SPACIFIC CITIZEN

WELCOME TO LITTLE TOKYO

JACL's upcoming
National Convention
is set to take place
next month in one
of the last remaining
Japantowns in the U.S.

» INSIDE:

A Programming
Preview of
Convention,
Honorees and
Film Series
Screenings

I'LL SEE YOU IN LOS ANGELES

JACL National President

look forward to seeing you in Little Tokyo Los Angeles to be "Rooted in Community," July 20-23. This year's National Convention theme tells us that we can be completely culturally immersed in Little Tokyo's museums, history and community organizations. It reminds us that we must have the creativity and flexibility to adapt to new situations while remaining committed to our mission and values.

The pace of change in the world is accelerating, and though we continue to honor and reflect upon our past, we must extend our view to formulate a sustainable vision for the future of our organization. Our National Convention gives the opportunity to deliberate the issues that affect us, share ideas to revitalize our membership and inspire those who will become our future leaders.

The Convention Committee has arranged for workshops and speakers

Name: _

Address 1:

Phone Number: -

that will educate and inspire our delegates. There are also a whole assortment of tours and activities that will initiate folks to the rich history of one of the last remaining Japantowns in the United States.

The legacy we have been given is one of perseverance, sacrifice and accomplishment. We are here today because of the truly extraordinary leadership that guided our community. This is a legacy we need to continue, and it is on our shoulders that this responsibility rests.

The JACL and those we represent are affected by the events and changes in the political and economic environment and the rapidly changing demographics in our country. We embrace these changes as an opportunity to set a course that adheres to our historic mission and effectively achieves our goals.

We recognize the need to assess and adapt our organizational structure and programs while fostering new generations of leadership in our ever-changing society.

are much more than the dreary business of the organization, and I hope that more of you will take advantage of the educational and cultural experiences that are available to convention attendees in Little Tokyo.

Convention is an opportunity to put a finger on the pulse of the organization, to find out what it's doing and how well. Delegates can actually adjust the future direction of JACL.

Our chapters and individual members have been busy doing the good work of JACL this past biennium, and there are several outstanding members and chapters that have been doing great things for our community and our nation. We will be honoring some of them at this convention. Come and see what others have accomplished.

Conventions are heady times. For delegates, the experience of

participating in governing the organization is an obligation that is very rewarding. You have a hand in determining the direction and focus for the organization for the remainder of this biennium and the future.

The Convention Committee has planned many interesting and insightful activities for delegates and boosters. Being an Off-Year Convention, we take the opportunity to provide more educational activities to inform our members of topics that we are unable to accommodate during business sessions.

A complete list of individual events is available online at our website, www.jacl.org. I will see you "Rooted in Community" in Little Tokyo from July 19-23!

HOW TO REACH US

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and especially LOVE the much easierto-navigate digital archives. It's a treasure trove for JAs to learn about our community's history, and for scholars and journalists looking to connect the

'I'm glad to see the Pacific Citizen

growing and evolving with its website,

past with the present. Thanks for the

mprovem	— Gil Asakawa
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PACIFIC CITIZEN COMMENTARY June 23-July 13, 2023



FROM THE EXECUTIVE DIRECTOR

LAST CALL!

By David Inoue, JACL Executive Director

t's been a while since I've been at a bar late enough to hear the shouts of "Last Call," but at some point, there needs to be a cutoff, and we are quickly approaching that point for reserving your place with a full registration at the 2023 JACL National Convention "Rooted in Community" in Little Tokyo. We will be cutting off full registrations on July 9!!! And if you need a room at the Doubletree, you need to reserve

ASAP, as we are getting close to filling our room allocation on some nights and have actually exceeded it for days before and after the official convention dates.

Among the highlights of what your registration will include is a seat at the sold-out performance of "Defining Courage" on the afternoon of July 23. Every performance of "Defining Courage" has sold out, including two prior performances at the Aratani Theater and most recently at the Segerstrom Center for the Arts in Orange County. A second evening show on July 23 has now been added.

In addition to the live performance

of "Defining Courage," actress Tamlyn Tomita will be leading a reading of the play "Question 27, Question 28" on the evening of July 20. The welcome reception will feature performances by Eden Kai on the ukelele and Staci Toji's worldrenowned hula dancing, and the Sayonara Gala will feature comedy troupe Cold Tofu, rapper Robbie Yoshikawa and the Grateful Crane Ensemble. USC Kaizen Taiko will open the Welcome Reception, and the Taiko Center of Los Angeles will open the Sayonara Gala.

If you haven't already, be sure to reserve your time to visit the Ireicho at JANM. In addition, nearly 30 workshops and plenary sessions will feed your brain along with National Council sessions, or you can escape to the film screenings throughout the day on July 19-21. Or, you can go to the other extreme and let loose on the dance floor on July 21 to music by Asian Persuasion.

If you are a foodie, we will have plenty of food for attendees featuring local businesses, with welcome reception food from Aloha Cafe, Millet Crepe and Cafe Dulce; the Sayonara Gala will be catered by Azay, with dessert provided by Fugetsu-Do. On the evening of July 20, the Consulate General of Japan in Los Angeles will be hosting a reception in the beautiful Kyoto Gardens at the Doubletree. The NYSC will hold its luncheon on July 21, also at the Doubletree, where they will also recognize this year's recipient of their Vision Award. And we will provide several spots in the program where you can make your way out into the Little Tokyo neighborhood to sample some of the great dining options available.

