portraiture," said Yutaka Mino, curator of Oriental art at the Art Institute. "It is a dream come true for all students of Japanese art here in the United States to be given this opportunity to see these three rare images which are only on view once a year in Japan."

Mino, organizer of the exhibition, is from Kamakura and earned a Ph.D. in fine arts from Harvard University. He initiated negotiations on behalf of the Art Institute last year with the Japanese government and the chief abbot of Todai-ji.

JACLers to look at aging issues

by K. Patrick Okura, Co-chair
Nat'l Aging & Retirement Comm.

The National Aging and Retirement Committee will conduct a three-hour workshop during the JACL National Convention in Chicago.

An exciting and educational workshop is being planned by the committee to focus on the needs of the increasing number of people in the retirement and aging population.

Dr. Arthur Flemming, former Secretary of Health, Education and Welfare, a member of the Commission on Wartime Relocation and Internment of Civilians, and a well known spokesman for the elderly, will be the principal speaker at the workshop.

Continued on Page 8

Ex-Chicagoans to hold reunions

CHICAGO—JACLers are "going to take a sentimental journey—sentimental journey home" at two "Chicago Reunion" events scheduled for July 20 as part of the JACL National Convention to be held July 20-25.

Chicago, which so many Nikkei made their temporary home before moving east or returning to the West Coast during the postwar resettlement years, is an ideal city for a reunion. The "toddlin' town" was the place to be, and memories of good friends made and experiences shared along the way still linger.

The program starts at 1:30 p.m. with a "Chicago Today" bus tour

Continued on Page 7

Preceding the private gallery viewing, there will be a wine and cheese reception in the Art Institute's Stock Exchange Trading Room, including a continuous slide presentation of the objects to be seen and introductory remarks by Dr. Mino.

WINDY CITY

Continued from Previous Page

on a game day and hearing the roar of the crowd, the passengers suddenly are revived; all heads turn and the train itself wants to slow down to wonder, "What happened?"

In all fairness to the South Siders and for those Nisei who remember the early days after the war on the South Side, the White Sox and Comiskey Park offer their own American League thrill. There's Diamond Vision a la Dodger Stadium and fireworks bursting into the night sky with each home run. And the voice of Sansei Eugene Honda announcing the players.

Night Life

Summer is also the warm nights where jazz and blues nightclubs thrive, their tunes wafting through open tavern doors into the street. There's also the most famous comedy club, Second City. It's been the place to see emerging talent that would later go to television and film (Alan Alda, Ed Asner, Elaine May, Dan Ackroyd, both Jim and the late John Belushi, and others).

Theater critic Steven Winn called Chicago "the hottest theater town in America" (S.F. Chronicle, Jan. 6). He cited examples of shows originally produced in Chicago, later to become Broadway hits, like "Hurly Burly," "Glengarry Glen Ross" and "True West." Small theaters thrive as well, like the Organic Theatre, which produced "E.R.," which later became a television series featuring an original cast member, Shuko Akune.

Last but certainly not least, I miss the "regional cuisine," a 50-cent word for Chicago-style pizza simply unavailable in Northern California, a kosher all-beef hot dog on a poppy seed bun and all the extras, smokey but sweet ribs and a fun '50s diner called Ed Debevic's.

Not to mention "frango mints" at Marshall Field's department store, which mere words cannot adequately describe.

Chicago Stories

Throughout my residence here in California, I've met many Nisei who have a "Chicago story" to tell. It was rough times after the war, out of camp, out of the Army and trying to patch up their lives. Life for them was brutal. Chicago was brutal and cold. It was to these folks a big, tough town that didn't coddle them even after they had been through so much. Chicago had no use for these wounded people.

Sansei would wonder how it is possible to be Japanese American and grow up in Chicago. That city, an unknown entity in that amorphous zone between New York and the West. A place to change planes.

My response was to stare incredulously at those folks who passed these tales to me. It was as if they, especially the Nisei, were talking about another city. I certainly didn't recognize the Chicago they remembered. I wonder—if some of them came back today, would they still find that tough, cold city?

Because Chicago to me is warm, inspiring and basic. And a great place to visit, even for one who left.

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Tour A: Sapporo, Lake Toya, Noboribetsu, Shiraoi

Ainu Village, Chitose; Fukuoka, Beppu, Mt. Aso, Kumamoto, Matsushima, Shimabara, Unzen, Nagasaki, Hiroshima. Land tour: ¥250,000 (dbl occ) plus airfare. Tour escort: Bill Sakurai.

Tour B: Hiroshima, Inland Sea, Kyoto, Takarazuka

Excursion, Nara, Gifu, Nagoya, Shuzenji Spa, Atami, Hakone, Lake Kawaguchi, Mt. Fuji, Tokyo. Land tour: ¥199,000 (dbl occ). Tour escort: Bill Sakurai.

