Season's Greetings!

We wish you and your family a happy holiday season.

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This past year has been a time of big changes for the Pacific Citizen. In the fall we launched our new Web site (www.pacificcitizen.org) which has been garnering rave reviews. We also moved our offices back to Los Angeles’ Little Tokyo after a decade of absence. In the midst of all this hectic change the P.C. staff has managed to put out another 120-page Holiday Issue. This time around our theme is “P.C.’s Top Ten List.” Think of the “Late Show With David Letterman’s” Top Ten List but with an Asian Pacific American flair.

Our writers had a lot of fun with this year’s theme and the range of Top Ten Lists covers a wide variety of topics. Some writers focused on the Top Ten Japanese Americans who have influenced them, others focused on the Top Ten A books to have around the house, and some even focused on the Top Ten things they have learned since being married. The issue also takes a look at the Top Ten APA toys, and the Top Ten reasons to attend JACL’s 2006 biennial convention in Phoenix, Arizona. We hope you enjoy the issue.

As always this issue would have been impossible without the hardwork of chapters, districts, and members who paid the pavement every year to solicit advertisements and holiday greetings for the Holiday Issue (Check out the “P.C.’s People Who Count” on page 117). We would like to thank all those who have and continue to support the P.C. through their efforts.

It would also be wonderful to thank this year’s writers who volunteer their talents to produce interesting and well thought out arti- cles for the Holiday Issue, on Thank you for your time and creativity.

I would also like to personally thank the P.C. staff who helped put the issue together, working long hard hours to ensure we made all our deadlines. Thanks to Brian Tanaka, office manager; Lynda Lin, assistant editor; and Eva Lavita, circulation. I would also like to thank Gayle Jue and Alan Kubo who continue to help out with our Holiday Issue year after year.

To all our readers thank you for your continued support throughout the year. Please be sure to check out our P.C. Web site for the latest updates. Our next issue will be the New Year’s Issue Jan. 20, 2006. Regular issues will resume in February 2006. Thanks and have a great Holiday!

Caroline Aoyagi-Strom
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If you are interested in seeing a Top Ten List which you think is missing, please send it to info@pacificcitizen.org.

Microsoft Word document.

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I grew up with books. The daughter of a Japanese immigrant mother who was an American literature major in Hiroshima, I was raised with Dr. Seuss, Frog and Toad, Goodnight Moon, and the Little Bear books. I then cut my teeth on the Lois Lenski books about a young girl growing up on a cotton plantation, Little House on the Prairie series, Judy Blume tomes on teenage angst, and, of course, Encyclopedia Brown. I knew that I wanted to write books after I read the All-of-a-Kind Family series, about a large Jewish family in the Lower Tenement section of Manhattan, New York. I reread chapters, studying how dialogue was handled, where to place quotation marks, and how to write multiple characters.

Today is so different than my childhood in the 60s and early 70s: now next to these classics mentioned above are books telling of the Japanese American experience. Children can grow up reading about baseball in a JA concentration camp and enter the world of a JA family in Georgia in this year’s Newbery Medal-winning book, “Kira-Kira.” At one time, you could place all the books on Japanese America — fiction and nonfiction, for children and for adults — on a single bookshelf. Now you would need a whole library with multiple rooms.

I realize that most people in this busy world don’t have the same passion for books as I do. But I would recommend that every JA household have at least the following ten books. Before I get into the list, I have to admit my biases. I’ve lived predominantly in California, so my tastes veer heavily towards books about JAs in this region. If I could add an 11th and 12th book, I would choose Joy Kogawa’s “Obasan,” the definitive Japanese Canadian novel on the internment experience, and Jon Shirota’s “Lucky Come Hawaii,” one of the first novels of its kind.

My first love is fiction, so many of my choices are short story collections and novels, not nonfiction. But there are a number of wonderful history books, starting with those authored by the late Yuji Ichioka and also Ronald Takaki. The ones mentioned below are books for the regular layperson, resources that you will refer to over and over again.

9) “Centenary Favorites: Deliciously Yours” (Centenary United Methodist Church, 1986)

JA church cookbooks are the mainstay of any Nisei or Sansei kitchen. I consider one to be a classic, the JA equivalent to the “Joy of Cooking”: “Centenary United Methodist Church’s “Centenary Favorites: Deliciously Yours.” We have the older maroon covered book in our household (actually the back cover has since fallen off!). This first book, which went into multiple printings, sold more than 25,000 copies and has been purchased in far-flung states as Maine, Nebraska, and Florida. Its recipes are JA standards — kimpura gobo, somen salad, Mexican cornbread — all kitchen tested. What makes this cookbook classic are its helpful hints and special how-to instructions, exquisitely illustrated by artist Eddy Kurushima. Both are preserved in a new edition (2000) that is now in a three-ring binder.


There’s a reason why “Hungry Minds Review” named this book as one of their 100 Best 20th Century Books: Wakako Yamauchi is one of the trailblazers of Nisei playwrights. Her signature play, “And the Soul Shall Dance,” appears here, both in short story and play form. Her lesser-known stories reveal both a sensitivity and sensuality not often connected with our impression of the Nisei experience.
Top 10 Stupid Conversations JAs Still Have to Endure

By GIL ASAKAWA

Sometimes, people say the dumbest things.

10. “You speak English so well!”
   We might be four or even five generations removed from our immigrant roots, but still, we look different. We’re the “other” to mainstream America.

9. “Where are you from?”
   The companion to “You speak English so well.” The conversation goes something this:
   “So, where are you from?”
   “California.”
   “No, really. Where did you come from?”
   “Los Angeles.”
   “Oh, you know what I mean. Where does your FAMILY come from?”
   “Los Angeles.”
   What they’re trying to ask is, “What’s your ethnic heritage?” But most of the time I’m too irritated to help them get to the right question.

8. “Go back where you came from!”
   A heat-of-the-moment exclamation. This is not subtle prejudice at all, of course. It’s nasty and filled with hate. And I’ve heard it too often in my life.

7. “Ah, Asakawa-san, hajime mashite.”

I recently was introduced to a nicely dressed white woman, a v.p. at some company or other, who immediately stuck out her hand and said in the breathy, phoney-Japanese voice and poor Japanese accent that Americans learned from watching too many Jerry Lewis impressions of a Japanese, “Ahh, Asakawa-san, hajime mashite.” (“It’s an honor to meet you for the first time.”)

My stomach muscles clenched, but I decided not to lose my temper. Instead, I replied, “Nice to meet you too. Luckily for you, I know some Japanese — you know, most Japanese Americans don’t speak Japanese and might be offended if you assume they do.”

6. “Oh, you must speak Japanese.”
   This is a common sentiment among Caucasians about Asians – that we speak the language of our ancestors. My Nihongo is probably the equivalent of a third grader with a severe learning disability. A female third grader, at that. And it’s better than most JAs I know.

5. “You’re so lucky to grow up with such a beautiful culture.”
Children often say the funniest things. Their comments are honest, curious, and refreshing. My sister Karen Ideno-Chiou and her husband Dave have three children — Ryan (age 8), Tyler (age 5) and Jaclyn (age 2) — who made the top 10 comments listed above. It has been a tough year for them since their son Tyler passed away from Neuroblastoma cancer in April earlier this year.

Neuroblastoma is a cancer of the sympathetic nervous system (the average age at diagnosis is two), but the cause of Neuroblastoma is unknown.

Tyler spent two and a half years battling cancer, and this article is dedicated to him. For any of you who have had cancer or know someone who does, it takes great courage to endure such a difficult situation. This is Tyler’s story.

Tyler Drake Chiou was born on Feb. 24, 2000. I remember the first time I held Tyler in my arms. He had such a peaceful look in his eyes, but it was his toughness and inner strength that gave him such character, and would be admired by all throughout his life. In July 2002, at the age of two, Tyler had a low-grade fever for two weeks, which was later diagnosed as Stage 4 Neuroblastoma cancer with a tumor in his abdomen and cancer throughout his bones and bone marrow. The three-year survival rate for patients with Stage 4 Neuroblastoma was 30-40 percent.

For the next year, Tyler underwent an intense protocol of seven rounds of chemotherapy, surgery, three stem cell transplants, and 14 rounds of radiation, yet his bone marrow still remained positive for cancer. In August 2003, Tyler began three trips to New York for antibody treatments. After his first treatment, Tyler had no detectable disease in his marrow.

But the cancer came back quickly. In April 2004, Tyler relapsed with a tumor in his spinal canal and his bone marrow was positive again. Tyler then went through 12 rounds of radiation therapy to the tumor in his spine. The tumor shrank, however it still remained in his spinal canal. Tyler completed an additional seven rounds of an experimental oral chemotherapy drug, but in early November 2004, the cancer progressed to a tumor in his
Aten-hup! It's not all work for our soldiers stationed overseas. Find out how today's soldiers pass time with DVDs, PSPs and strip poker.

Keeping the Boys Sane from the Mundane

By DAVID J. KIM

I know this isn't a hot topic like what Katie Holmes and Tom Cruise are going to wear to their wedding (hopefully Katie wears white), but I would like to tell the story of some of the U.S. Army soldiers.

I am currently stationed in Kosovo, but we soldiers all have very similar lives when deployed overseas. We all work extremely hard in training and sustaining our military skills, but surprisingly during our deployments on missions we tend to accumulate time that is unaccounted for. Some call it "free time," but we soldiers call it "down time."

During our down time, it's hard to plan a specific task because it is sporadic. Because we’re soldiers, we have learned to improvise and fill up our "mundane" time.

May I hear the drum roll, please ... here are the top 10 ways a soldier passes time.

10. Playing Video Games

With the evolution of handheld video game consoles, such as PSP (PlayStation Portable) or the X-Box, the old game of pin the tail on the donkey has disappeared. Many of my soldiers bought game consoles and held matches like "Halo" competitions. However, we still play the nostalgic games like strip poker, but please don't ask any more details.

9. Gym

Some of you may wonder how we keep our physique. Well, let me tell you, it's not the late night sandwich bar we go to or the wonderful Meals Ready to Eat (MRE), but it's the hours we spend in front of the mirror at the gym. I know it sounds vain, but in order for us to keep sane, we go to the gym to be healthy and ready for anything that comes our way. Basketball and soccer are also list-topping ways to break a sweat and wind down some time.

8. Watching Movies

Step aside Ebert and Roper. After being on a deployment and spending hours in front of our DVD players or laptops, I think we've mastered the art of critiquing movies. Thanks to the Internet and mail DVD providers such as Netflix and Blockbuster, we are able to keep up with the latest releases. Although we don't have the theater surround sound and I-Max screen, we improvise by finding a projector, a bed sheet and computer speakers to create our theater.

7. Chatting Online

The Internet has been a great tool for the soldiers to keep contact with the real world. We are able to communicate back home using programs such as MSN Messenger, AIM, and Skype. Also, blogging is a great asset for us to tell our stories. But on some days, after being with other soldiers for so long, we just wanted to explore the Web world and find different friends of interest; that's why...
I know I'm supposed to keep the "manly man" perception of us soldiers, but letters do really touch us.

6. Studying
We're not all Einsteins, but we're trying to get there. The Army is evolving into a smarter Army and the soldiers are aware of it. The Army has many joint programs from universities such as Maryland University and Central Texas University. Soldiers are able to start their general education courses to earn credits and be able to enroll into a college as soon as they get back home.

4. Teaching English to local children
English became the secondary language here in Kosovo after the civil war in 1999 and presence of U.S. forces. The only English the children know is the phrase, "Give me MRE!" (see #9), so a lot of my soldiers thought it necessary to teach some proper English to the children. The soldiers volunteer at different schools at least once a week and teach elementary conversation-English.

3. DJing at local radio stations
I know it's not like a Howard Stern gig, but we don't have the FCC to regulate us. However, we do keep our professionalism in representing our country. Being a radio DJ is a great opportunity for the guys to try out new jobs. Because of the language barrier, we have an interpreter on our radio shows. And we have groupies!

2. Writing and reading letters
I know I'm supposed to keep the "manly man" perception of us soldiers, but letters do really touch us. Whether it's through e-mail or hand written (preferred), a letter is personal and it's something the soldier carries with him. He can read over and over again reminding himself about that somebody he cares for back home. And many of you may remember the scene from "Forrest Gump" when Forrest is writing in the rain to Jenny, well that still happens. I've written in the rain, under the shining stars or in my sleeping bag with a flashlight.

5. Reading
Gameboy or PSP can only go so far. The problem with electronics is that the batteries run out. However, a book can be carried around anywhere and doesn't need recharging. Since I've been on this deployment I've read many books. Reading was another alternative to keep my mind active and sane from the mundane.

1. Writing articles
What better way to remember this adventure than by writing my own? This is my second year writing for the P.C.'s annual Holiday Issue and I've enjoyed the opportunity to share my experiences.

I hope you've enjoyed this glimpse into the lives of your American soldiers hard at work. We thank you for your support and we'll be home soon. David J. Kim is currently on a peace enforcement mission in Kosovo as the platoon leader of A. Co., 578th Engineer Battalion. He will come home to Los Angeles February 2006.
Everyone’s heard the stereotypes regarding life after marriage.

Having been married since Sept. 24, 2005, I’ve been able to confirm or reject some of these stereotypes, much to my chagrin or joy, you choose. So without further ado, let me announce ten things I’ve learned since getting married:

10. Yes, Dear!
No matter what the situation is, there is always one safe answer I can provide to my wife: “Yes, dear!” When you first start dating, certain “events” are determined jointly — where you want to go for dinner, what movies you want to see and other such monumental decisions are usually decided together. When you get married, however, those decisions are now decided by what she wants. Your only response? “Yes, dear!” It’s the safest path to take. Taking some other route can only result in the removal of certain privileges like sharing conversation (See: silent treatment) or sharing the same bed with your one and only true love.

9. Even if it’s deep fried dirt, dinner was delicious.
Although it becomes scarcer the longer you’re together, occasionally your wife will want to dust off the cooking utensils and do her best to make you a delectable meal to celebrate the end of yet another day in your relationship. In order to make these occurrences more frequent, I’ve learned to cherish these moments and make sure your wife knows you appreciate her efforts.

8. I now have two jobs.
When I was younger, my mother would often take care of menial tasks around the house such as taking out the trash, washing the dishes or taking the dogs for a walk. In fact, when my now-wife and I first began living together prior to marriage she would often let me relax and watch the games on TV or sleep while she took care of these annoying, yet necessary tasks. Now, however, it’s our duty to take care of these chores. In addition...
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Dear Diary:

Stringing words together for an article isn’t as easy as stringing popcorn.

Although both are often classified as hobbies and the rule of thumb is the same: Nothing can be too fluffy.

After nearly two years on the job at the Pacific Citizen, I am a veteran of rebuffs. You have to be when writing articles about hate-spewing shock jocks and make-up that makes you look and feel like a geisha. Insults bounce off of me like flubber and “No comment” means, “Yes, I will talk if you push me further.”

Behind the print, journalists will stop at nothing to spread the news (I draw the line at getting shot at) and the journey along the way is filled with humorous little tales I am willing to share now that my skin has grown thicker.

10. The quiet passing of a community pioneer
One balmy June afternoon the office phone rang and the shaky voice on the other end of the line said Lily Okura had died and then hung up before I could launch into a barrage of questions. Anonymous news tips are common in the media world and when received, they ignite a small explosion of adrenaline. Imagine what Woodward and Bernstein must’ve felt when they first received the phone call from Deep Throat. Lily had indeed died the same day I received that phone call June 14, 2005. I met Lily for the first time months earlier in a Chinese restaurant in the nation’s capital. She was there in March for the JACL/OCAC Washington, D.C. Leadership Conference to usher in new leaders with a soft handshake and a strong resolve.

9. Hunting down crooked immigration consultants and lawyers
Being a naturalized citizen, I know about the dangers of navigating those perilous government papers — one wrong inkblot and you’re likely to be deported to Siberia. The idea for “The Price of Becoming American” (May 6-19, 2005) was to expose immigra-
tion lawyers and consultants who scam money from victims with an American dream. To investigate the problem, I visited over a dozen local immigration help agencies asking for evidence of a state bond (as required by California law). One man pointed to a small fridge with five cans of soda and said he was converting his office into a convenience store.

Victims of any kind are usually reluctant to talk on the record, but Yoshi Noyori bared his soul because he had spent 14 years trying to become a citizen. The effects of a crime don’t come to light until you meet the victim and although some may think we sensationalize and muckrake here at the P.C., stories like these remind me that there’s a cause behind my writing.

8. Sniffing out a child prodigy

When I was six, I watched TV until my brain shut down and a little pool of drool gathered at the crook of my mouth, so you can imagine I was a little skeptical when I heard about six-year-old Marc Yu’s ability to channel Bach. Intuitively, I expected him to be a slave to his talent and therefore a social outcast who bit his toenails and sniffed his arm pits in public. Instead, I met a normal little boy for the article, “Musical Prodigy Hits all the Right Notes” (Aug. 5-18, 2005). That is, if you call a little boy who names Kandinsky as one of his mentors "normal." By the time I met with Marc and his mom, Chloe, the infighting had already begun with his mentors over who discovered his talent first and launched his career. I was instructed to talk to his publicist in order to get an interview clearance. Now Marc is enjoying a larger publicity circuit on national TV ("Oprah"). I think Danny Bonaduce’s career started out much the same way.

7. Cracking the whip on hate radio

I’m all for free speech. In fact, I practice free speech liberally when stuck in traffic or behind a slow moving vehicle. But nothing gets me more riled up than hate spewing shock jocks that wrap a slur in a yuk-yuk joke and then act indignant when people complain. I think it’s ironic that they thump the Constitution and chant the First Amendment, but turn a deaf ear to listeners who simply want a free forum to talk back. Over the years, I’ve written a few articles about loozy-goosy shock jocks, but the mother of all experiences came last year when I was trying to get a comment from KFI 640 AM’s Program Director Robin Bertolucci for a "whoopsie" one of her on-air employees made about a Japanese hot dog eating champion. On the phone, Bertolucci said the employee “blew it” and was punished expeditiously. Her colorful comments peppered the article, “Hate Radio” (Aug. 6-19, 2004) including my personal favorite: “I’m not sure what you want me to do. Do you want me to fire him?” Uh, yeah.

What didn’t appear in the final draft was our heated exchange about an on-air apology. Since the comment was made on-air, I asked Bertolucci if a public apology was warranted for the many others who heard the remark but had not complained. She said letters of apology were sent out and if I needed one to feel better then she could send one to me too. I usually keep my cool during interviews, but those were fighting words. I hung up the phone resolving to shake the sneaky out of KFI. I think my exact words were, “I’m going to bring them down.” Objectivity shmajaxetivity. Last I checked, KFI is still alive and louder than the voice of scientologists in Los Angeles, but I like to think I had them shaking in their boots for 2.5 seconds.

6. Starching for a killer

Jana Yoshizumi was just rekindling her tempestuous relationship with her father, Kenji, when he was killed in a hit-and-run accident. Her pixie voice was lined with so much pain for the article, in “Search of her Father’s Killer” (Nov. 5-18, 2004). We put Jana in touch with her councilmember to organize a flyer campaign to help find the killer who remains at-large. In an email update this August, Jana announced the happy news that she’s expecting a child — one week after her dad’s accident.

“Maybe the baby is my closure because it completes the cycle of life,” she wrote, but added she wished her dad had been able to meet his grandchild.

5. SLC youth conference

Youngsters + JACL event = good times!

For all those in doubt of my dedication, I hitchhiked to cover the dinner event featuring Rep. Mike Honda and did not get abducted. I love Utah!


The feature spotlighting Rachel Factor (Mar. 18-31, 2005) was originally a light Q&A about a JA woman’s one-woman show ironically titled to express the mesh of her cultures. She converted to Orthodox Judaism and found herself. Her intent for the title was to encompass and also break down stereotypes of the racially derogatory word (also the acronym for “Jewish American Princess”), but I made the focal point of controversy for the P.C. People wrote angry letters to us about Factor’s poor choice of a title, which may very well be so; but I have not seen the play yet, so I cannot judge.