We are especially grateful to our Diamond, Ruby and Sapphire sponsors for their especially generous

support. This year's Diamond sponsor is State Farm and at the Ruby level is AT&T. At the Sapphire level are AARP, Comcast, MGM and Verizon. We are also grateful to our community partner hosts at the Terasaki Budokan, Japanese American National Museum and Japanese American Cultural and Community Center.

This year's JACL National Convention is one you don't want to miss, but if you don't register now, you may find yourself with the anxiety of FOMO (Fear of Missing Out for those of you who are my age and older). So, visit https://jacl. org/2023-jacl-national-convention, and register now. You won't regret it.

David Inoue is executive director of the JACL. He is based in the organization's Washington, D.C., office.



LEGAL-EASE: AN ATTORNEY'S

PERSPECTIVE

WHEN AGING PARENTS **NEED HELP**

By Judd Matsunaga, Esq.

Te just got word that my cousin from Chicago just passed away. Bruce Matsunaga died at 76 years of age. Interestingly to me, he was the first Sansei in the Matsunaga clan (approximately 12-15) to die. In some ways, he was one of the lucky ones, i.e., passing quickly of a heart attack while playing his favorite sport, golf, on a beautiful day.

Did you know that only a minority of people transition from being fully independent to deceased, with no intervening period of needing assistance? In other words, "Only the good die young." The rest of us will eventually need some form of assistance and care, especially if we live into our 80s, 90s or beyond.

Sometimes, the care required is fairly simple, e.g., a little help with transportation or arranging for some assistance with shopping or household chores. But in other cases, more care is required, e.g., housecleaning, meal preparation, laundry, grocery shopping and personal care services (such as bowel and bladder care, bathing, grooming).

Helping an older parent is rewarding but can easily become a source of chronic stress. Quite often, family caregivers find themselves having to



take on quite a lot. Because family caregivers are often busy, they can easily neglect their own needs and well-being, which can jeopardize their own health and also affect their ability to care for and connect with their older parent.

You, the caregiver, desperately need some help and regular breaks. However, many times the senior refuses. Your senior might see strangers coming into their home as a waste of money, an insult to their abilities or an invasion of privacy. Fortunately, there are ways to make this transition easier.

Family Caregiver Alliance gives some helpful tips on how to make in-home care more acceptable, even if your older adult initially said no. The following are highlights of key points from an article titled "Introducing In-Home Care When Your Loved One Says 'No":

1. Start gradually.

Begin by having the aide come only a couple of hours each week, then add hours as your loved one builds a relationship with the helper. If you feel comfortable with the attendant running errands or preparing meals

that can be brought to the house, you can start with those services, which can be done outside the home.

2. Listen to your loved one's fears and reasons for not wanting in-home care.

Express your understanding of those feelings. If possible, get your loved one involved in choosing the aide. He or she will feel more invested and comfortable with the decision.

3. This is for me. I know you don't need help."

Expressing the need as yours, rather than your loved ones, helps maintain his/her sense of dignity and independence. You can also add that having someone stay at home allows you not to worry while you are gone. Make it clear that you will be coming back.

4. "This is prescribed by the doctor."

Doctors are often seen as authority figures, and your loved one may be more willing to accept help if they feel that they are required to do so.

5. "I need someone to help clean."

Even if this is not the real reason, often people will allow someone in to clean when they "don't need" care for themselves.

6. "This is a free service."

This strategy may work if other family members are paying for the home care or if it is, in fact, provided without charge. Your loved one may be more open to using the service since she does not feel that she is spending money for it.

7. "This is my friend."

By pretending that the attendant is a friend of yours you are relating the home care worker to the family.

This can help with establishing trust and rapport. You can also say that your "friend" is the one who needs company and that by having him or her over your loved one is helping him out.

8. "This is only temporary."

This strategy depends on the condition of your loved one's memory. If he/she often forgets what you say, then he/she may also forget that you said this. By presenting the situation as short-term, you will give some time for your loved one to form a relationship or become comfortable with home care as part of his/her daily routine and give you a chance for a well-deserved break.

Hopefully, one of the above tips works, and you are successful in getting your senior to agree to give an in-home caregiver a try. Great — but proceed cautiously! Here are some common mistakes that can cause families problems from boardcertified geriatrician Dr. Leslie Kernisan, MD, MPH, on "Common Mistakes to Avoid When Hiring an In-Home Caregiver" (source: www. betterhealthwhileaging.net):

1. Paying individual caregivers "under the table."

It may be tempting to hire an independent caregiver or one that does not work for an agency because of the cost savings. But doing so can leave you in violation of IRS laws if the appropriate taxes are not filed and paid. Federal laws consider paid caregivers to be "household employees," and generally you must pay taxes and follow other rules if you pay them more than \$2,000 in a calendar year.

2. Allowing the paid caregiver to have too much control or access.

It is important that family members stay involved in their loved one's care, even when trusted caregivers are in place. When there isn't much family oversight, an older person can be vulnerable to abuse, neglect and exploitation. So, it's essential that family members stay informed and aware of what is happening in their loved one's life.

3. Naming a paid caregiver as a healthcare or financial agent.

It may seem unlikely, but this happens all too often! A trusted caregiver that has been with a family for years will be named as the healthcare or financial agent on powers of attorney out of a desire for efficiency and with a false sense of security. Older adults may feel like their trust will not be betrayed by their loyal companion, but this situation puts the older adult in a vulnerable situation.