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Japan Omote Tour ... Oct 3-20

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Kyushu Extension: Hiroshima, Fukuoka, Beppu, Mt. Aso, Kumamoto, Amakusa, Unzen, Nagasaki, Fukuoka, Osaka, Tokyo. Land tour: ¥171,000 (dbl occ). Tour escort: Steve Yagi.

Tohoku Fall Foliage ... Oct 18-Nov 1

Visit Tokyo, Asamushi Spa, Lake Towada, Ohdate, Lake Tazawa, Tamagawa Spa, Hachimantai, Morioka, Hiraizumi, Sendai, Matsushima Excursion, Togata, Zao, Yamagata, Yonezawa, Iizuka Spa, Bandai Plateau, Higashiyama Spa, Koriyama, Utsunomiya, Nikko, Tokyo. Land tour: ¥360,000 (dbl occ), plus airfare. Tour escort: Toy Kanegai.

China Tour ... 12 day Nov 1-13

Visit (via Narita) Shanghai, Nanjing, 3 days in Beijing, Great Wall excursion, 2 days in Guilin and cruise down River Li, Guangzhou, 2 nights in Hong Kong. Land tour: \$1,225 (dbl occ), \$1,030 RT airfare. Tour escort: Toy Kanegai.

TOUR/FLIGHT MEETING: Every third Sunday of the month from 1 p.m. at Felicia Mahood Recreation Hall, 11338 Santa Monica Blvd., West Los Angeles (west of the San Diego Freeway).

REUNION

Continued from Page 5

guided by former National JACL president Shig Wakamatsu and 1000 Club Chair Frank Sakamoto. These long-time residents will show conventioners Chicago as it is now and recollect how the city used to be.

At 8 p.m., the "Windy City Nitecap" at the Hyatt Regency will be a special call to ex-Chicagoans to reminisce and renew acquaintances.

The jazz group Mothra, led by Steve Hashimoto, will entertain the crowd. Photos gathered from the files of Ken Mazawa, former photographer for the Chicago Scene, as well as scrapbooks from the Chicago Chapter's archives, will be on display for a fascinating backwards glimpse into the '40s and '50s. Refreshments will include Chicago specialties and souvenirs of the city will be given as door prizes.

These two nostalgic convention events are being planned by Lillian Kimura and her committee.

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Aug 23

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EXPO '86 Vancouver, Victoria, Seattle

8days

SOLD OUT

Group departs from Seattle; indiv depts available; 1st cl hotel accom at Seattle, Vancouver, Victoria, 3-day EXPO ticket, ferry to Victoria, Butchart Gardens & ferry to Seattle via San Juan Islands, 6 meals. \$750 per/person twin plus air fare from hometown cities.

Golden Tour of Japan

11days

Jun 27, Oct 17

Group departs from West Coast: Tokyo, Nikko, Kamakura, Hakone, Ise Shima, Kyoto, Nara. 18 meals/from \$2,120 per/person/twin.

Japan & Hong Kong

15days

Nov 1

Group departs from West Coast: Tokyo, Kamakura, Hakone, Nara, Kyoto & Hong Kong. 23 meals, from \$2,426 per/person/twin

Orient Highlights

16days

Oct 18

Group departs fr West Coast: Tokyo, Kamakura, Hakone, Nara, Kyoto, Bangkok, Singapore & Hong Kong. 24 meals / from \$2,756 per/person/twin.

Ancient Cathay

21days

May 19, Sep 29

Group departs from West Coast: Tokyo, Kyoto, Guangzhou, Guilin, Shanghai, Xian, Beijing, Hong Kong. 43 meals / from \$3,376 per/person/twin.

Grand Europe

21days

Sep 14

Group dep fr London: London, Belgium, Holland, Germany, Switzerland, Liechtenstein, Austria, Italy, Monaco, France, London. 27 meals fr London Airport transfer; \$1,138 per/person/twin plus airfare fr hometown cities.

Historic American Heritage

15days

Sept 24

Group departs from LAX; visit Niagara Falls, Vermont, Boston, New York, Philadelphia, Washington D.C. & Williamsburg. 14 meals, \$1,549 p/person/twin plus airfare from hometown cities.

New England/Canada Fall Foliage

7days

Oct. 6

Other departure dates available. Departs from N.Y. Tour scenic New England, Quebec, Montreal, historic towns of Vermont & Mass. with visits to Shelbourne, Bennington & Williamstown, Mass. 14 meals, \$699 p/per/twin plus air from hometown city.

Niagara Falls & Ontario

7days

May 15, Jul 10, Oct 3

Depart from New York: Adirondack Mountains, Ottawa Parliament, 1000 Island Cruise, Ontario Place, Coming Glass Museum, ret to NY; 14 meals, \$655 p/person/twin.

Classic South American Tour

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Nov 5

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New Zealand, Australia, Pacific Escape

15 days.

Nov. 29

Sat fr LAX, Jan 15-Dec 27. Auckland, Queenstown, Christchurch, Melbourne, Sydney; Waitomo, Glow Worm Caves, Rotorua, Milford Sound & Waratah Koala Park. 24 meals/Low season fr \$2,475 p/per/twin.