3. Bai encounter and a trip to White Castle

Between you and I, Hollywood actors are all a little crazy. But Bai Ling scares me more than a little. I scored a one-on-one interview with her for “This Woman’s No Shrinking Violet” (Aug. 6-19, 2004) while she was promoting her Spike Lee film, “She Hate Me” and free-associated about how her famously scanty clad body was a house for eight little girls, one of which wears a mini skirt. Seriously. Another one-on-one with “Harold and Kumar Go to White Castle” star Kal Penn wasn’t quite as crazy. His publicist sat in the room with us, stared and took notes during the interview. I’m not used to being on the other side of a notepad, so Kal if you’re reading this, I don’t usually sweat so much.

2. In the presence of greatness

For Veteran’s Day we didn’t want to just have a barbeque. The idea behind, “Following in the Footsteps” (Nov. 2-Dec. 15, 2005) was to spotlight families who’ve given the ultimate gift of service to the country across the generations. Judge Okamoto invited me to his L.A. Superior Court chambers, took off his “moo-moo” and was disarmingly candid with his views on war. It was the first time I met a veteran who wasn’t what he called a “rah-rah super patriot.” I admit that sitting in the shadows of his 14 medals, I teared up.

1. Finding the little girl in the photo

There’s a photocopy of the famous photo on my bulletin board at home. I stare at it when I have writer’s block. When I found out the name of the little girl, I had to find her: I called every “Llewellyn” in the phonebook, Googled and Yahooed, sent e-mails and begged. One morning, a message was on my desk that Yuki had called and I screamed. When I got her on the phone, I screamed again — on the inside. Meeting her for coffee was like meeting Mona Lisa herself. While we had coffee and recounted her experiences at Manzanar, I wanted to pinch her to see if it was real, but you know, that would just be weird. My favorite moment: when I asked for permission to take her photo, she joked, “Do you think I have a problem with having my picture taken?”

Pacific Citizen • Holiday Issue • December 2005
Season’s Greetings ~ Raymond and Yoshiko Uno ~

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Winter Holiday Issue, December 2005
Marriage survival lessons Joe has learned...

7. Every outfit looks great.

This one's a given. If ever my wife tries on an outfit and asks me for an opinion, I know better than to give her anything but a positive response. Once, I dared to question an outfit she tried on. Honesty has always been the best policy, right? No. After glaring at me for what seemed to be an eternity, she exploded at me with question after question regarding my stupid response. What's wrong with it? What else should I wear (as if I knew every detail of the hundreds of articles of clothing that line her closets)? You mean you never liked this outfit? Why didn't you tell me before? To save time and anguish, I've now decided that every outfit looks fan-freakin-tastic.

6. My schedule now requires approval.

When I was a bachelor, I would go out with my friends to a club or to play basketball or any number of activities that guys do on a regular basis with no question. Since getting married however, the situation has changed. Now that I have two families, I have to check my schedule and get it approved by my wife before making any plans with the boys. Once I get final approval, I'm free to go wherever I want, as long as the activity is approved by my wife.

5. Women don't always groom.

When I was in high school, I used to think that women had naturally smooth legs. I never saw a woman with hairy legs and I was perfectly fine with that. When I got married, I learned that women have to actually shave their legs to get that smooth, silky feel to their legs and sometimes, they don't care enough to do this since they no longer have to impress you. Once, shortly after marriage, my wife didn't shave for a few weeks — one of which was on our honeymoon. I never knew leg hair could grow so fast.

4. For at least one week a month, my wife gets whatever she wants.

Any guy who has ever had a long-term relationship or has a mother can attest to the fun that comes from that one-week period each month, give or take a day. It's that "time of the month" when the man in the relationship gets to do exactly what his wife/girlfriend/good friend/mother allows him to do. Nothing more. Nothing less. Failure to yield to this philosophy can result in the removal of body parts, pride or other privileges (See #10). Marriage doesn't change this one iota.

3. It really isn't the thought that counts.

This little colloquialism is cute when you're dating, but when you're married you're expected to know what your wife does and does not like. No matter how much "thought" you put into your gift if she doesn't like it, you're an idiot. Weren't you paying attention for the past (fill in the blank) number of (months/years/or if she's really cruel, days)?

2. No woman is as beautiful as your wife.

This one's simple. No woman, outside of your mother — a safe zone in cases like this, is as beautiful as your wife. Try to disparage other women in front of your wife with phrases like, "How can she wear that?" or "What kind of message is she trying to send with that short little dress?" When you're dating a slipup results in the silent treatment for 15 minutes. When you're married, the penalties are much more severe, such as a swift kick to certain areas or the turning of a whole family-in-law against you.

1. My wife is always right.

Arguing is a fun hobby when you're dating. One of the reasons for this is that if it ends up being a real fight, you can just go home afterwards or go to your friend's house to laugh it off. When you're married, you don't get that option. You have to come home and face the music. To save time and — again, anguish — I like to repeat one of these little sayings to myself, "My wife is always right" or, "God will punish her and all the other sinners in the end." Either one of these allows me to get a good night's sleep lying in bed right next to her where I hope to spend the rest of my life.

CRAIG (Continued from page 13)

to my regular job, as unfair as it may seem, I also have duties around the house.

7. Every outfit looks great.

To save time and — again, anguish — I like to repeat one of these little sayings to myself, "My wife is always right"...

— JOE CRAIG, professional husband
 Hirahara
(Continued from page 5)

with dividers and larger print.


What’s in a name, especially a Japanese name? Metaphors, symbols, and usually nature. I’m passionate about names, and wish that everyone with a Japanese surname could at least know its meaning. For those who know how to write kanji, I would recommend P.G. O’Neill’s “Japanese Names.” Although the characters for both my maiden and married surnames are not noted in the book, it is still helpful with more common names. A must for those doing research in the Japanese language.

The popular “Japanese Names for Babies” is great for first names and expectant parents searching for appropriate Japanese names. Written by Aiko Uwate, the wife of cook and radio broadcaster Matoa Uwate, and Koichi Takeuchi, the president of TV Fan magazine, the second edition also includes Japanese cultural information.

7) “Crow Boy” (Viking, 1956) or virtually any book written by Taro Yashima

One of my favorite picture books is “Crow Boy,” Taro Yashima’s account of a small boy nicknamed Chibi in an old Japanese village in Kagoshima. Maybe because I myself am a chibi (little one), but I feel “Crow Boy,” a Caldecott honor book, resonates with both young and old. Its drawings are captivating; there’s a poignancy and yearning in this simple tale. (The father of the actor Mako, Yashima was imprisoned in Japan for his views critical of the country’s rising militarism.) His other books, which include the “Umbrella” (another Caldecott honor book) and “Momo’s Kitchen,” are also equally charming.

6) Toshio Mori’s “Chauvinist and Other Stories” (UCLA Asian American Studies, 1981)

Clothed in a simple green cover, “The Chauvinist” is slim and compact, much like the writing style of Mori’s short stories. Mori’s work sometimes sounds like a reedy shakuhachi, deeply felt from the pit of one’s stomach. He beautifully recounts the life of gardeners in the city and farmers in California valleys. While “The Chauvinist” is out of print, you can still easily purchase his other short story collections, “Yokohama, California” (University of Washington Press, 1985) and “Unfinished Message: Selected Works of Toshio Mori” (Heyday Books, 2000).

5) “No-No Boy” by John Okada (University of Washington Press, 1978)

Every Sansei and Yonsei who went to college from the ‘70s and thereafter has heard of John Okada’s seminal work. At my alma mater, Stanford University, the Asian American dormitory, Okada House, was named in this Seattle native’s honor. “No-No Boy” opened our eyes to a flawed and passionate character who actively wrestled with his ethnic identity and past but was not solely defined by this struggle. More than being a No-No boy, the protagonist is a World War II draft resister who had been imprisoned in a federal penitentiary. Interestingly enough, Okada himself had served in the U.S. military intelligence in the Pacific. Some literary criticism has questioned Okada’s depiction of women, but I, for one, think it’s important to have some JA literature infused with machismo and rage.

4) “Seventeen Syllables and Other Stories” by Hisaye Yamamoto (Rutgers University Press, 2001)

Along with her close friend from Poston, Wakako Yamauchi, Hisaye Yamamoto is one of Southern California’s local literary heroes. Also published in many Japanese vernaculars, Yamamoto also received mainstream success, being one of the first Nisei to be published in the Paris Review. In addition to her sharply drawn characters, Yamamoto has a wonderful sense of place, whether it be in a concentration camp or Little Tokyo.

3) Michi Nishiru Weglyn’s “Years of Infamy” (University of Washington Press, 1976)

Like a sharp sewing needle and thread being stitched through thick cloth, “Years of Infamy” draws a reader through the mass exodus of JAs during World War II. Weglyn’s elegant writing style, both academic and revisitive at the same time, keeps the pages turning. Like other groundbreaking work mentioned in this list, there’s something indeed timeless about “Years of Infamy.” While there are countless numbers of interesting and illuminating nonfiction books on the forced removal of JAs, Weglyn’s book, showcasing her painstaking research, was one of the first.


During the ‘60s and ‘70s, most households had their set of World Book encyclopedias. Our family did, and I loved it. I would randomly choose different letters of the alphabet and see what kind of knowledge they had to offer. Editor Brian Nilya, in conjunction with the Japanese American National Museum, has compiled a one-book resource on JA history that is a must-have for every household. Originally published in 1993, it was updated in 2000 and is available in both soft and hard cover. The hard cover version is a little pricier, but worth every dime because you will be referring to it so many times. Also helpful is its comprehensive timeline that helps to contextualize the entries.

1) “The Best Bad Thing” (Aladdin, 1993) or virtually any other book written by Yoshiko Uchida

Yoshiko Uchida is indeed the grand dame of JA children’s literature. Over her storied career from 1949 to 1987, she wrote 26 books for young people, two for adults (“Desert Exile: The Uprooting of a Japanese American Family”) and “Picture Bride”). Her prose is simple, down-to-earth, and extremely accessible. Since JA life is often not only about one’s nuclear family, but the larger community, “The Best Bad Thing” does a wonderful job of painting these extended relationships through the viewpoint of a Nisei girl, Rinko, in East Oakland. The book, in fact, was turned into a public television movie produced by Cinar Productions, Inc. in association with NHK & WQED, and would be a good addition for teachers and parents seeking to teach their children that sometimes the worst thing can turn into something good. ☀

Naomi Hirahara is the author of the Mas Arai mystery series (Bantam Dell). Her first novel, “Summer of the Big Bachi,” was nominated for a Macavity mystery award and was featured in the Publishers Weekly’s list of best books of 2004, as well as best mystery lists of the Chicago Tribune and San Francisco Chronicle. The second in the series, “Gasa-Gasa Girl,” was published this year and the third, “Snakeskin Shamisen,” will be released in April 2006. A previous editor of the Rafu Shimpo daily newspaper, she also has produced six nonfiction books on the JA experience.
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Top 10
Japanese Americans I Respect Most

By EMILY M. MURASE, PhD

Top 10 lists are by definition subjective. I am not proclaiming that my top 10 list is the most comprehensive or distinguished, but I do hope it will inspire readers to ponder their own list of who they most respect in our Japanese American community. Indeed, we have many giants in our community who have contributed in unique and significant ways to the fabric of our society. I focus on just a few noteworthy community activists, artists, scientists, corporate executives, and politicians. In my mind, all of the following people rank in the same leadership stratosphere but I have ordered them for simplicity.

No. 10: Lillian Kimura
Those who have worked with Lillian Kimura will not soon forget her unwavering commitment to civil rights and anti-racism that continues today. She testified at the landmark United Nations World Conference Against Racism in South Africa and worked tirelessly to promote the interest of women and girls as a director of the national YWCA board. A long-time leader in the JACL New York chapter and Eastern District Council when I met her, Kimura was the first woman to be elected national president of the JACL in 1992. She remains active in the JACL and resides in a suburb of New York City.

No. 9: Isamu Noguchi, 1904 - 1988
Born to a Japanese poet and American writer at the turn of the century, Isamu Noguchi was an internationally acclaimed sculptor and designer who celebrated the mix of East and West through his abstract sculpture, public art, and innovative interior artworks. Commemorated on U.S. postal stamps in 2004, examples of his design have influenced generations of artists. The Isamu Noguchi Garden Museum (www.noguchi.org) in Long Island City, just across the bridge from Manhattan, is an inspiring yet tranquil refuge where Noguchi’s work can be fully appreciated.

No. 8: Yuri Kochiyama
Following incarceration in Jerome, Arkansas during World War II, civil rights activist Yuri Kochiyama lived in Harlem for over 40 years and worked alongside Malcolm X, fighting injustice against the African American community, locally, nationally, and internationally. This year Kochiyama, who now resides in the San Francisco Bay Area, was nominated for the 1000 Women for the Nobel Peace Prize and continues to inspire others to fight injustice.

No. 7: Philip Kan Gotanda
For over 25 years, Philip Gotanda has been creating theater that illuminates the Asian American experience. The poignant play The Wash, depicting the tension between traditional Japanese values and American culture, was later turned into a film starring Mako. With plays performed on experimental, national, and international stages, Gotanda continues to create innovative partner-
ships with a wide array of leading international artists. Currently he is working on a collaboration with Maestro Kent Nagano of the Berkeley Symphony & Berlin Philharmonic entitled “Manzanar: An American Story.”

No. 6: Ruth Asawa

Ruth Asawa is one of San Francisco's leading sculptors, known for her public art and commitment to arts education throughout the community. In the heart of San Francisco's Japantown, the waters from Ruth Asawa's innovative origami fountains flow river-like along the pedestrian mall. As early as elementary school, Asawa began to receive recognition for her artistic talent which she continued to demonstrate even while incarcerated at Rowher, Arkansas at the age of 16 during WWII. Another example of her dedication to the causes of equal opportunity, education, childcare, and the environment and is perhaps best known as the co-author of Title IX, also known as the “Patsy Mink Act,” the landmark 1972 legislation that prohibited gender discrimination in federally-funded colleges and universities, including athletic departments. In total, she served in Congress for 24 years until her death in September 2002. The Patsy Takemoto Mink Foundation for Low-Income Women and Children carries on her legacy by providing scholarships to low-income women pursuing education at all levels (http://www.ptmfoundation.net).

No. 5: Ellison Onizuka

A native of Hawaii, Ellison Onizuka was a distinguished pilot in the U.S. Airforce before joining the National Aeronautics and Space Administration in 1978. In 1985, he became the first JA in space, orbiting the earth 48 times during his first flight on the Space Shuttle (Discovery). Tragically, on Jan. 28, 1986, he and all the crew of the Space Shuttle Challenger died when the ship exploded less than two minutes after launch. A street is named in his honor in Little Tokyo in downtown Los Angeles. Posthumously awarded the Congressional Space Medal of Honor, the heroism Onizuka demonstrated in the service of his country will be remembered by all of us.

No. 4: Tsuyako “Sox” Kitashima

“Sox” Kitashima was the indomitable force behind the National Coalition for Redress & Reparations, a grassroots organization that played an integral role in the successful campaign to win redress for the wartime incarceration. As did countless members of her army of volunteers, I, too, sat beside her at her dining room table handwriting and addressing letters to members of Congress urging passage of the landmark legislation granting redress. In 2003, Kitashima, with Joy Morimoto, published her biography entitled “Birth of an Activist: The Sox Kitashima Story,” through the Asian American Curriculum Project. Kitashima continues to reside in San Francisco's Japantown.

No. 3: Glen S. Fukushima

Truly a “Bridge Across the Pacific,” Glen Fukushima has had an unparalleled career in government and business. As deputy assistant U.S. trade representative for Japan and China, Fukushima dedicated himself to opening Japanese markets to U.S. products and services. Much to the surprise of those on the other side of the negotiating table, he was unafraid to employ his perfect Japanese language abilities. He left federal government to become regional director for Public Policy and Market Development with AT&T Japan in Tokyo. I met him when I joined the company in 1990. Ever since then, he has been an invaluable mentor to me throughout my career. Today, he is president and CEO of Airbus Japan, leading the Japan office of the European aircraft giant.

No. 2: Congresswoman Patsy Takemoto Mink, 1927-2002

Patsy Mink became the first Asian American woman elected to the Congress in 1964, at the height of the Civil Rights Movement. A talented attorney, she was first elected to the House of Representatives and later Senate of the Territory of Hawaii before statehood was realized in 1959. She dedicated herself to the causes of equal opportunity, education, childcare, and the environment and is perhaps best known as the co-author of Title IX, also known as the “Patsy Mink Act,” the landmark 1972 legislation that prohibited gender discrimination in federally-funded colleges and universities, including athletic departments. In total, she served in Congress for 24 years until her death in September 2002. The Patsy Takemoto Mink Foundation for Low-Income Women and Children carries on her legacy by providing scholarships to low-income women pursuing education at all levels (http://www.ptmfoundation.net).

No. 1: Senator Daniel K. Inouye

Now the third most senior member of the U.S. Senate, Daniel Inouye is widely respected for his heroic service to our country, in the military as well as in the halls of Congress. A member of the legendary U.S. Army 442nd Regimental Combat Team, better known as the “Go For Broke” regiment, Inouye lost his right arm in combat after leading countless heroic assaults, including the rescue of the “Lost Battalion” in the French Vosges Mountains. In 2000, he received the Medal of Honor, the nation’s highest honor for military valor, from President Bill Clinton. Having served in the Senate continuously since 1962, Sen. Inouye has dedicated himself to ensuring the rights and welfare of the Hawaiian people and improving the military establishment on behalf of all Americans by focusing on national defense policies.

So that’s my list. Who would be included in yours? As we enter into a New Year, let us take a moment to reflect on the many JA leaders who have and continue to shape the world around us. Let us, too, aspire to become such leaders.
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HOLIDAY GREETINGS
From
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Easton ... any fshere it would still be growing
Kiss Me, I'm Okinawan

By YUMI SAKUGAWA

Although I usually tell people that I am Japanese American, technically I am half-Okinawan, half-Japanese. But saying that will only bring a confused look to most people.

A lot of people do not realize that there is a slight distinction between being Okinawan and being Japanese. Although this southernmost island technically is a part of Japan, Okinawa used to be its own independent nation called the Ryuku Kingdom with its own distinct culture and language, owing its origins more to China and the Philippines than mainland Japan.

It wasn't until 1879 that the Ryukus were disposed and the Okinawan pre-fecture was established. Although its native language is nearly extinct and Okinawa has assimilated into mainstream Japanese society, much of its original cultural elements are still retained to this day.

One thing I immediately picked up during my two and a half week stay in Okinawa is just how proud Okinawans are of being Okinawan. And heck, why wouldn't they be? It's one thing to be proud of where you come from, but not everyone can boast ancestry from a lush island that is surrounded by an emerald-sapphire ocean rich with coral reef and abundant sea life.

Maybe it's just the whole small tropical island mentality. Coming from a beautiful, tropical and humid place just makes things ... funkier. Or something.

1. The people: This is an easy one, as a lot of my family live here and they are the main reason why I come to visit in the first place. But even if you don't have relatives in Okinawa, the people in general are friendly, laid-back and welcoming. For someone who has been living smack-dab in the middle of Los Angeles for the last two years, it is a leisurely change of pace. Maybe it's something about being within immediate vicinity of a beautiful beach with no smog, congested traffic or stuck-up scenesters that just makes people friendlier and less closed off? Just a small hunch.

2. The beaches: The beaches of Okinawa are amazing. You know those breathtaking photo shots of beaches that you always see on those vacation brochures that look too good to be true? It's like that — but better.

3. Shisa: Every Okinawan household and storefront has a shisa figurine, whether large or small, of a gargoyle-like beast on its front steps or rooftops as spiritual protectors of the household. You know a place is awesome when they still utilize guardian spirits to ward off evil spirits.

4. Goya: Just as Koreans love their fermented cabbage, Okinawans love their goya — a dark green, intensely bitter gourd that is mainly used in stir-fried dishes but even used in smoothies and sported on key chains and T-shirts like some kind of weird, national food mascot.