In conclusion, today more seniors than ever are hiring in-home care. That's because they want to "age in place," but need help with Activities of Daily Living (ADLs) and Instrumental Activity of Daily Living (IADSs). And as many PacificCitizen readers already know from personal experience - helping an older parent in late life can be a pretty complicated endeavor.

Get some help!!!

Judd Matsunaga is the founding attorney of Elder Law Services of California, a law firm that specializes in Medi-Cal Planning, Estate Planning and Probate. He can be contacted at (310) 348-2995 or judd@elderlawcalifornia.com. The opinions expressed in this article are the author's own and do not necessarily reflect the view of the Pacific Citizen or constitute legal or tax advice and should not be treated as such.





A MOTHER'S TAKE

PROUD MARY

By Marsha Aizumi

had always thought that "Pride" was a negative word. I used to live in Arcadia, Calif., where there were a lot of peacocks that strutted down our street, ate my flowers and pooped on my driveway. And though they are beautiful birds, the phrase, "Proud as a peacock," seemed to fit their arrogant ways and disregard for my property. I also know that "Pride" is one of the seven deadly sins, along with envy, gluttony, greed, avarice, lust, sloth and wrath. Yikes, who would want to align themselves with those seven qualities.

Yet, June is considered Pride month . . . a time to celebrate and embrace all of who you are. And how can that not be a positive thing. A highlight for me this month is the second Pride Flag raising in San Francisco's Japantown by Okaeri NorCal, which took place on June 4. In Los Angeles, Okaeri held its first-ever Queer Obon on June 17 at the Terasaki Budokan. These are just a few of the many things I am proud of.

Also, recently I got a text from a grandmother, Mary, who I had talked to over a year ago about her transgender grandson. At that time, she was scared, sad and uncertain. I could relate to all she was feeling. I heard all those feelings in her voice, but what I also heard was love for her grandchild, which you could feel ran deep. Now, she sent me a photo of her grandson with his friends at a Pride Parade and simply said, "Call me anytime." So, I gave her a call.

Her voice was different now. It was filled with joy and awe and happi-

Her grandson, Tommy, has opened up her eyes and expanded her world.

When she doesn't understand something going on in the LGBTQ+ community, he will patiently explain things to her. She is learning and growing. Tommy has friends that care about him and will correct the teacher who uses his wrong pronoun. He is going to summer camp, and all the camp people are looking out for him and his other friends, some of whom are transgender, too.

Mary's gratitude is unmistakable. Tommy's parents are standing by his side, and even without a playbook, they are following their heart. When Tommy was getting bullied at school by another boy, they did not tell their child to "buck up." Tommy's parents set up a meeting with the other boy and his parents. The bullying has stopped. I could feel how proud this grandmother was of her son and her daughter-in-law.

And Mary says, "I just can't get the pronouns right." But she tells me that Tommy says, "It's OK grandma, I know you are trying and that you love me." Tommy is still proud of her, and though she may struggle, she says, "My family and I are on a journey that is going in the right direction."

And so this month, if you have an LGBTQ+ child, grandchild, friend or family member, I hope you tell them how proud you are of them. Share the ways they inspire you to live more authentically and courageously. But most of all, share how much you love them. We all want to be proud of who we are, but we all want to be loved.

HAPPY PRIDE!

Marsha Aizumi is an advocate for the LGBTQ+ community and author of the book "Two Spirits, One Heart: A Mother, Her Transgender Son and Their Journey to Love and Acceptance."



Florin JACL-Sacramento Valley **Chapter Awards Scholarships**

The Florin JACL chapter is pleased to announce its 2023 scholarship awards. This year's recipients are outstanding students attending a Sacramento area high school and California universities. Each applicant was judged on achievements in JACL involvement, academic and scholastic honors, extracurricular activities including leadership positions, community service, work history and Japanese cultural activities as shown on their written application, letter of recommendation and personal interview.

The chapter is pleased to award the following students:

FRANCISCO CIRAULO is the son of Nancy and Rich Ciraulo. He is completing his freshman year at Stanford University and has a keen interest in public service and civil rights work. Ciraulo has been an active participant in several JACL activities since he was 8 years old when he first attended the pilgrimage to Manzanar. He regularly attends the Time of Remembrance programs at the California Museum and has participated in educational programs of the Japanese American Archival Collection at Sacramento State. At Stanford, he is involved in programs that address ethnic disparities in health care such as the Asian Liver Center and the California Hepatitis Elimination Coalition. Ciraulo's broad perspective on race, culture and diversity have also fostered his participation in the Chicano Latino Youth Leadership Project and the Future Latino Leaders Summer Law

CONNER GILL, as a Troop 250 Boy Scout, earned his

Eagle Scout award by planning and executing the renovation of the Placer Buddhist Church grounds, enhancing public safety and landscaping. The son of Tami and Michael Gill, he is currently director of cultural affairs for the Nikkei Student Union at the University of Southern California. He also attends monthly JACL meetings for the West L.A./Venice chapter. This year, he facilitated the Day of Remembrance, coordinating with Mitch Maki, CEO of the Go For Broke organization. Gill appreciates that his opportunities are due to sacrifices made by past generations, and he hopes to pay it forward through his involvement in local JACL chapters. He currently attends USC, where he is majoring

in business administration with a concentration in real estate finance.