• Prices subject to change without notice. Departure dates may be adjusted when conditions warrant it. (*) All groups consisting of 15 or more tour members will be escorted by a Tour Escort from Los Angeles.



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Aging and Retirement Questionnaire

(See Supplement page 1)

I. Interest in Further Information:

- A. Name _____
- B. Address _____
City/State/Zip _____
- C. Telephone () _____
- D. JACL Chapter Affiliation _____
- E. Question or issue about which you desire assistance:
1. _____
2. _____

II. Your input regarding home care for older Nikkei:

- A. Do you have an older (60 years or older) Nikkei person(s) for whom you are providing care regarding activities of daily living for five hours per week or more in your own home or in the older person's home? Yes ☐ No ☐
If "No," do not continue.
- B. Is the older person living with you or in their own home?
With you ☐ Own home ☐
- C. Who is the older Nikkei person(s)?
Relative (please specify, e.g., father) _____
Other (please specify, e.g., friend) _____
- D. How old is this person(s)?
Age in years _____ Generation (e.g., Issei)? _____
- E. What types of care does this older person(s) require, e.g., cooking meals (please list in order of priority)?
1. _____
2. _____
3. _____
- F. What are the reasons for this older person(s) requiring the above care (e.g., arthritis)?
1. _____
2. _____
3. _____
- G. Which member(s) of your family provide most of the care, e.g., daughter of the older person? _____
- H. Are there any issues/problems as a result of caring for this older person(s)? Yes ☐ No ☐
If "Yes," please list the issues/problems in order of priority:
1. _____
2. _____
3. _____

Please clip and return to:

Ford H. Kuramoto, D.S.W.

1887 Maplegate Street, Monterey Park, Calif. 91754

Any questions should be directed to Ford Kuramoto, (213) 669-1060 during the day.

BUN VONG CASE

Continued from Front Page

retry Arsenault. The trial is expected to begin June 2.

A coalition of Asian American community groups held a press conference May 5 to protest the state's handling of the case. Leaders in the Boston area's Southeast Asian community, who say Asians are experiencing increasing prejudice, insist that the incident was motivated by ethnic hatred. They criticized District Atty. Scott Harshbarger for neglecting the ethnic angle.

'Insulting Sentence'

"It is difficult to understand how a man who has survived the death and destruction of his country can lose his life in a traf-

fic dispute on a street in Medford," said Chhay Bip, executive director of the Cambodian Community of Massachusetts, Inc.

"We have not seen any evidence which indicates that it was [ethnically] motivated," said Tom Samoluk, a spokesman for the District Attorney. The public prosecutor's office has obtained convictions for civil rights violations in the past, he added.

'Target of Violence'

Community leaders faulted the prosecutor's office for allowing the issue of race to be eliminated from the case. "The Asian community will not allow the tragic killing of Bun Vong to be covered up by an insulting six-month prison sentence and a meager \$15 fine," read a statement released by Asians for Justice. The group said the number of racial incidents increased slightly in 1985.

More than 8,000 Cambodians and 2,300 Vietnamese and Laotians live in Lowell, where Bun Vong worked as an assembler and studied to become a Buddhist

monk. His widow and two children remain there.

"Asians seem to be a target of a lot of violence, because many are resettling now and are living in areas where people are not used to living with them," said Song. The group also criticized the media, including films like "Rambo," for encouraging violence against Asians.

The criminal justice system, said Song, is not well equipped to handle racial incidents. "The D.A.'s office cannot rule out racial motivation, although it's hard to prove. Our civil rights laws should be more creative as to how to prove violation."

The coalition will continue to push for harsher penalties in cases of anti-Asian violence. Although the defendants have denied being racially motivated, the case has focused attention on racial problems. Gov. Michael Dukakis attended Bun Vong's funeral last year and used the occasion to deplore such incidents.

Attorneys for the defendants were not available for comment.

AGING

Continued from Page 5

A panel of knowledgeable and prominent researchers in the field of aging, including Dr. Donna Leonetti, director of University of Washington's Nisei Aging Project, will present their views on problems facing the aging Nisei population.

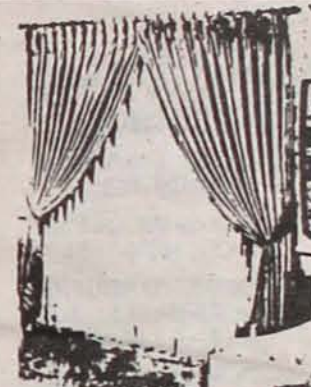
Some of the topics to be covered are: preparation for retirement; health changes and emotional adjustment; leisure time activities; second careers; income loss; widowhood; Social Security; financial planning; and housing and living arrangements.

An opportunity for open dialogue will be available to all delegates attending, as well as a review of what is taking place in their respective JACL districts.

Arrangements will be made for those wishing to visit the Japanese American Service Committee facilities, including the successful Sheltered Workshop program.

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