5. Eisa: Eisa is a spiritual folk dance that is performed during Obon, the Festival of the Dead, which takes place during the midsummer months. Men dance vigorously and beat on their handheld drums while women dance and sing to the rhythm of the beat. I had a chance to catch an Eisa street festival the last time I went to Okinawa — and let's just say there's nothing sexier than a man donning full Okinawan regalia sweating to the music.
It's one thing to be proud of where you come from, but not everyone can boast ancestry from a lush island that is surrounded by an emerald-sapphire ocean rich with coral reef and abundant sea life.

6. **Awamori:** the national distilled liquor of Okinawa. No explanation needed.

7. **“Joutou”**; an Okinawan word that roughly translates to “very good.” If you really want to be hardcore Okinawan, you can casually throw that into your daily vernacular like any other native speaker.

8. **Okinawa Churaumi Aquarium:** Located in the Ocean Expo Park of Nago City, Okinawa. Churaumi Aquarium boasts one of the largest aquariums in the world. It is one of the only places where you can watch whale sharks, a school of manta rays and other sea life swim before your eyes without buying expensive scuba gear.

9. **Kokusai Street:** This is a sort of downtown district crammed with tourist shops, restaurants, karaoke bars, nightclubs and food markets. It is one of the few places in Japan where things become more alive after ten o'clock at night. You can walk through meat markets where whole pig heads are displayed on a block of ice. Or you can buy traditional Okinawan glass jewelry in an antiques shop. It is probably one of the touristiest things you can do here, but definitely an exciting place to explore if it is your first time here.

10. **The fact that every Japanese famous person and their mother seems to come from Okinawa:** No, seriously. In the 90’s, there was a J-pop music boon of Okinawan-bred musicians such as Amuro Namie, Speed and Da Pump. Current famous Okinawan-bred music group is a rap-pop music duo called HY. It must be the island thing... ⚡

Yumi Sakugawa is a former Pacific Citizen intern and is currently attending UCLA.
of the most important things I do at Densho is visit classrooms and talk with students about the Japanese American story. This is important because it is here where the future of our communities is shaped. I remember that when I first started going to these classrooms, I took it perhaps too seriously and bored the kids with a detailed lecture. Gradually I learned that students pay better attention when I show interesting video clips from Densho’s interviews and images from our historical photograph collection. And then rather than me just talking, I encourage students to ask questions or make comments. This not only makes it more engaging for the students but it usually leads to an interesting discussion about our country today.

This is the part I love because Densho is more than just preserving the past, it is really about inspiring the future.

Because I can’t show video in a newspaper, I thought I would provide examples of some of the historical photographs that I bring to the classroom.

I like to start by showing students the photograph of the family proudly sitting in front of their car. This brings up a conversation about how in the late 1800s, Japanese started immigrating to Hawaii and the West Coast of the United States and how they established thriving communities amidst discrimination.

The second photograph directs the discussion to the aftermath of the bombing of Pearl Harbor. Within hours, the FBI searched homes and picked up Issei men. The FBI eventually picked up over 5,500 Issei and placed them in Department of Justice and War Department internment camps.

A few months after the attack at Pearl Harbor, notices started appearing on telephone poles and on the sides of buildings. This third photograph elicits questions like, “How long did people have to get ready? What could they take? Did people resist?”

I show the fourth photograph because I want students to see that children were also incarcerated. Of the people in camp, over half were children and two-thirds were U.S. citizens.
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The Original 101 Ways to Tell If You’re Japanese American

By JENNI “EMIKO” KUIDA and TONY OSUMI

It’s been almost ten years since we wrote the “Original 101 Ways to Tell If You’re Japanese American” list. It traveled through the JA community like wildfire. It was exciting to hear how families connected with the list and each other as they shared stories and laughter. But a lot has changed since 1996.

Many Nisei are no longer with us, Sansei are thinking about retirement, and Yonsei are coming into their own. And no longer a twinkle in our community’s eye, the Gosei are here, but do they even use that term?

So how relevant is the 101 list to younger Nikkei who never shopped at Fedco, ate at old chop suey joints like the Far East Cafe, or owned a Members Only jacket?

May be a new list is needed. One written by a newer generation that is no less JA — just different. Just like the Nisei experience was different than the Issei. Come on Yonsei and Gosei, boot up your Blackberries and give it a go.

The list is not really an end in itself. In the original introduction we wrote: “Although written in good fun, understanding what it means to be JA helps define who we are as a community and the issues we face. More importantly, as we further study Japanese/Asian American history, we might begin to see current issues like immigrant-bashing, attacks on civil rights/affirmative action and the growing concentration of wealth and resources upward to a select few, in new ways.”

Well, maybe things haven’t changed that much. There’s still work to be done.

1. You know that Camp doesn’t mean a cabin in the woods.
2. The men in your family were gardeners, farmers or produce workers.
3. The women in your family were seamstresses, domestic workers or farm laborers.
4. Your Issei grandparents had an arranged marriage.
5. One of your relatives was a “picture bride.”
6. You have Nisei relatives named Keiko, Aiko, Sumi or Mary.
7. You have Nisei relatives named Tak, Tad, George, Harry or Shig.
8. You’re Sansei and your name is Janice, Glen, Brian, Bill or Kenji.
9. You’re thinking of naming your Yonsei child Brittany, Jenny, Lauren, Garrett or Brett with a Japanese middle name.
10. All of your cousins are having Hapa kids.
11. You have relatives who live in Hawaii.
12. You belong to a Japanese credit union.
13. Your parents’ or grandparents bought their first house through a tanoshi.
14. The bushes in your front yard are trimmed into balls.
15. You have a kaki tree in the backyard.
16. You have at least one bag of sembei in the house at all times.
17. You have a Japanese doll in a glass case in your living room.
18. You have a Neko cat in your house for good luck.
19. You have large Japanese platters in your china.

Uncle Shig & Auntie Aiko sculpt front yard trees into balls.

Hapa Kids... break out the Salopolis & the Tiger balm soon.

Grandpa & Grandma met through an arranged marriage and now go on Manzanar pilgrimages every year.

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See KUIDA & OSUMI/Page 82
Hello! Welcome to my list of the top ten Asian Pacific American toys. Please keep in mind these are my favorites. I am just a fan. This is not like the American Film Institute's Top 100 films that got everybody into an uproar.

1. Sonya Lee

Sony Lee is part of the new Fisher Price Little People line, and she wins the top spot for me. No, she's not as beautifully sculpted as a McFarlane Toys' Paul Kariya. She isn't an historical figure such as the 442nd Infantry Nisei Soldier. You can't even dress her up like Gia. However, this little girl is a mainstay of the Little People line and can be seen in a variety of non-stereotypical activities such as sailing, training dogs in a circus or being a veterinarian. She's a wonderful toy that children will love and that APA children will relate to.


A fitting tribute to one of the greatest APA representations on television. Lt. Hikaru Sulu was the helmsman of the Starship Enterprise in the 1960s "Star Trek" series. He broke all the stereotypes and eventually, in the "Star Trek" movies, went on to captain his own starship — the Excelsior. While I've never thought any of the Sulu figures have really done him justice, this sculpt is the closest one yet. On the back of the box is a history of "Star Trek," which makes you appreciate Sulu even more and his part in the well-crafted mythos. On the inside flap is a short pictorial biography of Sulu himself — a great tribute!

3. "Charlie's Angels" Signature Looks Alex

I remember growing up wishing there was an APA Angel working for Charlie and the Townshend Detective Agency. So it was wonderful to see in 2000 that one finally made part of the gang. Lucy Liu plays Alex, the tough, smart and beautiful Alex in the movie version. JAKKS Pacific released a line of dolls based on the Angels, but Alex is the most popular. While you can still find Wave 1 of Dylan (Drew Barrymore) and Natalie (Cameron Diaz), it is virtually impossible to find one of Alex (unless you go on eBay or some other auction site). You can still find some of the second wave, but they're going fast. This is one hot toy!

4. G.I. Joe 442nd Infantry Nisei Soldier

After almost two decades, Hasbro has returned G.I. Joe back to 12-inch form. While the 12-inch Joe of the 60s and 70s focused primarily on action play, the new figures focus primarily on military history and tributes. But, up until recently, the featured Joes were mainly either White or Black. Then, in 1998, Hasbro released the 442nd Infantry Nisei Soldier. The 442nd was the famed World War II unit of Japanese American soldiers who proudly served in the U.S. military despite the terrible hardships of internment. At the end of the war, they became one of the most decorated units, receiving over 18,000 decorations. The figure is very nicely sculpted, including a scar on the right cheek. The presentation of the figure is even better with a wonderful historical sketch on the inside flap. It's a stirring tribute to a group of brave individuals who deserve to be remembered and honored.

5. "Mulan" Deluxe Warrior Training Set

Not only was the movie good, but the toys were equally as wonderful. "Mulan" had a full range of dolls, action figures, play sets, happy meal toys and so on. The Mulan Deluxe Warrior Training set is my favorite because it not only contains figures of Mulan and Li Shang, but also the wonder-ful Yao, Ling and Chen Po. This is a great toy set that both girls and boys can enjoy. Sometimes I get discouraged when I go into stores like Toys R'}
Top 10 Breakfast Joints

Whether it’s waffles, bacon and eggs, or corned beef hash, this author looks forward to a breakfast meal anytime of the day. So let’s get crackin’!

By CAROLINE AOYAGI-STOM
Executive Editor

My taste in foods runs a wide gamut and I equally enjoy a good Japanese, Italian, or Indian meal. But above all my favorite type of foods to eat are breakfast foods. Give me a plate of stuffed French toast with a side of hash browns and I’m truly in seventh heaven. For me, bacon and eggs, pancakes, and omelettes are truly magnificent foods.

Luckily my passion for breakfast foods is equally shared by my husband. Our first date was at one of my favorite breakfast joints and while we were dating we would frequently head to the latest breakfast place our friends or family members had recommended. Before our honeymoon in Hawaii we prepared a list of local breakfast places and made it a priority to visit each and every one of them. It was a gustatory experience!

Over the years I have amassed a number of favorite breakfast places and below is a list of my 10 favorite breakfast joints. Of course this list is only a small sampling of all the great breakfast places across the country (I can’t get to them all!) I grew up in Toronto, Canada and currently live in Southern California so many of the places will be prejudicial to these areas. But it’s my own personal list and I, of course, would love to hear of other great places from fellow breakfast lovers.

1. Mama’s on Washington Square, 1701 Stockton Street, San Francisco, CA, 415/362-6421
My husband found this great breakfast place during one of our visits and we’ve been regulars ever since. Mama’s serves a wide variety of breakfast dishes to satisfy all eaters including omelettes, waffles and pancakes, and eggs benedict. My favorite is the banana nut bread French toast with a side of their breakfast potatoes. They also make their own jam but you’ll likely have to order some ahead of time since they usually sell out. If you are in the area prepare for at least an hour’s wait since long lines start to form early here.

2. The Cottage, 7702 Fay Ave., La Jolla, CA, 858/454-8409
My girlfriend and I discovered this place during one of our trips to this beachside city. At the time it was rated one of the top ten breakfast places in the United States. And this place does not disappoint. All the breakfast choices are a can’t miss but my favorite is the strawberry stuffed French toast and the Belgian waffles. It’s nestled in a residential area of La Jolla, so just look for the huge crowd of people waiting outside. You may end up waiting up to an hour but the owners have coffee and muffins for those waiting for a seat.

3. Caffé Latte, 6254 Wilshire Blvd, Los Angeles, CA, 323/936-5213
This restaurant is a special place for me since it’s where my husband and I had our first date. One of my girlfriend’s recommended this place and
I recently took my family to New York City to show our kids the city where I attended graduate school in the early '80s. Although our kids enjoyed the excitement and sights of the city, they both remarked how much they preferred their lifestyles back home in Arizona. They both agreed, however, that visiting other cities was fun and informative. On that note, I would like to share with you my Top Ten reasons (a la David Letterman) for coming out to Phoenix, Arizona for the JACL National Convention, June 21-24, 2006.

**Reason 10.** Treat yourself to this fantastic opportunity to stay at the gorgeous Sheraton Wild Horse Pass Resort and Spa for just $95 per night (see www.wildhorsepass.com). This four star resort is enriched by local Maricopa and Pima Indian colors, textures and designs throughout the resort and each room contains authentic local Pima or Maricopa Indian artwork. Within the resort is a five star restaurant, Kai, and a lavish spa, Aji. There are two championship 18 hole Troon managed golf courses, as well as the Koli Equestrian Center where one can see breathtaking views by horseback (there are still 1,500 wild horses that roam the reservation). The Gila River Casino is just a short ten-minute walk, short shuttle ride or relaxing canal boat ride on a river meandering from the resort to the casino.

**Reason 9.** Enjoy a real western style barbeque at our kick-off Welcome Mixer which will be held at Rawhide. Rawhide is a well-known Western Town (see www.Rawhide.com) that is in the process of moving from Scottsdale to the Gila River Indian Community. This will be a great opportunity to re-connect with JACL friends from throughout the country and to make many new friends as well. Look forward to live western music, line dancing, western style barbeque and a best dressed JACL "cowboy and cowgirl" contest. Rawhide has many shops, games and shows that JACL 2006 attendees may also choose to participate in.

**Reason 8.** "Phoenix Rising: Leadership for a New Generation" is our theme for JACL 2006. We are working with the national JACL youth council to incorporate as many of their ideas as possible to make JACL 2006 a fun event for our youth. Look for at least one activity each day for JACL youth. We have already planned a special youth Welcome Mixer which will begin a few hours after the main mixer and our JACL 2006 Convention Planning Committee is committed to making this convention a fun event for youth of all ages.

**Reason 7.** Learn something new at our unique workshops with a southwestern flair. Our JACL 2006 Workshops Committee Chair, Dr. Karen Leong (director of the Asian Pacific American Studies Program at Arizona State University) is developing workshops such as: "Native Seeds: How have indigenous peoples sustained themselves in the Southwestern Desert?" and "Shared History: American Indian and Japanese American experiences of internment at Gila River and Poston." There will be several other innovative workshops offered.

**Reason 6.** The 2006 Convention Chair Ted Namba is dwarfed by some of Phoenix's local cacti. He's hoping JACL members, family and friends take time to visit the state this coming June 2006.
Top 10 Common Japanese Phrases

By TIM KOIDE

As a young Yonsei growing up in a half-Japanese world, my exposure to the residuals of a Japanese culture — dwindling through intermarriage and transcontinental movement — was rather subtle. There were however absolutes that tied me to the rest of the community no matter how far away, or how pure the blood: the rice cooker (or rice cookers) that were always steaming at dinner time, an Uncle Norm and an Auntie Ruthie, the occasional potluck dinner with the mini corns in the salad, the container of See’s candies on the dining room table, and the long chopsticks kept by the spatulas that I never seemed to be able to find at my friends’ houses. These remnants of the old country have been and are simple, pragmatic parts of life; I like rice, and so I have a rice cooker, etc.

These physical manifestations of the culture, in my mind, are not as poignant, perhaps, as the ways that I have come to communicate with and understand my grandparents — as my grandpa always tells me, “I never learned English or Japanese totally.” (To my grandmother’s credit her mastery of English may exceed even that of her cultured, well-mannered children — none of whom can speak Japanese.) Thus, like most Japanese American children who have engaged in conversation with their Nisei grandparents, I was exposed to a scope of words that I believe have become a JA lingua franca that not only unites our communities and families by the tongue, but also by the heart.

I was exposed to a scope of words that I believe have become a JA lingua-franca that not only unites our communities and families by the tongue, but also by the heart.

1. Shikata ga nai; or Shoganai — a phrase that my grandparents often use when they can’t find a parking space, or when the rice turns out a little too dry;
2. Kusai — the emerging aroma of opening a refrigerated tupperware of day-old rice;
3. Chinameshi — the food we always eat for celebrations; the fancy option to fried chicken and rice balls;
4. Urusai — everyone has a cousin that is described this way; a feature of human behavior that usually is exhibited at family events at a chinameshi place and results in grandma or grandpa saying, “shikata ga nai”;
5. Tonari hito — the person who keeps parking their car in front of grandma and grandpa’s house, or lets their hedge clippings fall in their yard;
6. Hakujin — this is either mom or dad, and usually ends up being the one who votes for fried-chicken over chinameshi and has the guts to talk to tonari hito about not parking their car in front of grandma and grandpa’s house anymore;
7. Benjo — this is where everyone goes before a trip, and usually produces similar sensations as the tupperware rice situation;
8. Gohan — what grandma yells when it’s time to turn the tennis match off and go to the benjo to wash up; a component of every dinner;
9. Ohashi — fun to play with at the table, which if done improperly warrants an “urusai” from grandma; something that the Hakujin just never really gets the hang of; and
10. Baka — I think I heard grandma say this a few times growing up (like when he found the dent in his car that I put there coming back from my urusai cousin’s house); the main option to shikata ga nai.

Tim Koide is a member of the JACL Mt. Olympus chapter, and is currently enrolled as a student at Brigham Young University majoring in Asian Studies and Japanese. He was born in Berkeley, Calif., but grew up primarily in State College, PA, the home of Penn State University where his father is a professor of ecology. He plans on attending law school in 2007 hoping to focus his studies on international mediation with an emphasis on East Asian policy.

Pacific Citizen Holiday Issue, December 2005
Top 10 Reasons to Marry a Haole

By BRANDY YAMAMOTO

"Haole" in Hawaiian Pidgin means "White" or "Caucasian"; it can be used descriptively or derivatively, but we use it as a term of endearment for our beloved husbands.

Sure there are ups and downs in every marriage but once your parents can accept that your husband is not the "Shiroi Akuma" or "Quai La," everything else is just gravy.

The Haole Hubby Club (www.haolehubbyclub.com) was formed as a place to share stories addressing the challenges that occur when two cultures collide. Sometimes hilarious and yet sometimes tense or awkward, the underlying theme is love prevails and laughter always follows. The Haole Hubby Club aims to cross the racial divide and celebrate mixed marriages.

Growing up in Hawaii, I usually dated local Japanese boys with the occasional Filipino or Haole sprinkled in between. My mother wouldn't let me go to a mainland college because she was convinced I'd marry a "Haole and never come back." Sorry mom, it happened anyway. I attended the University of Hawaii but a year after graduation I moved to San Francisco in pursuit of a career.

My mother, still resisting the idea that I was an adult, followed me to San Francisco. With the help of my aunt (coincidentally, a trendsetting member of the Haole Hubby Club), they found a suitable apartment for me to live in while I started my new job across the bay in Oakland.

The day I moved in, Harvey, the building superintendent, stopped me in the lobby to introduce me to Marc, who was also moving in that day. We shook hands, said "hi" and went back to moving our things in. It wasn't until a few months later when we met in the lobby again that we became friends and then finally, in 1999, after three years of dating and living one floor apart from each other, we got married.

A year later my cousin, Mercedes, also married a Haole. Another cousin, Diana, had already been married to a Haole for a few years. It was just for fun when we started referring to ourselves as the Haole Hubby Club because we could laugh and relate to each other with stories about having a White husband.

As we found more and more women we knew that were "in the club," the Web site was started to post photos and stories and it snowballed from there. Since its inception in 2003, the club has expanded to the Haole Honey Club for Asian men married to Caucasian women. The offspring of these unions also have their place in the Hapa Kids Club. While we're not promoting intercultural marriages, we would like to share some of the benefits of having a Haole Hubby...

[My mother] was convinced I'd marry a "Haole and never come back." Sorry mom, it happened anyway.

Brandy and her Haole hubby, Marc.

THE LIST

10. You will always be the chopstick champion.
Anyone can learn how to use chopsticks but you'll always rule supreme regardless of the whole "nature vs. nurture" argument. You win both ways!

9. Your children have a better chance of being alcohol and lactose tolerant.
Between turning red with just a drop of alcohol and never being able to enjoy a milkshake, you'll envy your children (when they turn 21 of course!).