GRACE MATAYOSHI, daughter of Mika and Greg Matayoshi, has an extensive history of school, community, church and social involvement. Currently a senior at Cal State University, Sacramento, majoring in social work and Asian Studies, she hopes to pursue postgraduate work in social work and public policy while studying in Japan. Matayoshi participated in the pilgrimage to Manzanar as a Manzanar Youth Ambassador, traveled to Japan in 2018 in the Kakehashi Program, performed

with the Ohana Arts in the "Peace on Your Wings" production, served as co-vp of the Sacramento Sr. Young Buddhist Assn. and served as a teacher with the Jan Ken Po Gakko cultural program.

Wherever her career choices take her, Matayoshi seeks to commit herself to support and participate in organizations that further the continuation of Japanese culture in America.

JORDAN SHIMOSAKA, son of Diane and Dennis Shimosaka, will graduate from Folsom High School in Folsom. He has been on the honor roll throughout his high school years, including the Teacher's Selection: Outstanding Student Academic Award for Biology. He has also been a member of the California Scholarship Federation and the Interact

Club, where has received

recognition as the Most Valuable Volunteer. In addition, Shimosaka has been an active member of the Sacramento Buddhist Church and has been an active participant at events of Florin JACL such as the Nikkei Hot Dog Fundraiser and the Obon workshop. Through his participation at Japanese American events, Shimosaka feels the stories about the Japanese American incarceration need to be told and appreciates the

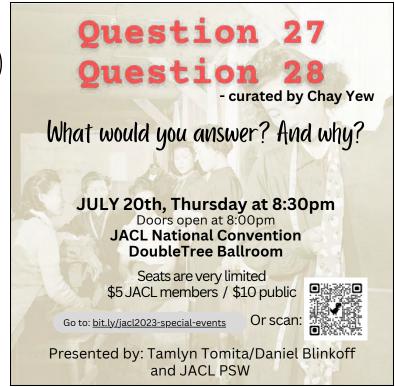
Day of Remembrance activities of Florin JACL. He plans to attend Folsom Lake Community to pursue his interests in machine automation and design manufacturing.

ANNIKA TAMAKI, daughter of Sandee and Glenn Tamaki, is earning her bachelor of science degree in nursing at the University of California, Los Angeles. At UCLA, Tamaki is active in the Nikkei Student Union and produced and directed NSU's annual Culture Night Performance. She also created a stage adaptation of her Aunt Sachi's book, "Bend With the Wind," which followed the story of her

grandfather's eldest sister, Sachi Tamaki, and her family's experience through incarceration during

World War II. She is also the incoming president of UCLA's NSU. Tamaki is dedicated to serving her community and has been awarded a number of community scholarships.

The Florin JACL chapter is proud to honor and recognize this year's scholarship recipients.



Each year, the Japanese Benevolent

MEMORIAL DAY OBSERVED AT

COLMA CEMETERY

The Japanese Benevolent Society of California hosts the

event at the historic Japanese cemetery in Northern California.

By Emily Murase, Contributor

The Japanese Benevolent Society of California with support from the Japanese American Religious Federation hosted the 73rd annual Community Memorial Day Service on an unusually sunny day at the historic Japanese Cemetery in Colma, just outside of San Francisco, on May 29.

Presided by Japanese Benevolent Society Executive Director Seiko Fujimoto and Board VP Victor Iwamura and emceed by Judy Nihei, the event featured remarks by the Hon. Yasushi Noguchi, consul general of Japan in San Francisco.

Key leaders in the community also presented offerings to the Shokonhi Memorial Monument, which pays tribute to the 129 immigrant lives lost in the 1901 "City of Rio De Janeiro" shipping accident; the War Memorial Monument that honors all Nikkei veterans; and the Kanrin Maru Memorial, which commemorates the three sailors who served on the first Japanese ship to arrive in the United



Japanese Consul General of San Francisco Yasushi Noguchi delivers remarks.



Rev. Joanne Tolosa and Rev. Masato Kawahatsu of the San Francisco Konko Church offer blessings.

PHOTOS: MARK SHIGENAGA





States on March 17, 1860, to San Francisco and later died of illness.

PHOTO: EMILY MURASE

Covering 3.5 acres on a hillside facing the Pacific Ocean, the Colma Japanese Cemetery is the final resting place for more than 5,000 members of the Nikkei community and their families.

Seeded with a landmark \$10,000 grant from the Meiji Emperor in 1902, the Japanese Benevolent Society, dedicated to preserving the Japanese Cemetery, is the oldest Japanese nonprofit organization incorporated in California.

According to early Articles of Incorporation, the Japanese Benevolent Society was formed to (1) "give aid

Presented

and comfort to the sick and needy of [the Japanese American] community" and (2) "own and operate a cemetery for the Japanese American community."

-

The goal of the founders of the Japanese Benevolent Society that carries on today is to bring together various organizations and religions, reflected in the large stone monuments dedicated to the Buddhist, Christian and Shinto traditions that stand prominently at the Japanese cemetery and a close and enduring partnership with the Japanese American Religious Federation composed of a dozen churches and temples serving the Japanese community.



By Cheyenne Cheng, JACL Youth and Programs Manager

his year's JACL National Convention is shaping up to be a great one, and I'm so excited for all of us to be meeting in Los Angeles' historic Little Tokyo neighborhood this summer. In keeping with the theme of "Rooted in Community," expect to actually be in community!

The Welcome Reception will take place at the Terasaki Budokan, and the Sayonara Gala will be at the Japanese American Cultural and Community Center's Noguchi Plaza. Don't worry, both locations are a short walk away from the DoubleTree, and we will have volunteers provide assistance in wayfinding. We really wanted to uplift as much of Little Tokyo as we could and hope that you will support the community during your stay.

Here's just a brief snippet of what this year's convention entails:

Plenaries, Workshops, Film Screenings, Oh My!

With more than 25 workshops

across July 21-22, one can expect to hear from local organizations, fellow chapter members and JACL's national partners and sponsors. Similar to last year, plenaries and select workshops will be livestreamed for our virtual participants. If you can't pick between two or more concurrent workshops, no worries! Most workshops will be recorded and uploaded for later

Special Events & Entertainment

On July 20, Tamlyn Tomita will be performing the play "Question 27, Question 28," which portrays the struggles and tenacity of Japanese American women in World War II incarceration camps. On the evening of July 21, the Greater Los Angeles chapter will be hosting a dance with live music from Asian Persuasion. July 22 will feature an afternoon matinee of David Ono's "Defining Courage," a journey into the legacy of the Nisei Soldier. Admission to all events are included in a full registration. Those with a community day pass will need to purchase separate tickets.

National Convention would not be possible without the work of JACL's staff and volunteers. Lastly, don't forget to register!

Fun fact: This will be my first inperson convention ever! I missed last year's convention to play piano for my dear friends' wedding. I'm excited to see you all in Little Tokyo



"Defining Courage" is a powerful live show that brings to life the remarkable stories of the Nisei soldiers of World War II.

Americans of Japanese ancestry...they were the greatest fighting units in US history.

- Live Storytelling, Music & Choir
 - Stunning Cinematography
 - Unforgettable Evening!

Boldly

Sunday, July 23 2:00 pm

7:00 pm show now on sale

JACCC Aratani Theater

Little Tokyo, Los Angeles

Tickets: JACCC.org/courage



DefiningCourageShow.com









NATIONAL CONVENTION: To Live and Dine in L.A

Little Tokyo and its environs offer many options within walking distance of the DoubleTree.

By P.C. Staff

or out-of-towners and locals alike, Little Tokyo and the surrounding area offer a plethora of possibilities for food and drink just minutes from the Hilton DoubleTree, site of the 2023 JACL. National Convention, set for July 19-23

Short of hopping on a jet to Tokyo, Kyoto or Osaka, Little Tokyo offers many options to sate most Nihon shoku-related gustatory cravings one might have - and several watering holes to meet with old and new friends for a 21-and-older libation.

Following are some establishments to consider. Prices can range from kechinbo-friendly to tippy top of Tokyo Tower takai, so check URLs where they are provided and call ahead to see whether reservations are required. And, though the area is mostly safe for solo pedestrians, walking through the occasionally pungent streets of Little Tokyo with a group of conventiongoers is not the worst-ever idea.



1) AIZEN UDON, 232 E. 2nd St. (3-min. walk from DoubleTree) Cuisine: Traditional and modern udon

URL: aizenudon.com **Phone:** (213) 278-0760

Hours: Mon.-Fri., 11:30 a.m.-2:30 p.m. | Mon.-Thurs., 5:30-9 p.m. Sat.-Sun., 11:30 a.m.-4 p.m. | Fri.-Sat., 5:30-10 p.m. | Sun., 5:30-9 p.m.



2) AZAY, 226 E. 1st St. (3-min. walk from DoubleTree)

Cuisine: Traditional Japanese and select European-style dishes

URL: <u>azaylittletokyo.com</u> **Phone:** (213) 628-3431

Hours: Tues.-Fri., 11 a.m.-1:30 p.m. Sat.-Sun., 9 a.m.-1:30 p.m. | Thurs.-Sat., 5:30-7:30 p.m.

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3) CHADO TEA ROOM, 369 E. 1st St. (7-min. walk from DoubleTree) Cuisine: Large variety of teas and salads, sandwiches and paninis

URL: chadotea.com **Phone:** (213) 258-2531

Hours: 11 a.m.-6 p.m. (last seating at 5 p.m.), daily

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4) CHINCHIKURIN, 350 E. 1st St. (7-min. walk from DoubleTree) Cuisine: Hiroshima-style okonomiyaki

URL: <u>chinchikurin-usa.com</u> **Phone:** (213) 626-0480

Hours: Sun.-Thurs., 11:30 a.m.-9 p.m. | Fri.-Sat., 11:30 a.m.-10 p.m. (closed Tues.)



5) **EIGIKUTEI**, 314 E. 1st St. (5min. walk from DoubleTree) Cuisine: Kaiseki-style sushi, shabu shabu and kani yosenabe

URL: eigikutei.com **Phone:** (213) 459-8002

Hours: Sun.-Sat., 5-11 p.m. (closed Mon.)



6) FAR BAR & SAKE DOJO: 347 E. 1st St. & 333 E. 1st St. (7-min.

walk from DoubleTree)

Cuisine: Japanese (sushi, fried rice) and Western (pasta, burgers) and Japanese (sushi and sashimi)

URL: farbarla.com and sakedojola.