8. You will not be mistaken for being brother and sister.
Sure you like hanging out with your brother and yes, you do have the same last name. But that does not mean you want people to assume you're married to each other!

See YAMAMOTO/ Page 90

PACIFIC CITRUS HOLIDAY ISSUE DECEMBER 2015

Three years ago, Aaron Campbell, a student from Little Rock, Arkansas knew nothing about the 17,000 Japanese Americans unlawfully incarcerated during World War II in camps just hours from his hometown. Today, Aaron is committed to ensuring that this chapter in American history is never forgotten.

With the support of our members, donors and volunteers, the National Museum is committed to sharing the Japanese American experience with students like Aaron both on the mainland and in Hawai‘i. In the coming three years, our goal is to expand this educational project into five new states.

With your continued support, we look forward to the day when the Japanese American story is taught in every classroom in the nation so that it is never forgotten, or repeated.

"We are ambassadors for the Japanese American story... if we don’t learn from history, it’s doomed to repeat itself."

Aaron Campbell, Central High School, Little Rock, Arkansas

Credits: Top, photo by Allyson Nakamoto. Above, gift of KimiNagai (92.125.12)
Eldin Endow joined JACL in 1938 because she thought it was the only Japanese-American national organization that brings all ages together. A long-time Thousand Club Life member, Lily joined the Millennium Club because she "believes in JACL and wants to support it financially." Ms. Okura passed away this year.

Helen Kawagoe, past National JACL president, joined JACL because, "We need an organization to support and defend our civil rights, many times unique to Japanese Americans. JACL's and other organizations turning to JACL for assistance regularly." Helen is a Millennium Club member because, "JACL needs an additional funding source in order to continue to provide services to our members and others. We must keep JACL strong. Our goal is to fill 100 or more members to join, Friends, it is tax-deductible. PLEASE JOIN US!"

Yoshiko Edith Ichii joined JACL in 1949 after a neighbor who had just started the French Camp chapter asked her. Edith says JACL continues to be important because, "We are involved in all civil rights movements." A long-time Thousand Club Life member, Edith joined the Millennium Club because the JACL needed financial support.

George Masunaga from the Mile High chapter joined JACL in 1965. His friend, Frank Sakamoto, cared enough to give him the opportunity to join. Frank and Toshiko Sakamoto are full members of the Millennium Club and are proud to be part of an organization that helped struck down anti-miscegenation, school segregation, and Alien land laws; played an integral part in receiving the Executive Order 9066, and is an established leader in civil rights.

Jerry Enomoto was encouraged to join JACL by his brother. He joined in 1952 because he felt a need to belong to an organization whose purpose was to make things better for Japanese Americans. JACL is still important to Jerry because, "America is not yet free of bigotry and discrimination. Until it is, organizations like JACL are needed to represent and protect our interests."

Jerry became a Millennium Club member because JACL appeared to be approaching a financial crisis and needed a stable and consistent source of income just as the Thousand Club provided years ago.

Frank Chuman, national JACL president 1946-1962, thinks JACL is still important. "JACL is recognized for its legislative efforts in joining with other organizations to protect and preserve our constitutional and civil rights. It is the one national unifying organization recognized in the United States as an organization which will enlighten our young people to know our history."

Frank joined the Millennium Club because he believes "continuing the efforts of our organization is important. And we need to continue aligning with other like-minded organizations focused on the rights of new immigrants." Rose Tani decided to join the Millennium Club because she wanted to continue its work for civil and human rights for all people and to promote the cultural heritage of Japanese Americans. She says, "As an older Nisei, I realize that the membership is shrinking, and JACL mission may no longer be a JACL unless the coming generations continue to become members. As a Millennium Club member, I can help a little financially and show my appreciation to the staff who works very hard with little compensation."

Larry Oda, National JACL VP for General Operations, joined JACL in 1961 for health insurance and local programs.

"We need to preserve the legacy of the Issei and Nisei. If a core group of passionate members do not expend the necessary effort to maintain the organization or if the membership does not fully contribute to its well-being, it will become less able to provide the Millennium Club is the first step to providing adequate working capital."

Reiko Renee Yoshino joined the JACL because her aunt, Em Nakadōri, of the Osaka chapter told her she had to. Reiko remains an active member because "we still need to educate people on civil rights, Japanese culture, and the Japanese-American experience." She is married to the co-chair of the Millennium Club.

Dr. Mary Oda joined the JACL to be part of the post-war Japanese-American community. She felt proud to be a JACL individual, but JACL gave her a voice. "After a lifetime of feeling ashamed of being Japanese American, I am so proud of my background and JACL is one of my connections to the Japanese culture."

Mary joined the Millennium Club "to give support to a group that has been dwindling."

Elise "Leilani" Taniguchi is pleased to be a Millennium Club charter member. She loves teaching Japanese folk dancing for Obon Odori festivals in the Pacific Northwest communities of Tacoma, Seattle, White River, and Olympia.

She encourages new members to join JACL. Elise is the PNW District representative on the National Millennium Club Committee.

Dr. Glenn Sakamoto joined the JACL Millennium Club as an investment into programs designed to enrich, promote, and develop future leaders. It's his way to help JACL continue to offer many programs and opportunities. This Dr. Sakamoto was asked to join by another Dr. Sakamoto, his father, Frank, co-chair of the Millennium Club.

Joe Sasaki has been a long-time member of the Fort Lupton JACL and the Tri-State Buddhist Temple. Though Joe is no longer a Millennium Club member, he emphasizes that his wife, Jane, is the real mainstay of the family.

Edwin Endow, National JACL VP for Thousand Club Membership and Services, was mentored by great JACLers like George Baba who set a standard of excellence and commitment for Edwin to follow. Edwin joined the Millennium Club to honor them and follow the example of the Thousand Clubbers who increased their financial commitment to JACL in time of need. He encourages others to make a commitment by giving a regular membership to a family member, and or 2) upgrading their own membership to Thousand Club, Century Club, or Millennium Club. All are welcome to be part of the crusade "For Better Americans in a Greater America."

David and Carol Kawamoto, a Millennium Club couple, have seen what a fine job JACL did in representing our community. "The Washington, D.C. office lobbies on behalf of key issues. JACL has developed vital contacts through the years which give us the ability to effect needed legislative action. We gladly support JACL so it can continue its work. It would be a tragedy for our community to lose this hard-earned network of assistance."

Milo Yoshino, co-chair of the Millennium Club, sees this as an opportunity to work with the leadership of the Nisei generation. Jerry Enomoto, the resident chair of the Thousand Club, in structuring and successfully promoting the Millennium Club concept. He appreciates working with superstars and former National presidents Helen Kawagoe and Lillian Kimura. He is supported by an outstanding cast including PNW's Elise "Leilani" Taniguchi, CDCD's Marcia Chung, MDC's Scott Furukawa, and IDC's Sandra Bostedt. He receives ongoing solid support from National staff members Joe Sasaki, Lucy Kishino, and Tomiko Ishimai. Milo joined the Millennium Club because his wife said he had to.

Emily Teruya, the youngest Millennium Club member, wanted to do the right thing by becoming a charter member. "JACL continues to be a great training ground for young people. Most of JACL's groups are underpaid, but I know better. I've benefited from many of them and have found a mentor in everyone around me."

Mark Kobayashi, National JACL secretary-treasurer, said, "With all the wonderful things we do in our districts and chapters, it has been easy for me to encourage Millennials to join JACL. Thank you to all of you for all your hard work. I encourage those of you who can to step up your membership to stepping up your membership level."

As of November 30, 2005, there are 51 Millennium Club members and three Millennium Club spouses. They are listed by District:

**PNW** – Willard "Bill" Clark and Dale Ikeda

ECD – Lillian Kimura, Clyde Nishimura, Hiroshi Nishikawa, Lily Okura, Hitoshi "Tom" Tamaki, and Tako Kawai

MDC – Eddie Jonokuchi, George Masunaga, Sam Mayeda, Toshio Sakamoto, Frank Sakamoto, Glenn Sakamoto, Joe Sasaki, Kimiko Silla, Tadashi Taniguchi, Mark Taniguchi, Rose Tani, and Reiko Yoshino

NCWNPD: Edwin Endow, Edward Endow, Jerry Enomoto, Joe Sasaki, George Hisago, Yo Hironaka, Ed Ichisui, Mark Kobayashi, Larry Oda, Elko Sugihara, Emily Teruya, and Milo Yoshino

PNW – Shea Aoki, Sheldon Arakaki, and Elkie Taniguchi

PSW – George Aratani, Frank Chuman, Ernest Deitsuki, Fred Hoshiyama, Noriko Imagawa, Kenneth Inouye, Helen Kawagoe, Carol Kawamoto, David Kawamoto, Kiri Kurisuki, Gary Mayeda, Alice Nishikawa, Lyn Nishimura, Clarence Nishizuka, Henry Nishizui, Mary Oda, and Deni Uejima

Millennium Club spouses: Sumie Nishikawa, Bernice Endow, and Junice Hisashi.

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Mystery lurks in the Asian market aisles. What is Pocari Sweat?

One intrepid soul journeys into the unknown and ferrets out some of the best drinks from some that are just wrong.

By MARY TAM

have always been nervous around markets with the number “99” or “Ranch” in its name. It's the only Darwinian sense I have. My dear mother used to drag me to these insane mini-Chinatowns and of course it was inevitable that I would lose her, a Waldo amongst other 4'9” women. Perhaps it's resentment that she never rescued me quick enough.

But eventually, resentment and Darwinism lost the battle — to my sweet tooth. I craved the sugared drinks brought on by the Tapioca Expresses and Lollicups. Chrysanthemum teas, herbal teas, sugar cane teas, and other non-English-translatable teas be gone!

Here are ten Asian drinks that I find most appealing (for various reasons).

Most Soothing: Milk Tea
I remember as a child my mom and grandma brewing milk tea on Sunday mornings for the family. We would sit at the breakfast nook with our little teacups and buttered toast. They were nice little hallmark moments. But they were short-lived — grandma moved away and mom got tired. The warm and fuzzy feeling went away too. Years later, upon rediscovering this plain and simple tea, I remembered those childhood days, which made the drink all the better. Drink it slowly though; gulp it down and you'll miss out on its somewhat bland flavor. This one is to be savored.

Most Colorful: Thai Iced Tea
My brother is to be blamed for this addiction when he introduced it to me years ago. My initial thought was “Eww, it's the color of orange play-doh!” And Crayola orange is such a difficult image to swallow. He eventually convinced me and I was pleasantly surprised visions of coconuts sprang to my head. In my opinion, Green Fields Thai Tea is the best, for the mere reason that it comes in a 17.5-ounce can.

Most Compact: Mr. Brown Iced Coffee
I am one of those people who cannot drink things that have been sitting out for a little while (10 minutes is about five too many). I feel like I'm guzzling down lint and other airborne particles. The genius of Mr. Brown Iced Coffee is not so much in its taste, but its ultra compact size. At about four ounces less than the regular soda, I get an adequate rush of caffeine and I don't feel like I've wasted four
ounces of money (because, seriously, how often does one finish a whole can of Coke before throwing it away)? The biggest coup, however, was being able to squeeze eight Mr. Browns into a cooler for a two-day Las Vegas road trip.

Most Suspicious: Grass Jelly
I love this grass jelly drink (albeit the name needs some tweaking) — black tea strongly flavored with honey (the banana flavor is to be highly avoided) and small cubed-shaped jelly, But drink with extreme caution. One traumatic summer, my mom decided to pour several cans into a big punch bowl for a backyard barbeque. I was chewing on the soft jelly when all of a sudden... let me just say that a fly and grass jelly are much the same color.

Most Adorable: Ramune's Hello Kitty Carbonated Soft Drink with Marble
It's no surprise that Sanrio had a hand in this marketing genius. Utterly adorable with its pink Hello Kitty label, it even tastes cute! I was prepared for a bubblegum flavor, and sure enough, pink bubblegum it was. It was a very "Charlie and the Chocolate Factory" moment. Honestly, I can't say that the taste was a big hit for me, but my guy friend sure liked it (go figure!). Let it sit a while and it's just a more sugary version of 7-Up. But that initial sip... such a flashback to childhood days. And how can you not enjoy a drink with a marble in it and a warning that "parental supervision is advised for small children." Awesome.

Most Slimy: Lok Song
What's most fun about this drink is its green worm-like noodles. It brings back such fond memories of OshKosh overalls and mud pies. When my mom first brought this home, I seriously thought it was some sort of fish food. Mix it around with some coconut milk and honey and it magically becomes a sweet treat.

Most Healthy: Aloe Vera with Honey
Personally, I have only known aloe to work wonders on dry skin. When I saw it on the shelf, I really did do a double take. Is this truly drinkable?! I chickened out and purchased the one with honey hoping that that would negate the aloe vera proponent of the drink. After a sip, my advice is to do the double take, but rein in the curiosity. Just step back from the aloe vera.

Most Filling: Red Bean & Coconut Milk
Now, for most of us who have frequented Chinese restaurants, the sight of hot, blood-red bean soup is common. And for most of us under 30, we also remember pushing it away, smiling and lying: "Very full." But you'd be surprised at what a difference a bit of coconut milk (must be a magic ingredient!) and shaved ice can do for this abhorred dessert. This is perhaps a parent's revenge on us, proving that as they have often scolded us, we don't always know what's best for us. I admit, I oftentimes find myself sneaking a spoonful from my mom's cup.

Most Futuristic: Blue Hawaii Soda
It's the turquoise color that made me reach for it. I'm gullible. I used to be one of those kids who believed that if you swallowed a watermelon seed and then drank a cup of water, you would be birthing a melon in no time.

Most Gross: Basil Seed Drink
I'm gullible. I used to be one of those kids who believed that if you swallowed a watermelon seed and then drank a cup of water, you would be birthing a melon in no time. I've long outgrown that myth, but seeing this basil seed drink — oh my, oh my — makes me believe again. It contains hundreds of little black seeds surrounded by a furry white cloud (so, so wrong!) It seriously resembles bacteria on a Petri dish under a microscope! This drink comes with honey as well, but oh no. You can't get me to take a sip. You just can't.
At the beginning of January, I packed all my belongings into boxes and moved to Washington, D.C., from Seattle. This big relocation was made possible by a grant from the JACL in the form of the Mike Masaoka Congressional Fellowship program, which gave me the opportunity to work in a Representative’s office for four months.

My move, however, was not without drama. The airline lost my luggage and I spent the first 48 hours in D.C. in the same clothes, sleeping on a bed without any sheets. I stood for hours in the freezing cold to see the President’s Inauguration, only to get a view of the backs of people’s heads.

This is not only my first time living on the East Coast, but also my first time south of the Mason-Dixon line, and after being here for nearly a year, I have finally come to terms with the fact that I am no longer in Seattle. The inspiration for my list, therefore, is a compilation of all the little things that happen each day that remind me that Seattle is on the other side of the country.

10. Entering a building always requires passing through a metal detector. Almost every building, barring restaurants and retail outlets, requires a check for weapons or objects that could cause bodily harm (in the Capitol, that now includes perfume bottles). When I went to the Inauguration, the police officers gave me a very friendly pat down, which was an entirely new experience.

9. No one recycles, but they have great public transportation. As a transplant from the Pacific Northwest, I have a soft spot for trees and green things that grow. Whenever I see someone throw a scrap of paper in the garbage can instead of recycling, it makes me cringe. There is, however, the Metro, which is the great subway system. So maybe they just cancel each other out.

8. People yell at me when I stand on the left side of the escalator. This was one of the first lessons I learned. The right side of the escalator is for standing, the left is for the people who need to rush past you and walk up the escalator, thereby defeating the purpose of having a moving stairway to begin with.

7. There is a Starbucks on every corner, but where are the
Top 10 Realizations in My Visit to Manzanar

Her picture came to symbolize the destruction of innocent lives during wartime relocation, but now 'that little girl in the photo' focuses on some key moments during her journey back to the past.

By YUKI LLEWELLYN

In April, 1942, as a three-year-old, my 23-year-old single mother and I were evacuated from Little Tokyo in Los Angeles to Manzanar Assembly Center as a result of President Franklin D. Roosevelt's Executive Order 9066, which ordered all Japanese and Japanese Americans residing on the West Coast to be removed to remote, interior locations.

The now famous photograph of me as that child in 1942 sitting on a suitcase, surrounded by bundles of possessions, shows me with a half-eaten apple in one hand and clutching a child's purse in the other, seemingly staring in dazed confusion at the frenetic activity around me.

Clem Albers was the photographer of that shot, but another newspaper also captured me in a photograph taken just moments before or after the Albers' one. A different pose, different angle, but the same suitcase, bundles, apple, and purse. It was a copy of the second newspaper photograph that my mother kept since April 1942. My mother and I knew I was "that little girl" when the photograph came to represent that period in history.

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On Sept. 19, 2005, I embarked on a journey that was 59 years in the making.

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My mother and I lived in Manzanar from April 1942 to October 1945, when we left Manzanar. This September, I went back to Manzanar. These are my Top Ten realizations...

10. Because of the recent national attention surrounding the evacuation and resettling of citizens after the epic destruction of Hurricane Katrina, it is easy to compare the relatively quick and efficient raising of ten relocation camps in early 1942 — complete with registration, transportation, housing, food, and water for 120,000 evacuees — to the chaotic, slow and ineffective assistance to the thousands of Gulf Coast residents in desperate need of immediate attention.

The wartime evacuation was handled by the federal government with armed servicemen readily visible at all stages of the procedure. People were tagged with numbers to keep families together as they were being put on buses or trains to various assembly centers. Everyone was examined medically and vaccinated against common diseases. I do not recall any shortages except housing and that was in the beginning.

Because my mom and I were among the first to leave L.A., we arrived in Manzanar when it was still designated as an assembly center and the building of barracks was still going on. My mother and I lived in Block 2 when we first arrived and we shared our 20-by-20 foot "apartment room" with another family until more barracks were completed. Manzanar officially became an internment camp in June 1945.

9. I stood on the desert sand where Block 2 barracks had stood and took some sand, rocks and a piece of decorative bamboo. I looked around at the desert sand and brush, the majestic mountains in the background, and although I willed myself to remember having been there before, no memories came flooding back to me. I didn't realize the huge scope of the layout of Manzanar — the blocks complete with mess halls and latrines to maintain over 10,000 internees.

In order to take some sample sand away with me, I produced a baggy with a Scooby Doo cartoon on it. Richard Potashin, the park ranger who took me around the grounds, was practically delirious with amazement. It seems that when he takes families around the Manzanar grounds, he always asks the children if they are familiar with the cartoon character Scooby Doo and then announces that the creator of Scooby Doo, Iwao Takamoto, lived right there in Manzanar. Takamoto is 13 years older than I, so he was a teenager during camp. Amazing that a chance
purchase of such a mundane item as a box of baggies had such a direct connection to Manzanar!

8. When I first saw a road sign for Manzanar on my drive from L.A., and then the turnoff to the camp, I was shocked to realize the camp was so close to U.S. Route 395 — travelers could easily see the guard towers, and the barracks and other camp buildings. I don't remember the camp being so close to the general public and civilization. I did notice, however, that while the gateway was close to the main road, there was some distance to prevent the internees from peering out directly onto the 395 traffic.

I imagine that outdoor recreational activities continued outside the camp, primarily camping and mountain climbing. I was surprised to learn that many Hollywood westerns were filmed in this area.

7. I had a wonderful visit to L.A. as my gateway to Manzanar. I stayed in the Miyako Hotel mainly because it was so close to the Japanese American National Museum that has extensive information on those interned during the war. I spent two productive days at the museum researching my past. The hotel was full of Japanese tourists and reminded me of my visit to Japan back in 1959 — tour buses, souvenir shopping, and tourists enjoying all things American just like I enjoyed everything Japanese during my trip. In L.A., I enjoyed eating Japanese food to my heart's content — all wonderful, delicious, exotic yet familiar and so readily available!