Phone: (213) 617-9990 and (213) 234-0957

DOUBLETRE

Hours: FAR BAR: Mon.-Thurs., 3 p.m.-midnight | Fri.-Sat., noon-1:30 a.m. | Sun., noon-midnight | SAKE DOJO: Wed.-Thurs., 5-10 p.m. | Fri., 5-11 p.m. | Sat., noon-11 p.m. | Sun., noon-10 p.m. (closed Mon. & Tues.)



7) FUGETSU-DO: 315 E. 1st. (6-

min. walk from DoubleTree) Cuisine: Japanese confections URL: fugetsu-do.com

Phone: (213) 625-8595 Hours: 8 a.m.-6 p.m. daily



8) JIST CAFE: 116 Judge John Aiso St. (5-min. walk from DoubleTree) Cuisine: "American eats, some with an Asian twist, for breakfast and lunch"

URL: jistcafe.com **Phone:** (213) 792-2116

Hours: Wed.-Fri., 8 a.m.-1:30 p.m. Sat.-Sun., 9 a.m.-2 p.m. (closed Mon. & Tues.)



9) KOURAKU: 314 E. 2nd St. (4min. walk from DoubleTree) Cuisine: Ramen, chanpon, other Japanese comfort foods

URL: <u>kouraku.square.site</u> **Phone:** (213) 687-4972

Hours: Sun.-Thurs., 11:30 a.m.-10 p.m. | Fri.-Sat., 11:30 a.m.-midnight



10 & 11) MARUKAI (TOKYO CENTRAL) & NIJIYA

MARKETS: 123 Astronaut Ellison S. Onizuka St. #105 (2-min. walk from DoubleTree) and 124 Japanese Village Plaza Mall (5-min. walk from DoubleTree)

Cuisine: Grocery stores offering various ready-to-eat makunouchi bento, nigiri, sushi, inarizushi, etc. **URL:** *marukai.com/pages/little*tokyo and nijiya.com

Phone: (213) 893-7200 and (213) 680-3280

Hours: MARUKAI: Sun.-Thurs., 8 a.m.-9 p.m. | Fri.-Sat., 8 a.m.-10 p.m. NIJIYA: Sun.-Sat., 9 a.m.-9 p.m.

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12) MITSURU SUSHI & GRILL:

316 E. 1st St. (5-min. walk from DoubleTree)

Cuisine: Sushi, Japanese comfort

food

URL: mitsurulittletokyo. business.site

Phone: (213) 626-4046

Hours: Tues.-Thurs., 9 a.m.-6 p.m. Fri.-Sun., 9 a.m.-7 p.m. (closed Mon.)



13) OOMASA: 100 Japanese

Village Plaza Mall (7-min. walk from DoubleTree)

PHOTO: MAP GRAPHIC/ APPLE MAPS

PACIFIC CITIZEN

Cuisine: Sushi, sashimi, tempura, teriyaki

URL: oomasarestaurant.com

Phone: (213) 628-9048

Hours: Sun., 11:30 a.m.-9 p.m. Mon., 5-9 p.m. | Thurs., 11:30 a.m.-9 p.m. | Fri.-Sat., 11:30 a.m.-10 p.m.

(closed Tues. & Wed.)



14) SUEHIRO CAFE: 337 E. 1st St. (6-min. walk from DoubleTree) Cuisine: Tonkatsu, curry, ramen, soba, other Japanese dishes

URL: suehirocafe.com **Phone:** (213) 626-9132

Hours: Sun.-Mon.: 11 a.m.-1 a.m. Tues., 11 a.m.-3 p.m.; 6 p.m.-1 a.m. Wed.-Thur., 11 a.m.-1 a.m. | Fri.-Sat., 11 a.m.-3 a.m.

Note: After 40+ years in Little Tokyo, Suehiro will be moving, purportedly in August. If it has closed by the time the National Convention begins, the new address will be 400 S. Main St., Ste. 102



15) SUSHI GEN: 422 E. 2nd St. (Honda Plaza; 9-min. walk from DoubleTree)

Cuisine: Sushi, sashimi

URL: sushigen-dtla.com **Phone:** (213) 617-0552

Hours: Tues.-Fri., 11 a.m.-2 p.m.; 5-8:30 p.m.l Sat., 4-8:30 p.m.

(closed Sun. & Mon.)

PACIFIC CITIZEN IN-DEPTH June 23-July 13, 2023

JACL ANNOUNCES 2023 NATIONAL CONVENTION HONOREES

By Michael Tanaka, Daniel K. Inouye Policy Fellow

he JACL is pleased to announce four distinct awards during our 2023 National Convention. Alan Nishio and Syun-Ichi Akasofu will be recognized with Lifetime Achievement Awards, Jack Svahn will be recognized with the Ralph Carr Award and Don Tamaki will be recognized with the Edison Uno Award. All four recipients will be honored at the Sayonara Banquet to close the organization's annual convention in Little Tokyo on the evening of July 22.

RALPH L. CARR AWARD FOR COURAGE



PHOTO: JACK SVAHN/LINKEDIN

Jack Svahn

John A. Svahn is a distinguished public servant, U.S. Air Force Veteran and former politician. Throughout his tenure in various esteemed government roles, he was an exceptional leader deeply committed to the public welfare, serving as commissioner of the Social Security Administration to serving in President Ronald Reagan's administration as assistant to the president for policy development.

Svahn has played a significant role in shaping policies that have had a lasting impact on the lives of countless individuals. It was in his role in the Reagan White House that Svahn served as an advocate for Japanese American redress. Even as opposition rose up against the idea of providing redress to Japanese Americans, Svahn's regular contact with leaders from the JACL, including past National Presidents Frank Sato and Floyd Shimomura and then National Director Ron Wakabayashi, reinforced his belief that this was a cause worth fighting for. While Svahn would be the first to project praise to others, the significant role he played in reminding President Reagan of the importance of signing redress into law cannot be ignored, and that is why we present him with the Ralph Carr Award.

Svahn's journey in public service began with his academic pursuits, where he honed his knowledge and skills in political science and law. His postgraduate studies at esteemed institutions such as the University of the Pacific McGeorge Law School and Georgetown University School of Law laid a solid foundation for his subsequent achievements. His diverse experiences, including his time in the U.S. Air Force and his roles in California's social welfare department, provided him with a comprehensive understanding of the challenges and intricacies of public policy.

As commissioner of the Social Security Administration, Svahn made significant contributions to the nation's social welfare system. His leadership during this crucial period ensured the smooth functioning of one of the most vital government programs, providing financial support and security to millions of Americans. Later, his appointment as undersecretary of the Department of Health and Human Services showcased his ability to navigate complex health-care issues and develop policies that would improve the well-being of citizens across the nation.

It is an honor to present John A. Svahn with this prestigious award. His tireless efforts and steadfast commitment to improving the lives of others serve as an inspiration to future generations of public servants.

EDISON UNO CIVIL RIGHTS AWARD



Don Tamaki

Don Tamaki is an extraordinary legal professional who has made a lasting mark on the field of law and social justice. With more than 40 years of experience, Tamaki has been a steadfast advocate for entrepreneurs, privately held companies and nonprofit corporations, providing them with invaluable legal counsel.

His expertise spans various areas, including commercial leasing, personnel and employment law, corporate governance and business transactions. Tamaki's dedication to his clients and his commitment to upholding the highest standards of ethics and competency have earned him widespread recognition, including being selected as Northern California's Super Lawyer for 19 consecutive years.

However, Tamaki's impact extends far beyond his professional accomplishments. He is revered for his historic work on the pro bono legal team that successfully reopened the landmark Supreme Court case of *Korematsu v. the United States*. This pivotal endeavor led to the overturning of Fred Korematsu's unjust conviction for refusing to be incarcerated during the mass internment of Japanese Americans during World War II.

Tamaki's involvement not only provided a significant legal foundation for the Japanese American Redress Movement but also highlighted the importance of rectifying past injustices. As a co-founder of StopRepeatingHistory.Org, Tamaki continues to draw parallels between historical injustices and the targeting of minority groups based on race or religion, fostering solidarity and advocating for reparations for African Americans.

As a former managing partner of Minami Tamaki LLP, Tamaki has played an instrumental role in shaping the firm's values and fostering a culture of service and inclusivity. His dedication to community service is evident in his involvement with organizations such as the Glide Foundation and his current role as board president of the San Francisco Japantown Foundation.

Furthermore, Tamaki's appointment by California Gov. Gavin Newsom to the Task Force to Study and Develop Reparation Proposals for African Americans showcases his standing as a respected authority on matters of racial equity and his commitment to creating positive change.

It is with great honor that we present Don Tamaki with this prestigious award. Tamaki's work serves as an inspiration to all those who strive to make a lasting impact in their profession and society.

LIFETIME ACHIEVEMENT AWARDS



Alan Nishi

Alan Nishio is a remarkable individual whose lifetime of dedication and activism has left an indelible impact on the Japanese American community and beyond.

Born in the Manzanar concentration camp during World War II, Nishio's personal experiences of injustice and discrimination fueled his lifelong commitment to social justice. From his early involvement in the Free Speech Movement at the University of California, Berkeley, to his instrumental role as a founding staff member for the UCLA Asian American Studies Center, Nishio has tirelessly championed the rights and empowerment of marginalized communities.

Throughout his nearly four decades as an educator and administrator, Nishio not only imparted knowledge to countless students but also advocated for their wellbeing. His position as associate vp of student services at California State University, Long Beach, allowed him to make significant contributions to creating a supportive and inclusive environment for students.

Additionally, Nishio's activism extended beyond academia, as he played a pivotal role in establishing influential community organizations like the Little Tokyo People's Rights Organization and the Little Tokyo Service Center.

His relentless pursuit of redress and reparations for the Japanese American community, exemplified by his role in co-founding the National Coalition for Redress and Reparations, paved the way for current efforts toward justice and reconciliation.

Nishio's advocacy and service to the community continues today, as he hopes to continue to pave the way for his grandchildren so that they do not have to suffer through the same kind of racism he did. In an interview in 2020, he said, "That's the lesson we learned, that as Japanese Americans, we cannot afford to remain silent because we've experienced what can happen when racism and xenophobia can run rampant, and we are the victims of scapegoating."

Alan Nishio's unwavering commitment to speaking truth into the face of power is a true inspiration for future generations, reminding us of the importance of standing up for equality, preserving cultural heritage and building unity.

Syun-Ichi Akasofu



Syun-Ichi Akasofu is a worldrenowned expert on the aurora borealis and a distinguished solar and geophysicist. His lifelong dedication to the study of the northern lights and his groundbreaking research has significantly advanced our understanding of this mesmerizing natural phenomenon.