6. The discovery of the old Lone Pine train depot was a wonderful surprise. Many evacuees were transported by train from L.A. and other locations to Lone Pine and then transferred by buses to Manzanar. The depot is now a private residence so we didn't get an opportunity to see it up close and personal, but it was sufficient to know how I got from L.A. to the camp! Those photographs of me were taken at Union Station in L.A.

5. I visited museums and information centers in L.A., Manzanar, and Independence and was surprised to learn how many visitors had indicated an interest in "that little girl" captured by Clem Albers. The power of that photograph, I believe, is its very anonymity — it can be anyone, any child. It did seem strange to see that photograph so prominently displayed in the various museums. Gosh, my claim to fame is amazing to me how little I knew about my family and how camp somehow encouraged a conspiracy of silence among some of the adults who were in camp. As a child, when we met other Japanese families, the first question was usually, "What camp were you in?" But when I asked my mother about camp, she spoke in generalities and discouraged further conversation. It was only during the redress movement when we had to prove we were in a specific camp to the Justice Department that she came forth with information about Manzanar.

3. Park Ranger Richard Potashin turned out to be wonderfully knowledgeable about Manzanar. I was presented with informative texts on the internment camps, including Manzanar — everything I ever wanted to know about the camp is now in my possession. Richard had wonderful stories to tell, like what kinds of activities flourished at Manzanar. It did become an active community although with a captive audience in more ways than one! There were schools, churches, a hospital, stores, schools; young people had dances, parties, ball games. It sounded like a pretty nice place to live if only everyone was there because they wanted to be and not because they were incarcerated there.

2. At long last, I learned about my past. I knew I was born Yukiko Helen Okinaga. That's how I was listed on the camp roster. But I had used the name Yukiko Helen Hayakawa from my first day of school until I got married in 1965. It turns out my mother's maiden name is Mikiyo Hayakawa and she used this name and changed my name to hers. All my friends in school knew me by the Hayakawa name. I learned about how we came to live in Cleveland, Ohio.

It is amazing to me how little I knew about my family and how camp somehow encouraged a conspiracy of silence among some of the adults who were in camp. As a child, when we met other Japanese families, the first question was usually, "What camp were you in?" But when I asked my mother about camp, she spoke in generalities and discouraged further conversation. It was only during the redress movement when we had to prove we were in a specific camp to the Justice Department that she came forth with information about Manzanar.

In Manzanar, I was surrounded by...
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Looking at Nikkei in North & South America

By HARRY K. HONDA

A CAVEAT: I'm not a "Late Show" viewer trying to amuse with my "top ten" of whatever is appealing or revealing, but here goes.

7. Discovering Vancouver by SkyTrain - Advised to shop in the suburbs, rather than in the nearby old Gastown, for a pair of walking shoes, we boarded the sleek SkyTrain. Now riding any train or bus, the passing scenes have a mesmerizing effect on me that I missed my stop. Finally, I never found a shop with shoes comfortable enough to fit my 8-1/2 EEE feet.

8. Missing Out in Paraguay - Popular sumo champion Senator Enoki posed with the PANA contingent from the USA at the Japanese community center in Asunción that looks like our nation’s White House at first glance, but I was somewhere else.

9. Waiting for Coffee in Peru - At this busy corner cafe in Lima's suburban city, Miraflores, three of us hung our jackets on the chair behind us. About to leave after our cuppa, one of the jackets was missing. It’s no way to remember beautiful Miraflores, so beware.

2. Gazing at East River - In the summer of 2001, the view from the UN’s grand hall and the Nikkei clustered around the carts with Japanese hors d'oeuvres has got to be the "social event of the century" for North and South American Nikkei. To Francis Sogi, Lillian Kimura and the host PNA-USA East committee, you all merit our undying praise.

1. Shaking Hands with President Fujimori - He was inaugurated in 1990, but we only watched the ceremonies from adjoining senate chamber via remote TV. Several hours later, well wishers waited at the Presidential Palace to shake hands and exchange a few words. The Hakujin couple from Milwaukee in line ahead of us hoped the first Nikkei to be elected the president of his country could visit the University of Wisconsin, where Mr. Fujimori lived at their home during his studies. Minutes later, we were directed and shook hands with the president.

In 1991, Nisei contingents from PANA USA and PANA Canada gathered at the grand staircase in the Palace for a memorable picture. And I made sure not to miss this photo opportunity.
APAs Who Inspire Me to Be Fully Who I Am

By ERIN YOSHIMURA

It’s so easy to get swept into the melting pot of a white male society without being aware that how I act and feel about myself is based on someone else’s notion of who I am.

This past year has been a continuous trek of learning the depths of who I am and what being Japanese American means to me. All of us who grew up in the United States know what it means to be white. For me, it’s time to discover what it really means to be an Asian Pacific American beyond food, celebrations and values.

So, I’ve purposely sought out APA teachers to help me on the trek of this journey — and I’ve learned a lot! Here’s my Top 10 list of APAs who inspire me to be fully who I am:

Lee Mun Wah
Mun Wah has brilliantly created a series of workshops that deals straight on with the highly charged emotional topics of racism and sexism. His workshops are transforming and give the opportunity for us to come together face-to-face and share our innermost thoughts, even fear, sadness, anger and sometimes hatred. www.stirfryseminars.com

Satsuki Ina
I sought out Satsuki Ina after seeing her film “Children of the Camps” because she knows that the camp experience is not over and trauma is still passed down to the next generations. She encourages me to speak out about my feelings, and is my lifeline when things get tough. Her most recent project is the new film, “Silk Cocoon.” http://www.pbs.org/childofcamp/index.html

Phoebe Eng
Phoebe Eng, author of “Warrior Lessons: An Asian American Woman’s Journey into Power” talks about APA women’s empowerment and through her book and lectures, she strives to break the stereotypical image of an Asian woman. She wrote that growing up without APA role models is like looking into the mirror and not seeing your own reflection. This one sentence was a catalyst for me to seek out role models who look like me.

John Tateishi
John, one of the key people who made redress possible, models courage and fully believing in something so much that nothing can push him off the path of reaching his goal — and his goals serve the Japanese American community. As executive director of JACL, he holds an awesome responsibility and he rises to the challenge. He’s like the big brother who always sticks up for you.

Derald Wing Sue
Dr. Sue’s book “Overcoming Our Racism” is directed at white privilege and how white people benefit from it. His book was a reality check for me because I’ve always sensed there were certain rules and structures for me to live by that were different for white people.

Andrea Lee - life coach and entrepreneur
There aren’t a lot of coaches of color in the business, not to mention coaches of color who are carving out a very nice living. She helps other coaches build their businesses and has a straightforward finesse about overcoming the fear of selling herself which she teaches her clients.

Sandra Oh
Sandra Oh is an actress whose roles are often edgy and cynical. She shows the world that APAs can play any role whether it’s a doctor, a Bohemian wine pourer or a pregnant, heart-broken lesbian. Sandra’s characters never apologize for who they are.

Margaret Cho
She’s someone who curses more than I do and is not scared to push the limit of what society (mainstream and APA) deems appropriate. Margaret also teaches her audiences what it’s like being an APA through humor — lots of humor.

Lane Nishikawa
I’ve had the privilege of getting to know Lane and hearing his stories and passion about getting the untold stories of how JAs have made huge contributions and sacrifices to building America into what it is today. He surpassed many obstacles to create his new film about the 100th/442nd, “Only the Brave,” a moving testament to the JAs “greatest generation.”

The Cast of “Only the Brave”
I was honored to be on the set of the independent feature film “Only the Brave,” written and directed by Lane Nishikawa. Being around so much talent like Tamlyn Tomita, Jason Scott Lee, Yuji Okumoto and Marc Dacascos inspires me to be more of who I am.

All my role models give me a glimpse of who I can become. APA role models do exist, we just need to seek them out, but they’re out there.
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It's been my experience that people will generally look for relationships wherever they go, whether that be just new friends and acquaintances or romantic relationships. Single people, in particular, are no different.

1. **When all else fails, ask a Nisei to "arrange" something for you.**
   
   We all know that our parents/grandparents know the perfect match for us. So, give in and let them take care of their business old-world style. But if you're feeling a little cramped in your own JACL circles real quick. Besides, how else are you going to look adorably cute in your wedding announcement if you're not wearing your matching gold pins?

2. **Become Millennium Club members.**
   
   JACL's need for a "digital yearbook" at a leadership conference.

   Leadership conferences are a great medium to exchange ideas, information, phone numbers, email addresses, birthdays, zodiac signs, greatest fears and whatever else you feel will help your chances of finding love and romance. But if you can "wow" the group with your grandiose new-age ideas for improvement, like a digital conference "yearbook" with everyone's pictures and personal information so you can all be sure to stay in touch when you get back to your own cities, then you know you will be THE desired object of that conference.

3. **Rig the fortune cookies to get that special message to that special someone.**
   
   JACL's are Japanese Americans, right? That means we put a lot of trust in Chinese traditions like the fortune cookie. So if you can talk to the cooks/server/hostess or whoever will be delivering the fortune cookies, you will be able to manipulate the mind of your "desired" to hear the right message at the right time.

4. **Tell that special someone that you met Representative Mike Honda at a banquet once.**
   
   Name dropping — that is the quickest route to the top. That is, to the top of someone's interested list. Because Mike Honda gets out to a lot of JACL events, your chances of meeting him and using this tactic are pretty good. But obviously it's pretty rare and special when you meet him. Thus, be sure to "drop" that name, because your special someone is sure to be impressed.

5. **Make pseudo-intelligent comments about JACL's need for a "digital yearbook" at a leadership conference.**
   
   Leadership conferences are a great medium to exchange ideas, information, phone numbers, email addresses, birthdays, zodiac signs, greatest fears and whatever else you feel will help your chances of finding love and romance. But if you can "wow" the group with your grandiose new-age ideas for improvement, like a digital conference "yearbook" with everyone's pictures and personal information so you can all be sure to stay in touch when you get back to your own cities, then you know you will be THE desired object of that conference.

6. Sing louder than anyone else at the periodical get-togethers at the karaoke bars.
   
   JACLer's love their karaoke bars. Now, what better way to stick out than an off-key obnoxious voice? Karaoke bar = JACL favorite. Karaoke all-star = that special someone's favorite. This is an easy one for all you love seekers.

7. **Offer that special someone the last piece of California roll you bought at the bake sale.**
   
   Generosity, selflessness or sacrifice — you name the trait you want to emulate with this classic move.

8. **Write a witty essay/editorial for the Pacific Citizen.**
   
   If you are feeling a little cramped in your own district, you can expand your own viewership and exposure by high-jacking the national JACL medium for staying connected and getting yourself a little more connected.

9. **Start young and work it at the summer student/youth conference's Saturday night dance floor.**
   
   Nothing says marketability like sweet moves. The lights are low, the music is loud and we all know that everyone looks better in dimmer light. Then all you have to do is hold on until midnight. Then if you're lucky, this new person will remember your name the next day at the cafeteria and you will be off to a long and meaningful relationship.

10. **Get noticed by volunteering to read bingo balls at annual fundraisers.**
   
   This one is pretty easy to understand because what's hotter than a man/woman showing gifted leadership skills and a marked sense of humor in the way that captivates an audience for a whole evening of socializing?

---

**By PETER FRANDSEN**

Recently, I've been to my share of JACL events. Now I would never suggest the JACL events are JA meet/"meat" markets, but I've witnessed enough witty banter to form my own opinions regarding the attendance purposes of some JACLers. I feel it is only appropriate to address my Top Ten list on the topic of ways to find love through JACL.

*Peter Shigeki Frandsen is currently in his first year of dental school at Columbia University in New York City. Originally from Salt Lake City, he is a member of the JACL Mt. Olympus chapter. Despite his authorship of the ways to work JACL for love, he is currently single and available.*
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10. To learn about your cultural roots and participate in cultural activities. (You can find out why takuwan and natto smell so bad and amaze all your friends with your knowledge at parties.)

9. Because you were told you have to ... otherwise you'll dishonor the family name. Or, because you ran out of excuses to tell your "JACL" friend who's been asking you to join since 1999.

8. To build your resume and take part in leadership development. (You know you have what it takes to run for chapter, district, or national JACL office! Some chapters even have a life-time president's job. Just talk to your local chapter for details. If you want something less time consuming but just as empowering, apply for the annual JACL/OCA Washington, D.C. Leadership Conference held the first half of each year. It just screams: "Free ticket to D.C."")

7. Like Edwin, you've always wanted to say JACL's motto plus more in less than a minute: "For better Americans in a greater America. As an American, it's my duty to contribute to society, to help those in need, to make this a better country, to watch NASCAR and to sell Made-in-the-USA Red Wing shoes and save the soles of the American people. Join JACL!" (Okay, maybe you've never wanted to say all that, but now that you've read it, it's kind of cool. It'd make a great pick-up line.)

6. To get a subscription to the Pacific Citizen, especially the Holiday Issue to see how big an ad your friends placed in comparison to yours. Plus, you want to know what's going on in the Asian Pacific American community and stay current on civil rights issues.

5. To meet your future spouse. Yeah, kind of scary. Isn't it? Back in 1930, Clarence Arai and Yone Utsunomiya wed after meeting at a JACL event. Since then, there have been other JACL marriages. If you don't want to go to all the chapter, district, and/or national meetings, but you're still feeling kind of lonely, mark your calendar for the 11th National JACL Singles' Convention in Las Vegas. Think karaoke, and say bye to loneliness.

4. To get a feeling of family. And you know what "family" means, don't you? Food. Potlucks. Picnics. Juicy bits of gossip. If you're under 40, you know you'll get some styrofoam containers filled with leftovers to last you a week. Hey, and if you're single, look back at aforementioned #5.

3. To help pay for college and get featured in the PC when you receive a (generous) local or national JACL scholarship. (Just think how proud your grandparents will be! "Oh, my precious ... " They'll even cut out the article and frame it.)

2. To be eligible for JACL benefits like health insurance and the credit union. You can totally get your groove on at the annual JACL Credit Union Volleyball Tournament.

1. Become the next Japanese American John Wayne. You've been waiting for a reason to dress up like a cowboy or cowgirl with chaps, spurs, boots, and a 10-gallon hat. Your wish can come true at the 2006 National JACL Convention in Arizona where the welcome mixer will be "cowboy central" at the Wild Horse Pass Resort.

All right, so that's the Top Ten reasons we came up with. See the close contenders who almost made our list. ♦

Edwin Endow is vice president of membership for national JACL. Emily Teruya is membership chair for the Northern California - Western Nevada - Pacific District. Both have already bought their spurs and are waiting for their chaps in the mail.

Close Contenders
- You want to be surrounded by people who get your inside jokes about "shi shi," "bachi," "benjo," "da-me," "baka," etc.;
- You're dying to meet JACL Executive Director John Tateishi or National President Ken Imaaya;
- You've had some cash left in your bank account and don't know what to do with it;
- You can correctly tell people that JACL isn't pronounced "jack-all;"
- You want to see how much you can eat at the local JACL-sponsored crab and spaghetti feed;
- You might as well join — your parents drag you to all the JACL-sponsored crab and spaghetti feed;
- You want to impress all your friends;
- You'll save money by canceling your health club membership in favor of JACL and you'll get all the exercise you need setting up tables and chairs at JACL activities;
- You don't want to explain why there's one piece of sushi left on a giant platter ... it's just envyo
- When you and your friend call "shotgun" simultaneously, you both know you have to play "jan kan po" (rock, paper, scissors) to decide who gets shotgun rights; and
- Your grandparents said they wouldn't include you in their will unless you joined.
Aileen's son and my daughter, Niu Niu, were classmates at Chinese school when I gave birth to my son. She was complimenting me on my nice family — one daughter and one son — when I confessed that actually I had four children. She stared at me and then deadpanned the question that only another American Born Chinese (ABC) could ask, "What are you, an overachiever?" I realized that our "model minority" obsessive-compulsive Type-A competitive overachiever tendencies may have followed us into the parenting arena.

You think?

As Asian American parents, we are caught between our Asian heritage and our American style, between how we were raised and what we read in our (English language) books. We want our children to have all the advantages we had when we were growing up, with none of the disadvantages. We want them to be A-students and good musicians like we were, sure, but also student body presidents and successful athletes. Along the way, we hope to save some money and get rich, too.

You know you're an Asian American parent when ...

1. You buy your first 100-pound sack of rice!
2. You join Costco (or get an extra card off your mom's membership) and buy only in bulk.
3. You send your kids to language school or Buddhist Sunday School or after-school math classes (which you hated as a kid). You also start their piano and violin lessons before kindergarten. When you complain to your parents that the kids won't practice nicely, they just laugh.
4. Even though you know your mom will criticize your home for being dirty ("Throw everything away!") your kids for being rotten ("My kids never cried"), and you for looking so messy ("I'm going to call Oprah to give you a makeover"), you look forward to her visits because you know she will cook and clean and take care of you and all the kids in that Superwoman Asian Mom sort of way that you're not sure you will ever master.
5. You find yourself scolding your child in words you would never say in English, but in your family's language, it sounds normal, even affectionate: "rotten egg," "smelly monster," "silly melon," "little farty ghost/demon," and much worse. You also decide you're probably old enough to finally learn some real bad words (or words for private body parts) that your parents never taught you.
6. Lunar New Year, New Year, Diwali, Christmas, other holidays and birthdays are not fun anymore because you are now the one who has to do all the cooking and prepare all the gifts and red envelopes. You try telling the kids, "Since we're Buddhist now, we don't have to celebrate Christmas anymore," or "When we were growing up, we never had birthday parties. It's not our culture. So you don't need to have one either."
7. When talking to other people's kids, you instinctively refer to yourself as "auntie" or "uncle," and cringe when non-Asian kids call you by your name, your first name.
8. Even though you hated hand-me-downs, homemade clothes, and fake designer labels from Asia when you were a kid, now as a parent you think they are the only way to go! Free clothes!
9. When your cousin has a third baby, you are irresistibly pulled to want a third or fourth child — part of that hyper-competitive, overachiever complex that used to be a good thing when we were trying to get into college, but now just leads to more babies.
10. You and your APA friends joke about how wonderful it would be if your kids got married when they grow up so that you can be in-laws who like each other and actually get along. You hated it when your parents joked about that ... and your kids are only three years old!
11. Late at night, in the middle of winter, tired of surfing the Net for parenting tips, you apply for business school (or law school or grad school or a new job in California) and then panic when you actually get accepted! Ahhh! Now what to do?!!
12. The ultimate sign: Your child brings home a math exam and you exclaim, "What? ONLY 106 percent?!!" ♦

Francess Kai-Hwa Wang wrote a series of short humorous articles in 1998 on the theme "Asian American Rites of Passage," beginning with the article "You know you've become an adult when ..." She was persuaded to approach the topic again after the birth of her fourth child and first son. Her previous articles can be read at www.imdiversity.com, where she is a contributing editor of the Asian American Village.
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Jim Fujita
Japanese American Citizens League, or JACL, is the oldest civil rights organization in the United States. JACL is dedicated to preserving the history and cultural heritage of Japanese Americans and promoting the values of civil rights and civil liberties. JACL Next Generation encourages the involvement of young people in the Japanese American community and helps preserve our unique heritage for the appreciation of future generations.

Happy Holidays and a Wonderful New Year!

Next Generation encourages the involvement of young people in the Japanese American community and helps preserve our unique heritage for the appreciation of future generations.

Happy Holidays and a Wonderful New Year!
Season's Greetings!

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Thank you to all the JACL participants for their contributions and for making history in Arizona.
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Seasons Greetings!

On behalf of the JACL Arizona Chapter, we would like to extend a warm invitation to each of you to join us for the JACL 2006 National Convention in Arizona.
Our JACL 2006 Convention Planning Committee is very excited about hosting this biennial event in Phoenix, Arizona. We are certain you will enjoy the venue selected for JACL 2006, the beautiful Sheraton Wild Horse Pass Resort & Spa which is located on the Gila River Indian Community. We are planning many cool activities, workshops, banquets, and unique entertainment which will showcase both the Southwest and the local Native American community.
We look forward to seeing you in Arizona next year!

Happy Holidays!
Richard Matsuishi
President
JACL Arizona Chapter

Ted Namba
Chair
JACL 2006 Convention

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2. Voice your true feelings, thoughts and opinions to others.
 Often we don't speak up for fear of stirring up trouble or looking weak. However, voicing our feelings, thoughts and ideas validates our emotions and beliefs which are real to us. This can prevent depression or rage from building up, and develops healthy esteem and self-confidence.

3. Begin creating that dream of yours.
 Most of us have some dream we've placed on the back burner for a variety of reasons — no time, money or energy. A dream generally has passion attached to it and this gives us something to live for. Start your dream and come to life.

4. Do something different.
 We can all get in a rut. We come to believe we are what we do — doctor, lawyer, teacher, etc. But that's not who we are. We are much more than that. Take off your professional mask and express the other hidden gifts you possess such as photography, taiko or gardening.

5. Rather than focusing your attention on others, focus on yourself.
 We can point out faults in others but we seldom acknowledge them in ourselves. Stop using others as a substitute to not deal with your own life and look at where you stop yourself from becoming fulfilled in life.

 Reality can be scary so we may choose to live in denial. This may feel safe but it doesn't lead to fulfillment. Denial can cause painful outcomes such as going into debt, marrying the wrong person or becoming frustrated with life. To live in reality is to objectively acknowledge the unpleasant truth of your situation without wallowing in it. This provides a firm platform to propel your life forward.

7. Open yourself up to those around you. Show a deeper side to yourself.
 Intimacy, is letting others see different aspects of yourself and not just the aspects you're comfortable revealing. If you feel invisible, misunderstood or lonely, you may not be letting others in. Have courage to express your insecurities, hidden talents, and playful sides.

8. Find more time for yourself and the things that matter to you most.
 We can lose ourselves in work or stressful matters easily. But the reality is that most things are working well in our lives. Take time to appreciate those who are important in your life and give yourself the gift of rest or play if you're not used to it.

9. Learn from difficult experiences instead of feeling like a victim of circumstances.
 What we believe are negative experiences are actually opportunities for growth. When we don't take time to reflect and learn from those situations, we're bound to repeat them leading to frustration. But lessons learned from a difficult experience can provide valuable insight for future challenges.

10. Be more compassionate.
 Compassion is one of those words that's tossed around like the word love. It's easy to say but hard to comprehend. We grasp it by understanding another person's experience. Rather than judging a person, seek out what's fueling his emotion. Even if the person is angry, have the courage to sincerely ask why he's angry without becoming defensive. You'll relate compassionately if he opens up — for example, he says he's angry because he doesn't feel appreciated for his hard work. You'll see his vulnerability thus making him very human.

These suggestions help to bring forth dreams. Fear prevents us from living these actions and keeps us unfilled. When you notice that you're uncomfortable implementing these actions, it's a sign that you're ready to explore a new side of yourself. Take a fierce first step into your new life.

Sho Aoyagi and Tamara Doi head Fierce First Step an empowerment company that helps people attain goals in relationship, work and purpose. They offer coaching services, classes and workshops. Tamara Doi is a board member of the JACL San Francisco chapter. Find out more at www.fiercefirststep.com.
people who looked like me. I was cared for by adults who were not my family. I have wonderful child-like memories of camp while my mother seems to have darker recollections of her experience. We were poor and lower class on the outside and so we were on the inside, but as a child, what did I know? I remember celebrating all the holidays that could be celebrated — American, Japanese, and other ethnic customs represented by the internees. The most memorable holidays were New Year's in the winter and Obon in the summer! Mochi-making in the dining hall, serving sushi and teriyaki for picnics, even drinking liquid Jello for soda (that we ate as it set!). Even after camp, I attended Buddhist temple with my mother but also accompanied school friends to the Baptist and Methodist churches. No deep commitment on my part I admit.

1. The most memorable event during this journey back to Manzanar happened at the Manzanar Information Center, which is set up in the original gymnasium/auditorium of the camp. Several guests were advised that "that little girl" in the picture was visiting the center and I had several people come up to me.

One older gentleman came up to me and said, "I didn't know, I didn't know." He had tears in his eyes. He said until he came to the Manzanar camp, he was not aware that such an activity had gone on in this country. He apologized to me as if I represented all the people who were evacuated and incarcerated during the war. Although I said it was not his fault and that an apology was not necessary, he insisted I understood how truly sorry he was for what our government did to us. We embraced and I thanked him for his apology. I was so very deeply touched as were those around us who had observed this encounter.

I received the official apology of the U.S. Government from President George Bush in 1990. That apology did not affect me at all compared to the apology I received from this gentleman, a stranger.

I am now home in Champaign, Illinois, trying to assimilate all this new information about my time in Manzanar. This was an eye-opening, life expanding experience for me. Because of the camp experience, as a child I was discouraged from speaking Japanese in public. I was encouraged to speak and write English well and to assimilate into the Caucasian American population as well as I could. I succeeded too well.

I speak Japanese like a 10-year-old child (the age when I last spoke fluently), and move socially in the white society. I retired in June 2002, after serving the University of Illinois as assistant dean of students. It seems ironic to me that while I successfully assimilated into white society, Asian American students began to seek me out to be their mentor and role model as they began their university studies.

They renewed my interest in my own ethnicity and made me refocus my life and interests to now encompass these students as well as my ethnicity and my experience in American history. In my interactions with AA students, it came to light that they were very interested in the internment of the Japanese and JAs during WWII. Many students of all ethnicities also indicated an interest in AA issues and courses were not available for such classes.

Because there were no classes on AA issues and experiences, and because there was growing interest on the part of Illinois students for such courses, several faculty and staff members with specific interests and experiences came together to team-teach an AA experiences class.

I took the segment on the internment of the Japanese and JAs and began extensive research and study of that time in history. I did everything backwards. I did not have the knowledge to share or teach. I had the experience but did not have the history and background. I learned as I taught but always felt a piece was missing — that a visit to Manzanar could fill that void.

The University of Illinois recently celebrated the opening of its Asian American Cultural Center. It has a diverse and knowledgeable faculty for its extensive AA Studies courses. AA students and student organizations continue to pursue their academic, cultural and social interests.

That little girl is no longer staring in dazed confusion at the frenetic activity around her. She is proudly watching the progress of her people as they overcame a tumultuous time in American history.
Season's Greetings

Ernest W. Kazato, M.D.
and
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I knew my top ten list would be something to do with health. But we’ve all heard the typical ones, so I wanted to come up with another kind of list. This would be a list of things that are important but simple and basic; possibly things you’ve heard dozens of times, but never believed they would help because “anyone could do it.”

I’m sure you’ve heard the statement “it’s the little things” that matter the most? Well, it’s true. How about this one … “common sense isn’t so common anymore?” If we’ve heard of these truths from our mothers, teachers, scientists, Nobel Prize recipients, why aren’t we doing them?

I wanted to make the list more specific than the popular New Year’s resolution, “eat healthier.” What does that mean? My thinking was that if you did this, it could possibly start you on the road to adopting other healthy habits. And you wouldn’t have to start doing everything that encompassed being healthy, like the forbidden “e” word (exercise). And with any consistency, you might start to feel like you’ve accomplished a “goal” and in your mind, that would be a positive step in the right direction. (Remember, good things come in small steps).

I recently celebrated my 49th birthday. I can’t believe that next year I’ll be half a century old. So as one thinks about being half way to 100, I’ve started to adopt the philosophy that “less is more.” And surprisingly, it’s been sort of a fun habit to get into and it makes life a lot easier to deal with on a day-to-day basis.

Take for example, organizing your wallet that’s stuffed with tons of receipts, little reminder notes, and lists of things to do. Say you’re at the grocery store looking for your debit card in your wallet, but you can’t find it because you put it somewhere you don’t usually put it and it’s amongst all the pieces of “garbage” in your wallet. I only use this as an example because it’s happened to me. And I’m a pretty organized person, so I can only imagine that most people have a higher level of organizational issues to deal with.

As one gets older, more mature, but still trying to
'I recently celebrated my 49th birthday. I can't believe that next year I'll be half a century old. So as one thinks about being half way to 100, I've started to adopt the philosophy that "less is more." And surprisingly, it's been sort of a fun habit to get into and it makes life a lot easier to deal with on a day-to-day basis.'

Ann Fujii-Lindwall

figure out what to do with their life, I'm finding that the "less is more" attitude clears out a lot of "garbage" in your head. There is so much stimulation in our society, once you step out your front door, that's overwhelming and it's so bad that we're used to it.

Instead of trying to accumulate more material things, I've started to cherish things like playing with my dog, spending time with my husband (we recently filled out our absentee ballots for the first time together, and it was actually fun), and keeping in touch with my close friends. In all seriousness, a lot of the time we're so busy doing things we think are important we often leave our family and friends in the dust. We're working long, hard hours, and too tired to enjoy our time off.

Okay, what is the one thing that you wish you had more of? Money? Not. Time. Wouldn't you just die to have a bank account where you could save extra time you didn't use during the week? I think most of us will confess we waste the time we're given, just like we're guilty of wasting (or not saving) money.

This is a new thing with me … and I think it's a habit that more women can adopt because we're used to multi-tasking, I am ALWAYS thinking of doing more than two things at one time, and even three. I figure that if there is time for me to do something at a particular moment, I should not be throwing it away.

Well, this isn't truly a Top Ten list because it's not in any specific order of priority (also, because there are 11). These are habits that I've adopted and found to be easily accomplished on a daily basis. By doing these things, you probably won't become any smarter or richer (but richer in health, which is not a bad thing when you're getting older by the decade). But in the long run, when it's all said and done, I think you'll find it will make you happier and who ever heard of someone that was sick and happy? Not many, I'm sure.

Ann Fujii-Lindwall is a member of the JACL Seattle chapter and has served as the PNW District's Pacific Citizen editorial board representative the last four years.

Top 10 List for Being Happier

1. Wash your hands.
2. Take a walk, walk your dog or walk with your spouse or friend.
3. Drink water (any amount is better than none). I found that since I've been drinking water, I've felt lighter. I think it really helps with circulation. Also, I've been more upbeat, happier, feeling like I can do more in a day, which is a good thing right, Martha?
4. Do at least one good thing for your health every day (like #3).
5. Get more sleep (average amount of sleep by most); aim for seven hours a night.
6. Brush your teeth two times a day and floss once a day. As you get older, you don't want to spend more time at the dentist's office than is absolutely necessary.
7. Do one nice thing for someone every day, without them knowing about it (do it anyway, even if they know you did it).
8. Call a good friend that you haven't talked to for a long time or leave them a message telling them you're thinking about them.
9. Read at least thirty minutes a night instead of watching TV or being on the computer.
10. Keep in touch with your family; I call my father and sister two to three times a week even though we all live in the same city.
11. Spend five minutes a day alone, just to think about things, what your plans are for the week, etc. I find this makes things less stressful when you take the time to organize what you need to do to accomplish your tasks for the week or the day.
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Want to Experience the Best of California?

Here are Top 10 Things to Do and See in the Golden State

By MATTHEW KOMOTO

1. Disneyland on Christmas Eve is a great way to celebrate the holidays.
   This is a tradition in my family. True, teenagers may be embarrassed to go to Disneyland with the family, but perhaps with young children should take them at least a few times during the holidays, especially Christmas Eve. It's too hot in the summer and taking a girl to Disneyland on a date is an expensive proposition — unless she's one special girl. Heading to amusement parks with friends was something to do in high school, and Magic Mountain was usually the place to go. Disneyland will always be a great family place.

2. Go to a USC football game. The Coliseum is a great place to go at least once. With a 90,000-seat capacity even a blowout game by USC is a spectacle to see. Even for those who are not football fans, the USC campus is an amazing place to see with so many people making it alive. The campus is nice to look at before the game and there is usually a pre-game rally in front of Heritage Hall where the enthusiastic Trojan marching band rules the surrounding Trojans. My dad graduated from USC but does not attend alumni functions. But he does get season tickets to football games and has supported the Trojans through the good and bad times. Parking is obviously bad, and the neighboring houses often offer their driveways for $15-$30 which might prove worthwhile when leaving the game.

3. The Irvine Spectrum is one of the country's premiere shopping centers and the biggest outdoor mall I have ever been to. It is also very well decorated with warm colors throughout the entire grounds. The Spectrum caters to the Orange County crowd, but outsiders like myself occasionally find out about it (or find it by accident) and always remember it. Much bigger than the Block and with more activities, this is definitely a Friday night event for a lot of people. An Edwards 21 Megaplex IMAX Theater, a FOX Sports Grill, a Dave and Busters and a giant 108-foot Ferris wheel and carousel are very attractive along with countless specialty stores and restaurants. What's great is that it is like this almost every night.

4. For those who don't like camping, you should try renting a cabin in the mountains. At Shaver Lake, by Bishop, the cabins my family stayed at were about $300 a day. The clean air is a refreshing change from daily life in the city and suburbs. A nice weekend getaway that can be done with the children, a few days worth of rest in the mountains will rejuvenate anyone. This is obviously not news to those of you who camped and backpacked a lot but if you haven't been to the El Capitan Theatre in Hollywood, then you should go.

5. A nature park is a great way to relax for a few hours. To enter so the homeless don't find their way onto the parklands, and a park with a lake or a dam will enhance your experience. You can also rent equipment for kayaking, jet skiing or boating at some of the parks. Don't forget the family picnic. I like to go to Bonelli Park in San Dimas, I used to run cross-country races there in high school, but now I like to just lie back in the park to clear my mind. If you can't get to the mountains, the next best option is a nature park.

6. The Pomona Swap Meet and Car Show occurs every month.
   It's nice to see some classic cars, many that have had a fortune invested in them. For father-son car projects or just any car enthusiast, the Pomona show has rows and rows of classic muscle cars, Porsches and Corvettes. An early wakeup is recommended to beat the traffic.

7. If you haven't been to the El Capitan Theatre in Hollywood, you should go.
   This will be a different experience from your usual Edwards Cinema. When I went, there was actual entertainment on the stage before the movie started. A guy was playing an organ, piano on the stage, getting a very formal and social atmosphere to the movie-going experience. The El Capitan is a palace for watching movies, and is worth the trip. Parking is around $7-$10 at most parking garages. It's nice to walk around Hollywood Boulevard too, at least around that section. There are always people walking the streets and tourists can be seen frequently.

8. Krikorian Premiere Theatres are a nice way to go to the movies.
   The theatres are larger, much cleaner but a little more expensive. I went to the one in Buena Park to cover an advanced screening of "The Greatest Game Ever Played" for my college newspaper and it was a very nice theatre. Although a step up from an Edwards, there are only seven of them around.

9. Cirque du Soleil is a fantastic spectacle for all ages.
   I have no idea when they are coming to California again, but I saw them about two years ago at the Pomona Fairplex when they performed the show "Varekai." I'm sure most of you have seen them on television — now go and see the real thing. Tickets are pricey, but the performances along with the music and singing are memorable. After seeing this, I was interested in European culture and wanted to visit France. Just keep them in mind for the next time they come by.

10. Berkeley is the place to be if you are Asian.
    I'm talking to the college-aged Asians reading this. A true college town, most people are 24 and under. A lot of older people retire there, but that is another area of Berkeley. When I walked the campus, I saw a lot of Asian girls and lots of different advertisements on campus for Asian clubs. I stayed with my parents when we visited my brother in his dorm room for a surprise birthday gift to him. Parking is terrible as roads are so narrow cars park halfway on the sidewalks. There are lots of transients, but they are tolerated since there haven't been any incidents. It's just something So Cal residents can do while heading up north.
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5634 S. Eaton St.
Littleton, CO 80124-0690

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Englewood, CO 80110

Happy Holidays
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111 Emerson St.
Apartment 1384
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Happy Holidays
Tosh & Michi Ando
2511 Locust Street
Denver, CO 80217

Season's Greetings
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580 South Poplar Way
Denver, CO 80224-1557

Peace & Goodwill To All
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Denver, CO 80246

Happy Holidays
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Aurora, CO 80014-1983

Happy Holidays
Joseph Akiyama
3281 S. Holly Pl.
Denver, CO 80220

Greetings & Best Wishes
Robert M. & Chiyoko Horiuchi
80 S. Quebec Way
Denver, CO 80236-6839

May the holiday season
bring you much joy
Masako Takayoshi
777 Ash Street, #303
Denver, CO 80204

Peace & Goodwill To All
Herbert & May Okamoto
2111 Bannerwood Street
Henderson, NV 89044
702-617-6144
herbmay148@msn.com

Peace & Goodwill To All
Sam I. & Terry Mayeda
2256 S. Hoyt Ct.
Lakewood, CO 80227-2257

Season's Greetings from
Bob & Joanna Sakata
P.O. Box 508
Brighton, Colorado 80601

In Memory of
Arthur Yorimoto
Kana Yorimoto

In Memory of
Ito Shinobara
Shinobara Family
6055 Locust St.
Commerce City, CO 80022

In Memory of
Tosh & Michi Ando
251 S. Locust Street
Denver, CO 80224

Merry Christmas — Happy New Year
Dr. Frank F. Sakamoto
and
toshiko K. Sakamoto
6423 South Dallas Court
Englewood, Colorado 80111
(303) 694-4790

Merry Christmas — Happy New Year
Dr. Frank F. Sakamoto
and
toshiko K. Sakamoto

In Memory of
Arthur Yorimoto
Kana Yorimoto

In Memory of
Ito Shinobara
Shinobara Family
6055 Locust St.
Commerce City, CO 80022

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Kana Yorimoto

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Shinobara Family
6055 Locust St.
Commerce City, CO 80022

In Memory of
Arthur Yorimoto
Kana Yorimoto

The Minoru Yasui Plaza Memorial Fund

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For Information:
Marianne Medrud
Tel: 303.494.9476
marianne@medrud.com

For Donations:
Mile-Hi JACL Yasui Fund
c/o Sam I. Mayeda
P.O. Box 27120
Denver, CO 80227-0120

Your support of this memorial is greatly and sincerely appreciated.
Happy Holidays to All Our Friends
Dr. & Mrs.
James Terada
797 Night Hawk Cir.
Louisville, CO 80027

A Glorious Holiday Season to All
Jim & Til Taguchi
5263 S. Cody St.
Littleton, CO 80123

In Memory of Min Yasui
True, Iris, Laurel and Holly
1150 So. Williams Street
Denver, Colorado, 80210-1822

Happy Holidays
Bill
HOSOKAWA
140 So. Upham Ct.
Denver, CO 80226-2089

Best Wishes for a Wonderful Holiday Season
Jane K. Hada
3636 Owens St.
Wheat Ridge, CO 80033-5571

IN MEMORY OF TOM MASAMORI
Lil and Susan Masamori
2010 Lamar Street
Denver, CO 80214-1048

Happy Holidays
Joseph & Dorothy Manzanares
696 Ridgeside Dr.
Golden, CO 80401
303-576-2588

SEASON’S GREETINGS & BEST WISHES
LES & KATHY IMADA
17820 New London Road
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SEASON’S GREETINGS
Ruby A. Mayeda
YOUR GOOD NEIGHBOR STATE FARM AGENT
7777 E. Arapahoe Road, Suite 103
Centennial, CO 80112-1266
303-773-3366

PEACE AND GOODWILL TO ALL — HAPPY HOLIDAYS

"There are many objects of great value to man, which cannot be obtained by unconnected individuals, but must be obtained, if at all by association." — Daniel Webster

Membership Finish Strong
FOCUS —— — — ATTITUDE

WINNERS NEVER QUIT AND QUITTERS NEVER WIN.

ATTITUDE AND THE POWER OF POSITIVE THINKING.
A PROBLEM CANNOT BE SOLVED BY CONDEMNING IT.

"What the mind can conceive and believe — it can achieve." — Napoleon Hill

"Never, Never, Never quit." — Winston Churchill

MILE HI CHAPTER JACL

"There are many objects of great value to man, which cannot be obtained by unconnected individuals, but must be obtained, if at all by association." — Daniel Webster

Membership Finish Strong
FOCUS —— — — ATTITUDE

WINNERS NEVER QUIT AND QUITTERS NEVER WIN.

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"Never, Never, Never quit." — Winston Churchill
YAMAZAKI
(Continued from page 45)

little yuppy coffee shops?
Seattle, the coffee lover’s paradise, is full of small little coffee shops where I can spend the day in solitude, doing work. Washington, D.C., doesn’t have enough of those intimate places.

6. The cabs don’t have meters. Odd, I know. They rely on a strange “zone” system that I haven’t quite figured out, making me an easy target for the shadier cab drivers. Therefore, I rely on the wonderful public transport system (see number 9).

If it looks horrible out, it probably is horrible, and if the sun is shining, it’s probably going to be a great day. Imagine my surprise when I came to Washington, D.C., in the winter, looked out my window and saw the sun, and went outside into below-freezing temperatures. Things are deceiving.

3. Going to the waterfront of the Potomac is not nearly as fun as the piers on Puget Sound. One is the ocean, the other is a funny-colored river.

2. There isn’t a lot of Asian food in D.C. Sometimes, all I want is some regular, normal Asian food, like a teriyaki plate with gyoza. Unfortunately, most of the restaurants serve Asian “fusion” cuisine, which just doesn’t satisfy me the way a bowl of udon does.

1. Barack Obama is bigger than Ichiro. Really, he is. One day, I spotted Barack Obama walking past me in the Capitol. “Que pasa?” he greeted another Senator. I felt giddy like a teenybopper at a Timberlake concert, giggling with my girlfriends and stealing covert glances at the lanky Democratic Senator from Illinois. His presence warranted a frantic text message to all my other friends about my close encounter. My friend, Heidi, likes to say that he can “Ba-Rock my world.”

The same holds true for other Members of Congress or members of the Cabinet. As I escorted a group of 100 high school students outside of the Capitol, Secretary of Defense Donald Rumsfeld pulled up and stepped out of his car. He did a quick “double-take” as he saw the hoard of teenagers and then gave a parade wave, which was greeted by shrieks, hollers, and applause as the students grabbed their cameras.
Season's Greetings from EDEN SENIOR CENTER VOLUNTEERS

710 Elgin Street • San Lorenzo, CA 94580

Misa Cronin Toshi Hasagawa
Yuki Ishida Sumi Ishida
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Mary Iyuma Mary Kadoyama
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Ruby Kurumoto Yo Matsubay
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John Yamada Lilia Yamada
Dorothy Yanagi Alice Yokomizu
Sally Yokomizu Yuki Yokota

Edward Youth Group

President: Yoko Kawabata
Vice President: Yoko Kawabata
Secretary: Yoko Kawabata
Treasurer: Yoko Kawabata
Community Service: Yoko Kawabata
Motto: Yoko Kawabata

HAPPY HOLIDAYS

Kawahara Nursery, Inc.

Season's Greetings from

EDEN TOWNSHIP

Holiday Best Wishes
Fred and Tomi Miyamato Family

Season's Greetings
Yoichi & Grace
MITSUTOME

Christmas Wishes
& New Year
KitaYama

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

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HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

HAPPY HOLIDAYS

Holiday Best Wishes
from
Mosses & Akiko
Oshikido

Seasons Greetings
Ada Wada

Ted, Yoko & Lisa
Kitayama

&
Spencer
Joel & May
Nagafuji

&
Baby Justin
Los Altos, CA

Happy Holidays
Takiko Nonaka Shinoda

www.keikoo.com

From Mayor and City Council

Merry Christmas

Happy Holidays

2006 Eden Township
Japanese American Citizens League

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A Joyous Christmas and a Happy New Year!

San Lorenzo Japanese Christian Church
615 Lewelling Blvd., San Lorenzo, CA 94579
(510) 483-9455

Worship with us Sundays @ 10:45 a.m.
REV. SUNAO SHIMADA
REV. ROD YEE
SCOTT SHIBAMA

HAPPY HOLIDAY GREETINGS

Doctors, Dentists & Optometrists of Eden Township

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148 2nd Ave., San Leandro 94577 / 870-1740

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GEORGE Y. TAKAHASHI, D.D.S.
345 El Cerrito Ave., San Lorenzo 94577 / 843-5111

Merry Christmas

Paciﬁc Eden Township, December 2005

81
KUIDA & OSUMI  
(Continued from page 31)  

20. You have the family mon and Japanese needlepoint on the wall.  
22. Your grandma used to crochet all your blankets, potholders and dish-towels.  
23. You check to see if you need to take off your shoes at your JA friends’ houses.  
24. When you visit other JAs, you know that you should bring omiyage.  
25. When you visit another JA, you give or receive a bag of fruits or vegetables.  
26. When you leave a JA house, you take leftover food home on a paper plate or styrofoam meat tray.  
27. You keep a supply of rubber bands, twist ties, butter and tofu containers in the kitchen.  
28. You have an air pump thermos covered with lilacs.  
29. You’ve heard Warren Furutani speak at least once, somewhere.  
30. You’ve been to the Manzanar Pilgrimage and danced the “Tanko-ke.”  
31. Wherever you live now, you always come home to the Obon festival in your old neighborhood.  
32. You know that Pat Morita doesn’t really speak like Mr. Miyagi.  
33. You’re mad because Kristi Yamaguchi should have gotten more commercial endorsements than Nancy Kerrigan.  
34. You know someone who has run for the Nisei Week Queen Pageant.  
35. The Japanese American National Museum has asked you for money.  
36. If you’re under 20, the first thing you read in the Rafu Shimpo is the Sports Page.  
37. If you’re over 60, the first thing you read in the Rafu Shimpo is the obituary column.  
38. When your back is sore, you use Salonpas, Tiger Balm or that flexi-stick with the rubber ball on the end that goes, katonk, katonk.  
40. You love to shop at Fedco.  
41. You’ve bowled at the Holiday Bowl, or at least eaten there.  
42. You’ve been to the Far East Cafe at least once.  
43. You’ve eaten at Mago’s or Kenny’s Cafe on Centinela.  
44. After funerals, you go for Chinameshi.  
45. After giving koden, you get stamps in the mail.  
46. You friend fiercely for the check after dinner.  
47. You’ve hidden money in the pocket of the person who paid for dinner.  
48. You don’t need to read the instructions on the proper use of hashi.  
49. You know that Benihana’s and Yoshinoya Beef Bowl aren’t really Japanese food.  
50. You eat soba on New Year’s Eve.  
51. You start off the New Year with a box of ozoni soup for good luck and the mochi sticks to the roof of your mouth.  
52. You know not to eat the tangerine on top of the mochi at New Year’s.  
53. You have a 12-pack of mochi in your freezer — that you still refuse to throw away in July.  
54. You pack bento for road trips.  
55. You know that the last weekend in April is Opening Day at Crowley Lake.  
56. You stop at Manzanar on the way to and from Mammoth.  
57. You see your relatives at the California Club in Las Vegas more often than you see them in L.A.  
58. Your grandma made the best sushi in town.  
59. You cut all your carrots and hot dogs at an angle.  
60. You know the virtues of SPAM.  
61. You were eating Chinese chicken salad years before everyone else.  
62. You know what it means to eat “footballs.”  
63. You grew up eating ambrosia, wontons and finger jello at family potlucks.  
64. You always use Best Foods mayonnaise and like to mix it with shoyu to dip broccoli.  
65. You use the “finger method” to measure the water for your rice cooker.  
66. You grew up on rice: bacon fried rice, chili rice, curry rice or red rice (osekihan).  
67. You like to eat rice with your spaghetti.  
68. You like to eat rice in a chawan, not on a plate.  
69. You can’t start eating until you have a bowl of rice.  
70. You use plastic Cool Whip containers to hold day-old rice.  
71. Along with salt and pepper, you should be using Jewish and African American or Black.  
72. You have a jar of rice candy.  
73. You buy rice 25-pounds at a time.  
74. Along with salt and pepper, you have a 12-pack of mochi in your freezer.  
75. Someone you know owns an Akita or Shiba dog.  
77. You have the family mon and Japanese needlepoint on the wall.  
78. When you leave a JA house, you take leftover food home on a paper plate or styrofoam meat tray.  
79. You went to J-school and your best subject was recess.  
80. At school, you had those Hello Kitty pencil boxes and sweet smelling erasers.  
81. When you’re sick; you eat okyayu.  
82. Milk makes you queasy and alcohol turns your face red.  
83. Your dad owns a Member’s Only jacket.  
84. Someone you know drives an Acura Integra, Honda Accord or Toyota Camry.  
85. You used to own one of those miniature zori keychains.  
86. You have a kaeta frog for good luck charm hanging in your car.  
87. Your parents compare you to their friend’s kids.  
88. You hang on the illusion that you are superior to other Asians.  
89. Your dentist, doctor and optometrist are Japanese American.  
90. You know what “S.I.” stands for.  
91. You socialize with groups of eight or more people.  
92. Whenever you’re with more than three people, it takes an hour to decide where to eat.  
93. You and your friends call yourselves “Buddhaheads,” but don’t like it when White people do.  
94. You’ve heard your name pronounced a half-dozen different ways.  
95. You use the derogatory term Kuichi and Kurombo when you should be using Jewish and African American or Black.  
96. The name Lillian Baker makes your fists clench.  
97. You know that E.O. 9066 isn’t a zip code.  
98. You’re not superstitious, but you do believe in kuchi.  
99. You never take the last piece of food on a plate — but will eat it into smaller pieces.  
100. As much as you want it, never ever take the last-anything. Enryo, enryo, enryo.
The fifth photograph depicts the desolate environment of one of the camps. This picture shows the Tule Lake incarceration camp with Castle Rock in the background. With this photograph we discuss the harsh living conditions. When I show students the sixth photograph I tell them about the people who volunteered or were drafted from the camps and served in the 442nd/100th RCT. To emphasize the bravery of these men I tell them about the rescue of the “Lost Battalion” and how more than 800 JAs were killed or wounded to save 211 men. I also talk about the Military Intelligence Service and what they did in the Pacific theater during the war and during the Occupation of Japan.

The seventh photograph is a courtroom shot of the Heart Mountain resisters. Students are surprised when they hear that men were drafted for the Army from behind barbed wire. Many think this was wrong and want to know if anyone resisted. I tell them that there were about 300 men who resisted the draft while 30,000 served in the military. When asked, most students will say that they would have resisted.

The racist graffiti in the eighth photograph stimulates a discussion about what happened to JAs after they left the camps and returned to their communities. We discuss why some resettled in the Midwest and East, and some came back to the West Coast.

The ninth photograph is of President Reagan signing the Civil Liberties Act of 1988. I talk about the redress movement, the coram nobis cases, and the government apology and monetary payment to JAs. I explain how the government found that there was no military necessity, and the causes of the mass incarceration were “war hysteria, racial prejudice and a failure of political leadership.” This is where the discussion turns to what is happening to Arab Americans today.

I like to end my talk with a reminder that the advancement of our democracy has come from the struggles of people who were oppressed. While I talk about the importance of speaking out in a democracy, I like to show this last photograph as an image of a strong democracy represented by diverse perspectives.

Tom Ikeda is the founding executive director of Densho: The Japanese American Legacy Project. He has volunteered his services full-time for the past nine years. Tom is a 2004 recipient of the JACL Japanese American of the Biennium award. Tom can be reached at tom.ikeda@densho.org. The Densho website is www.densho.org.
Fulfilling New Tomorrows with Peace and Joy in 2006

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39-44 56th Street
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PEACE ON EARTH
Harvey and Kiyomi Iwata
2005

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Brooklyn, NY 11234

Greetings from our new address

JOHN & MARG & CLAIRE IWATSU
6050 Boylevard E.
West New York, NJ 07093

PEACE JUSTICE EQUALITY FOR ALL
Thank you JACL for supporting LGBT civil rights!!

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Mary Traynor and Molly, LouLou, Arthur
Synnese, New York

George & Kumi YUZAWA
167 De Long Ave.
Dumont, NJ 07628
Los Angeles Amasche

Peace in the World
Aileen Yamaguchi
President of New York Chapter
210 W 70th St #310, NY, NY 10023
aileeny8@aol.com

Holiday 
Greetings
from
Kintaro & Betty
HAMASHIGE
Brooklyn, New York

WE'VE LANDED ... ATLANTA, GEORGIA USA

Happy Holidays y'all
Courtney Goto & Steven Nagata
973 Edgewood Ave. NE #3
Atlanta, GA 30307
cgoto@emory.edu
snagata@spikesrunning.com

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JACL
NEW YORK CHAPTER
75 GROVE STREET
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REACH OUT FOR PEACE

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from
Lillian C. Kimura

Season's Greetings
Jane Yasuda
275 Missouri St
San Francisco, CA 94107

In Memoriam
Matsuko Akiya
Yaye Togasaki Breitenbach
Kintaro Yasuda
Rest in Peace

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Peace on Earth
Madeleine Sugimoto

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Yaye Togasaki Breitenbach
Kintaro Yasuda
Rest in Peace

Season's Greetings
May & Tosh Hirata
950 Willow Valley
Lakes Drive I-409
Willow Street, PA 17584

Season's Greetings
Tyo Taki Asai
Easthampton, MA

Season's Greetings
New and Always
Monica Miya
New York, New York

Thank you JACL for supporting LGBT civil rights!!

SEASON'S GREETINGS
Mary Traynor and Molly, LouLou, Arthur
Syracuse, New York

George & Kumi YUZAWA

Happy Holidays and a Joyous New Year
from
Mary Nishimoto & David Stephan

Matsuno Annie
Violette, Robert & Winona Motoki
Brooklyn, New York

Happy Holidays and
to Our Friends in New York!
The Takamori Family
Moto Azabu 2-7-11-104
Minato-ku, Tokyo 106-0046, Japan

Happy Holidays
To Our Friends in New York!
The Takamori Family
Moto Azabu 2-7-11-104
Minato-ku, Tokyo 106-0046, Japan

Season's Greetings
Nobuko Cobi Emoto
Narita-Ash

2 Victor Court
Oyster Bay, New York 11771
(Butte High/Gila River)
WASHINGTON, D.C. Chapter
Best Wishes to Our Families and Friends

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Better Americans in a Greater America

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and
Kiyoshi Patrouchka and Lily Arkawa Okura

Better Americans in a Greater America
Reason 6. Reflect at a special Gila River Monument public rededication ceremony. This monument was damaged several years ago so chapter member Jim Kubota has created a monument design contest (see www.azjacl.org) where a new monument will be unveiled in June, 2006. We will offer optional excursions to the Gila River Monument site which is just 15 minutes away from the Sheraton Wild Horse Pass Resort and Spa.

Reason 5. Smile at the beauty of the Akimel Ballroom where our JACL 2006 Sayonora Banquet will be held. You can look forward to an elegant evening and great meal at the signature farewell event of the national convention. As mentioned previously, our chapter is truly excited about being a first time host of convention and several ladies from our chapter have been working on the centerpieces for the JACL 2006 Youth Luncheon, Awards Luncheon and Sayonora Banquet for the past six months. Look forward to awesome southwestern style hospitality.

Reason 4. Experience the Native American culture at JACL 2006. There is an interesting Huhukam Heritage Center/Museum at the resort where convention attendees can explore the history of the Maricopa and Pima tribes. We are planning to have local tribal members participate in a panel discussion at a workshop and hope to develop an opportunity where we can interact with tribal members to learn more about their beautiful arts and crafts. We hope to have a local Native American newscaster emcee one of our banquets, have a Native American blessing to open one of our events and will feature Native American entertainment at convention.

Reason 3. Who needs Broadway when you can see "Camp Dance" at the 2006 JACL Convention. The musical portrays dances held at the ten internment camps during World War II.

Reason 2. Let's get down to work. The primary purpose of the Biennial JACL National Convention is to conduct the business of the oldest and best Asian American civil rights organization in the country. So, even if you don't care about staying at a fabulous "destination resort" at a killer rate (the going rate will be at least triple our convention rate by the time you read this), you still need to come out to JACL 2006 to help us carve out the future of JACL. That said, I forgot to mention that there is a cool water slide going through a replica of the Casa Grande ruins at the pool at the Sheraton Wild Horse Pass Resort so bring your entire family to JACL 2006...we need to start grooming the future leaders of our organization.

Reason 1. We ought to be having FUN! I recall sending a detailed e-mail to JACL National Director John Tatischek asking a myriad of questions concerning the responsibilities of the host chapter of national convention and his response was "think fun." Therefore, to those of you interest­ed in coming out to JACL 2006 to just sit in the 15-16 hours of national council meetings to help guide the future of JACL, I would like to offer a sincere, heartfelt thank you.

On the other hand, if you want to put in some work for the team and have a FUN time, you are in for a real treat at JACL 2006. In fact, if you feel as if you are not having fun the first couple of days of JACL 2006, stop by and talk to me and I'm certain we'll find an activity you will enjoy. Speaking of activities, our Activities Chair, Jeri Kishiyama Author, would be disappointed that I have yet to mention we will offer many fun filled activities for spouses, kids and friends who are not stuck (I mean participating!) in two full days of national council meetings.

Our Registration Co-Chairs Joyce Shiota and Seiko Watkins, would want me to share with you that they have already spent several months gathering items for the 500 JACL 2006 attendee "goody bags." Furthermore, our Exhibits Chair, Masako Takiguchi would want me to let you know that she is already on the way to Arizona to meet exhibitors to share their wares with you at JACL 2006 (e.g. the Sachiko Collection, Pat on the Back, hopefully a Native American jewelry booth, etc.).

Well, I'm leaving the tough JACL business stuff to John and the national JACL staff so I'm focused on making sure our group has a lot of fun. If you have any ideas on how to make JACL 2006 a fun event for all, feel free to contact me at caseyfolks@aol.com or 623/572-9913. I hope to see you at JACL 2006 in Arizona! Have fun!
'Give me a plate of stuffed French toast with a side of hash browns and I'm truly in seventh heaven. For me, bacon and eggs, pancakes, and omelettes are truly magnificent foods.'

AOYAGI-STOM
(Continued from page 33)

I've never had a bad meal here. My favorites are the cinnamon French toast and their raspberry and lemon pancakes. Caffè Latte has their own selection of coffees so you can also pick up a pound of whole bean coffee while you eat. The service is always prompt and I've never had to wait for a seat at this place.

4. The Original Pancake House,
1221 Kapiolani Blvd., Honolulu, Hawaii, 808/596-8213
Honolulu's The Original Pancake House was on our list of must-visit breakfast places during our recent visit to Hawaii. My husband and I had to wait over an hour to get a seat at this popular local eatery but with their friendly service and wide array of choices this place is definitely worth the wait. The macadamia nut pancakes are perfection and all of the meal portions were gigantic. Their corned beef hash and Portuguese sausage are also very tasty. The Original Pancake House has locations all across the country so check out their Web site (www.originalpancakehouse.com) to find one close to you.

5. Doughboys Bakery,
8136 West Third Street, Los Angeles California, 323/651-4202
In the midst of hip West Hollywood and across from the trendy Paul Frank store you'll be dining with the beautiful and young crowd at this popular breakfast joint. Order the PBC & BB (crunchie peanut butter, bittersweet chocolate, and bananas) pancakes and you can't go wrong. They've also perfected the frittata and their blueberry flax seed griddlecakes are quite popular.

6. Fred 62,
1850 N Vermont Ave., Los Angeles, CA, 323/667-0062

This 24-hour eatery recently went through a design change but what remains the same are its amazing breakfast choices. You can't go wrong with their pancakes or French toast but I equally enjoy some of their lunch selections including their tuna melt with fries and their spicy Thai salad.

7. Hungry Lion Coffee Shop,
1613 Nuanu Ave., Honolulu, Hawaii 96813, 808/536-1188
Want to experience local Hawaiian food that even the locals rave about? Well the Hungry Lion is definitely the place where local residents head in droves. Their wide variety of dishes includes corned beef hash, somen, and macadamia nut pancakes.

8. Marché Restaurant,
42 Yonge Street, BCE Place, Toronto, Canada, 416/366 8986
While I was living in Toronto this was a favorite place to hang out with friends. A popular eatery for the business crowds during the week and a trendy place to hang out on the weekends, Marché is great for breakfast, lunch, and dinner. My favorite is their waffle and crepe bar where you wait and watch them prepare your selection. The bar features a wide variety of sauces, fillings, and fruits to choose from. My favorite was always the waffles with caramel sauce and fresh bananas.

9. Home,
1760 Hillhurst Ave., Los Feliz, California, 323/665-HOME
This cute outdoor eatery features an outdoor garden where guests chow down on the tastiest breakfast foods. Their unique selection of smoothies is a great way to start off your meal whether you order the French toast or smoked salmon lox and bagel. Definitely try their waffle cut fries which makes a great side dish.

10. Sunset Grill Restaurant,
2006 Queen Street East, Toronto, Canada, 416/690-9985
This was my brother's favorite breakfast place in Toronto and he often headed there on weekends with his buddies. Lines can wrap around the block but the wait is well worth it. Locals gather in droves here for some friendly conversation and a plate of bacon and eggs. Try the Canadian bacon as a great side dish.
<table>
<thead>
<tr>
<th>Seasons' Greetings</th>
<th>Holiday Greetings</th>
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<tr>
<td>Soyo, Irene, Caroline, Richard &amp; Hilorni Takahashi</td>
<td>Happy Holidays Satoko Nabeta</td>
<td>Jimmy &amp; Mariko Koide</td>
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<td>El Cerrito, CA 94530</td>
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<td>Howard, Mioto, Ryan, Kyle, Sue, Brian, Evan</td>
<td>Seasons' Greetings to All Our Friends Jun &amp; Tae Honda</td>
<td>Happy Holidays Bill &amp; Sochii Duane &amp; Judy Yamasaki</td>
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<td>The Yamamoto's</td>
<td>Richmond, CA 94803</td>
<td>Alinda, Richard, Riley &amp; Nolim Togashi</td>
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<td>Sue Yusa</td>
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<td>Joe Oishi</td>
<td>Seasons' Greetings to all Jack and Fukuyo Hamahashi</td>
<td>Happy Holidays Ren &amp; Janet Miyake</td>
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<td>Walnut Creek, CA 94595</td>
<td>Richmond, CA 94805</td>
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<td>Ayumi Schake</td>
<td>Seasons' Greetings from Harold &amp; Daisy Tsujimoto</td>
<td>Holiday Greetings to All Elsie Ogata</td>
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<td>Holiday Greetings to all our friends Edward &amp; Elko Matsuoka</td>
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<td>Happy Holidays</td>
<td>Holiday Greetings from Midori/George Goto</td>
<td>Holiday Greetings to All Our Friends Ben &amp; Fumiko Takeshita</td>
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<td>David &amp; Carol MacDiarmaid</td>
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<td>Richmond, CA 94801</td>
<td>Albany, California</td>
<td>SUGIHARA Eiko, Mark, Wayne</td>
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We gratefully acknowledge the splendid response to our request for advertisements in this Holiday Issue. Moreover, we earnestly encourage our members to reciprocate by supporting these friends of our chapter.

Happy New Year!
'Sure there are ups and downs in every marriage but once your parents can accept that your husband is not the “Shiroi Akuma” or “Quai Lo,” everything else is just gravy.'

YAMAMOTO (Continued from page 39)

7. They think you’re cute and exotic.
Admit it, when you’re hanging with your Asian friends you all look alike. Just like all blond-hair, blue-eyed girls look alike when they’re en masse too. But when you’re an Asian surrounded by Haoles your dark hair and almond eyes are quite sexy!

6. Instead of rice every night you can alternate with potatoes and pasta.
Variety is the spice of life! Sure you prefer rice but change is good too sometimes.

5. You have someone to help you carry the extra luggage.
It used to be you were limited to two pieces of check-in luggage when traveling by plane. Now you can take that third box full of obligatory gifts whenever you visit the family without the extra baggage fee.

4. You’ll always look relatively tanned next to your spouse.
No need to “fake bake” or risk skin cancer anymore. You’ll always be the darker spouse even in the dead of winter!

3. You can have a traditional Thanksgiving dinner every other year.
Compromise is the key to a happy marriage! One year you’ll have turkey with rice, macaroni salad and sashimi (you know, all the trimmings!) Then the next year you can have mashed potatoes, gravy and that darn green bean casserole all while sitting at the formal dining room table.

2. Your children have a decent chance of being taller than 5’4”.
Even if you’re barely 5 feet tall, chances are your Haole hubby is at least 5’9”. This greatly increases the odds that your daughter will not have to shop in the “petite” section or your son will not be the shortest kid in the class all through high school.

1. You can run in the house if you forgot something with your shoes on and not get scolded.
No more “Aiyah!” if, doggone it, you forgot to grab the shopping list off the counter. Now there’s no need to go through the process of taking off your shoes just to run in the house for five seconds and then put them back on again.

Top 10 list compiled by members of the Haole Hubby Club Brandi Arcidiacono, Lynn Okamoto Campbell, Sharlene Chun Jones.

Diamonds are a girl’s best friend. Especially if they’re your wedding rings!
Us and see signs that clearly say: "boys" and "girls." Mulan shows us that being strong and brave is not limited to either gender.

6. Apu Nahasapeemapetilon and the Kwik-E-Mart
No matter what one has to say about "The Simpsons,’ Apu Nahasapeemapetilon, the manager of Springfield’s Kwik-E-Mart, one cannot deny that this toy is hot!

The rarest of "The Simpsons” play set, this one is hard to come by. It’s extremely nicely designed and the figure is a wonderful three-dimensional representation of one of cartoon-dom’s (as well as toydom’s) few South Asian characters.

7. McFarlane SportsPicks NHLPA Paul Kariya
Professional hockey player Paul Kariya is no stranger to toys, having his likeness immortalized in everything from Starting Lineup figures to a Salvino Bammer. But, this figure, sculpted by the fine folks at McFarlane Toys, is truly wonderful. McFarlane Toys is known for its wonderful sculpting and rendering of its figures, but when you look at the Kariya figure closely, you almost feel like they’ve actually taken him and shrunk him down to toy form — that’s how life-like it is. The expression on his face and the contortion of his body take you inside the game. You don’t need to be a fan to know this is a great toy!

8. Kea Doll
I’m a sucker for handmade dolls. The Kea doll, designed by an Asian American mom, is a wonderful rag doll that comes in various traditional Asian clothing. So far, the Korean hanbok, Vietnamese ao dai, satin Chinese pantsuit, Japanese happi coat and Indian sari are available.

The doll, when ordered through their Web site (www.multiculturaldolls.com) comes with a coloring and paper doll book that explains Kea comes from a Chinese/Filipino/Hawaiian/Thai father and a third generation Japanese/Korean mother. That’s multiculturalism at its best! The doll is soft, simple and nicely put together. You can’t help but love this doll!

9. Gia (G-FIVE Club)
Forget Barbie’s APA friends and pick up Gia, a member of the Get 5 Club. This doll is TRULY APA. Unlike Kira, who has been relegated only to appear in Barbie-themed lines such as “Butterfly Art” and “Soccer,” Gia is part of the gang. She’s hip and trendy and can be what all the other girls can be. And, the G-FIVE Club has a diversity of occupations the dolls can choose from. They can be a journalist, an artist, a scientist, a salon owner or banker. Also, unlike the APA dolls in the Barbie line, Gia actually looks like she’s from Asian descent and not like Barbie with skin dis-coloration or slanted eyes.

10. Nien Numb
Before all the hullabaloo about "Star Wars: The Phantom Menace” containing racist portrayals in their alien characters, Nien Numb graced the screen in “Star Wars: Return of the Jedi.”

Although this Sullstan pilot is not technically of Asian descent, several people have interpreted him as such. Perhaps it’s his large almond shaped eyes or his Asian sounding language. Whatever the case, he is one of “Star Wars” most popular Asian-inspired characters. Both the vintage and the “Power of the Force” figures are actually nicely sculpted (particularly the “Power of the Force”) and are fitting tributes to Nien Numb.

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ASAKAWA
(Continued from page 6)

'I used to get this all the time. It's Bruce Lee's fault for making the curious, chirpy-screechy noise in the first place in his 1960s and '70s kung fu flicks. Now every lowbrow doofus in America thinks it's funny to imitate Bruce Lee whenever they see an Asian.

Ha ha.'

It's true, Japan has a wonderful tradition of arts and culture. And, it's true that many JA communities have preserved the old-fashioned part of that culture with minyo dance groups, ikebana classes and koto lessons. But most of the JAs I know aren't immersed in Japanese culture. I love Japan and Japanese, and I identify more as a Japanese than many JAs. But make no mistake — I'm Japanese American, and that's different from being Japanese.

4. "Can you teach me how to make sushi?"
I've helped make sushi before. It's much easier to buy it. To use a Japanese word, it's "mendokusai" ("a pain in the butt").

3. "Ching-chong Chinaman ..."
I admit I haven't heard this one in a while, but a Vietnamese friend of mine was accosted recently by the familiar sing-songy approximation (to calligraphy. You see it on Chinese take-out boxes, and to me, the font (and the "ching-chong Chinaman" sound) screams of disrespect and prejudice.

2. "Ooooh yeeeeuw eeeaaagh!" (Bruce Lee imitation)

TANAKA
(Continued from page 7)

'Children often say the funniest things. Their comments are honest, curious, and refreshing.'

head, in his liver, throughout his bones and bone marrow.

Tyler was a sweet, happy, courageous boy who never complained about the treatments he endured. He loved to collect Pokemon cards, play sports, cook, draw, take pictures of people, play Game Boy, and watch superhero television shows. Tyler's artwork was chosen for Corporate Angel Network's 2003 holiday card. Tyler also participated in the LunchforLife.org campaign, and was featured in Cold Stone Creamery's Make-A-Wish fundraiser in Highland Park, Ill. Through the Make-A-Wish Foundation, Tyler was able to fulfill his dream of visiting Walt Disney World with his family.

Despite another three rounds of chemo and two experimental high dose radioactive injection therapies in San Francisco, Tyler lost his battle on April 15, 2005. He passed away quietly at home in Highland Park, Ill., surrounded by his family. Tyler showed great bravery throughout his treatments and was an inspiration to other children and adults battling cancer. Tyler's preschool will be building a children's playground on the school property in his memory.

Tyler was loved deeply by his family and friends. And he loved everyone back, touching us all with his enthusiasm, big smile and curiosity for life. While his life was short, the impact he made to others was tremendous — and makes you realize that the impact you make in life is not based on the number of years you live, but how you live your life. Tyler had a full and inspiring life. He is with us in all of our hearts today, and we will carry that with us for the rest of our lives.

Gail Tanaka is a board member of the JACL San Francisco chapter.
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Happy Holidays
Misao Sakamoto  |  Aki Yamamoto
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Seasons Greetings
From
French Camp JACL

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May the kindred spirits
of your Assei/Nisei ancestors
watch over you.

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PACIFIC CITIZEN
Holiday Issue, December 2005

102
HOLIDAY GREETINGS
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Family-Owned and Operated Since 1928

As the oldest, continuously family-owned and operated rice farm and mill in California, we own all facets of production—from growing and harvesting our proprietary heirloom strains, to milling and packaging the best, unadulterated premium rice.

Kakubo® The Original Heirloom Variety
Developed on our farm in 1974, Kakubo® rice maintains a set of singular characters—unique to its environment. To this day, we maintain our own seed program to preserve the purity of this heirloom strain of rice. Unlike modern strains, Kakubo® rice is slow to mature, rich in nutrients, and least to yield. Koda Farms alone grows and harvests the original Kakubo® Rice variety.

Farming through the Generations
We firmly believe our kinship patterns appreciate the fact that Koda Farms’ products are grown and milled on our family land. We have worked our land since the 1920s and have long specialized in one thing only: rice products exclusively.

Other Products from Koda Farms
Sho-Chiku-Bai® Sweet Rice®-Mochiko® Rice 

Kodai® The Original Japanese Natural Rice

Kodai® Rice is the traditional Japanese rice that is slow to ripen and produces smooth, chewy, and flavorful rice.

As the only rice farm and mill in California, we own all facets of production—from growing and harvesting our proprietary heirloom strains, to milling and packaging the best, unadulterated premium rice.

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Happy holidays and all the best in 2006!
Virginia & Hide Tonomatsudo
San Mateo Chapter

NOELL K. KUBOTA
ATTORNEY AT LAW
439 AIRPORT BLVD.
SUITE 323
BURLINGAME, CA 94010
(650) 579-7535
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phone: (650) 343-6994
e-mail: takashimkt@aol.com
www.takahashimarket.com

Happy New Year!

Mai pa'a i ka leo
Do Not Suppress Your Voice
Me ke aloha pumehana
Kate Motoyama

KARYL MATSUMOTO
Councilwoman
City of San Mateo
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Season's Greetings

Wishing you the best this holiday season

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In Memory of
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SMUD, Sacramento Municipal Utility District
Season’s Greetings
from the San Jose JACL

San Jose JACL
All Post Fais in California (CA)

Happy Holidays
Mark, Lisa, Emily & Allison Kobayashi

Remembering Nisei Soldiers of WWII
Judy Nishizawa

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Peace
Love
Joy
Hope
Faith
American Holiday Travel 2006 Tour Schedule

HOKKAIDO WINTER FESTIVALS HOLIDAY TOUR
- Feb 5-13
- Supported by the State of California, Ashram, Larry at (612) 566-7123

Tokyo, Hakone, Lake Hamana, Hiroshima, Kyoto.

JAPAN SPRING HOLYDAY TOUR - MAR 26-APR 6
- Hiroko, Your tour Director. Koyamata, Kamakura, Sakurai, Kamakura.
- Includes: All meals, transportation, sightseeing, admission feeh and nightly entertainment.

GRANDPARENTS/GRANDCHILDREN JAPAN TOUR - JUN 25-JULY 4
- George, Your tour Director. Kamakura, Tochigi, Himeji, Kyoto, Nagoya, Hiroshima.

MOSUZU'S MUSICAL CITIES HOLIDAY TOUR - JUN 27
- George, Your tour Director. Tokyo, Shinjuku, Tokyo, Akita, Sendai, Kagoshima.

SAN FRANCISCO-MOUNTAIN TAHOE HOLIDAY TOUR - APR 29-MAY 2

NAOCA'S HIKI-CIEH O HOLIDAY TOUR - JUN 28-JULY 1
- George, Your tour Director. Kyoto, Himeji, Hiroshima, Hiroshima, Fukuoka.}

TOURS AND CRUISES FOR 2006
Mar 12-19 - Yamaato Ice Classic & Chika Hot Spring Tours - 6 night/7 day. Filled with packaged travel contests and special events.

May 23-31 - Yamaato Canadian Rockies by Rail Tour with Celestica Vacations - Approximately 10 nights.

June 20-27 - Yamaato Alaskan Cruise aboard Holland America's Westerdam. 4-night cruise.

July 1-8 - Yamaato Japan and Walt Disney's Tokyo Disneyland & Tokyo DisneySea.

July 7-15 - Yamaato New Zealand and Walt Disney's Aulani & Disney's Paradise Cove.

July 8-14 - Yamaato South Dakota with DeLuxe Hotels & Travel - 4 nights.

Sept 15-21 - Yamaato Italian Lakes & Greek Islands with Celestica Vacations - 5 nights/6 nights.

Oct 13-20 - Yamaato Exclusive East Coast/Central/East Europe Fall Voyage - 9 night/6 nights. - Cooperstown-Bedford Falls, Ohio, Goodwood and Althorp House, England. - Yumi Lomura

Oct 20 - Yamaato Tour to Cambodai, Vietnam, and Thailand

Oct 2-19 - Yamaato Deluxe Autumn Tour to Japan - 5 nights.

Nov 2-16 - Yamaato South Pacific Wonders with Celestica Vacations - 9 nights/6 nights. - Melbourne, Cairns, Great Barrier Reef, Sydney, Queenstown, Milford Sound, Queenstown, Milford Sound. - Glyn McLean

Yamaato Travel Bureau continues to be a full service travel agency. This means we will not only book your flights, hotel rooms and make all arrangements, but will also book all necessary travel accommodations: car rentals, tours, cruises, river cruises, etc. We also look forward to our discounted charter flights to certain destinations. Please call our concierge travel consultants for your tour and travel arrangements.

Professional members of the American Society of Travel Agents, Cruise Lines International Association (CLIA), Pacific Asia Travel Association (PATA), VACATION.COM, and others.

Wishaw Wishes for a happy and healthy New Year!

KOKUSAI-PACIFICA 2006 TOURS
Mar. 13 - Best of China - 9 days - All Meals - $2495 - 3 days Beijing - 2 days Xian - 2 days Guilin - 2 days Shanghai.

Mar. 27 - Spring Cherry Blossom - 11 days - All Meals - $395 - Tokyo - Takayama - Nara - Kobe - Okayama - Takahashi - Hiroshima - Inland Sea - Shikoku - Kyushu.


Apr. 26 - NEW DATES! Orient Deluxe with Cruise - 12 days - All Meals - $395 - Hong Kong-Singapore-3 day cruise to Malaysia & Thailand-Bangkok.

May 15 - NEW DATES! Copper Canyon Adventure - 9 days - All Meals - $1805 Tucson, AZ. Mexico, San Carlos Pal-Puerto Copper-Canyon-Chihuahua El Paseo, TX.

June 6 - America Once More "Southwest" 8 days - Meals-


July 3 - Southern USA-Jewel Cruise - 10 days - All Meals - $395 Child 11 & under $2795 - Tokyo - Takayama - Nara - Kobe - Hokkaido - Inland Sea - Shikoku - Kyushu - FILLING FAST

July 18 - Glacier National Park & Rockies 7 days - All Meals - $395 - Calgary - Banff Springs - Lake Louise - Columbia Icefields.


Aug. 30 - Central & Eastern Europe 7 days - All Meals - $2695 - Prague - Vienna - Munich - Salzburg.

Sept. 22 - Waterways of the Canals - 13 days - All Meals - $3995 - Moscow to St. Petersburg. SOLD OUT

Oct. 9 - Hokkaido - 8 days - All Meals - $795

Oct. 16 - Unusual "Otherworldly" Japan - 11 days - All Meals - $2595

Oct. 29 - Fall Japan Classic - 11 days - All Meals - $4590

Nov. 5 - Oita & Shikoku 12 days - All Meals - $2595

Dec. 9 - Radisson Tahiti Cruise - 9 days - All Meals - From $2695
Since 1947 the JACL HEALTH TRUST has offered Health Care coverage to JACL members

To protect you and your family from even common accidents and illnesses the JACL HEALTH TRUST provides Blue Cross of California health care coverage. Blue Cross of California has been providing health coverage to Californians for over 65 years. Blue Cross is committed to keeping you connected to quality health care services.

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Eun Law-In
Lynne Tanaka

Peace & Joy
Hiroshi & Grayce Uyebara
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2192 Grandview Ave.
Cleveland Heights, OH 44106

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719 Fairview Dr.
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floydshimomura@Charter.net

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Helen Kawagoe
21205 S. Avalon Blvd. #109
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(310) 830-3994

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3234 W. Mercur
Phoenix, AZ 85029

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21205 S. Avalon Blvd. #109
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Phoenix, AZ 85029

Holiday Greetings to Our JACL Friends
Jerry & Dr. Dorothy Enomoto
310 Vista Court Circle
Sacramento, CA 95835

Season's Greetings from the Holiday Issue Project

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Alan, Diane, Cory, Kristy Mikuni

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7414 S. 126th St.
Seattle, WA 98178

Holiday Greetings
Peace & Joy
Hiroshi & Grayce Uyebara
665 Redding Way
Medford, NJ 08055

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310 Vista Court Circle
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Holiday Greetings
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Seattle, WA 98178

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Portland, OR 97216-3467

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