Akasofu's scientific endeavors and innovative thinking led to the debunking of prevailing beliefs and the formulation of new theories. Through his meticulous observations and research, he made significant discoveries regarding geomagnetic storms, the power source of the aurora and the shape of the auroral ring. His seminal work challenged established notions, reshaping our understanding of this celestial phenomenon. Akasofu's publications, including several books and numerous articles, have served as invaluable resources for both experts and enthusiasts interested in the aurora.

Akasofu's impact has also extended far beyond his groundbreaking research. As an educator and administrator, he served as the director of the Geophysical Institute at the University of Alaska, Fairbanks, where he helped raise more than \$30 million to build the university's International Arctic Research Center, with the idea that international students could come and work with students and scientists from around the world.

In addition, his leadership played an important role in the establishment of the Alaska Volcano Observatory and the International Arctic Research Center. Akasofu's unwavering commitment to fostering international collaboration and providing a platform for scientific exploration in the Arctic has set the stage for continued advancements in the field.

In recognition of his exceptional contributions to the study of the aurora borealis, his extensive research achievements and his transformative leadership, it is an honor to present Syun-Ichi Akasofu with this prestigious Lifetime Achievement Award.

The Lifetime Achievement Awards, Ralph Carr and Edison Uno Awards are given to select Japanese Americans for their contributions to their field of expertise and role as community leaders. These awards are conferred by the JACL National Board with consultation from other leaders in the Japanese American community and JACL's past leadership. We applaud all four of our awardees for their accomplishments and look forward to recognizing them at our convention in July along with recipients of the prestigious JACL Ruby Pin.

JACL NATIONAL CONVENTION 2023 FILM SERIES PREVIEW

An exciting lineup of 21 titles will be screened at JANM's Tateuchi Democracy Forum for conventiongoers to view.

By Rob Buscher, Contributor

Convention returning to Los Angeles for the first time in more than a decade, it seemed like a fitting opportunity to present a robust program of film screenings at this year's confab. Running in tandem with other convention programs from July 20-22, the 2023 convention film series will feature 10 screening blocks including a total of 21 films across three days hosted at the Japanese American National Museum's Tateuchi Democracy Forum (across the plaza from the main museum building).

As an Asian American film scholar and professional film curator, it was my pleasure to curate the 2023 convention film series, and I wanted to take this opportunity to share my approach to programming it, along with some highlights of the program.

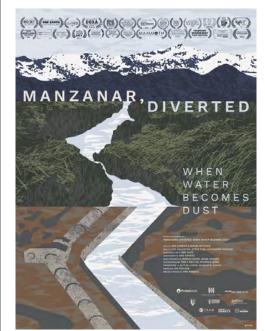
My main criterion for programming the series was based on relevance to this year's convention theme, "Rooted in Community." JACL staff and local chapter members working on convention have done their best to create a program of workshops and plenaries that are closely associated with local issues and other topics relevant to Los Angeles' Japanese American community.

As such, it made sense for the film series to also be approached from this perspective. I also factored in how accessible certain films are to broader audiences through online streaming services and whether JACL convention attendees were likely to have encountered these films in previous programs. Precedence was given to titles that are not easily accessible elsewhere online, which includes both rare archival films and recent releases from the past two years, with a heavy focus on the Greater L.A. region.

Since the early 1970s, Little Tokyo has been a hotbed for Asian American independent film production, in part because of its proximity to Hollywood, but more so because Visual Communications is located there.

To those unfamiliar with VC, it is the oldest AAPI media advocacy organization in the country, founded in 1970 by a group of recent graduates from UCLA's Ethno-Communications Program. Founding members include Duane Kubo, Robert Nakamura, Alan Ohashi and Eddie Wong.

The relationship between VC and JACL dates back to their origins, when JACL National approached then-UCLA School of Theater, Film and Television student Robert Nakamura in 1970 to commission a traveling photo exhibit



titled "America's Concentration Camps."

Designed as a series of three-dimensional cubes stacked on top of one another, each cube featured a photo on one side and text on the other. Featuring archival photos from the war years alongside images produced by Nisei artist luminaries like Mine Okubo and Toyo Miyatake, the cubes were designed to fold in on one another for ease of transporting and installing the exhibit from each venue to the next.

With JACL's financial backing, three sets were produced so that the exhibit could run simultaneously in multiple locations, one of which is currently on display in JACL's San Francisco headquarters. As a special addition to the convention film series, VC will be exhibiting "America's Concentration Camps" in the lobby of the Democracy Forum throughout convention.

We are also pleased to present in partnership with VC a selection of its archival films shot between 1971-80. "Cruisin' J-town" (1975), directed by Duane Kubo, explores the origins of popular band Hiroshima amid the political movements of the 1960s in preredevelopment Little Tokyo. This film will be paired with "I Told You So" (1974), a short documentary exploring the life and work of poet Lawson Inada. It is scheduled to screen at 10:45 a.m. on July 21.

Then on July 22 at 10:45 a.m., we will be presenting Robert Nakamura's 1971 short film "Manzanar," arguably the first film in the "camp genre" of Japanese American films, which features footage shot during the first official Manzanar pilgrimage in 1969. This film will be screened alongside Robert's son Tad Nakamura's short documentary "Pilgrimage" (2006), which shows how the Manzanar Pilgrimage now has new meaning for diverse generations of all ages, races and nationalities in the post 9/11 world.

The program will conclude with a tenminute work-in-progress clip from a new feature documentary that the father-son filmmaking team are co-directing titled,

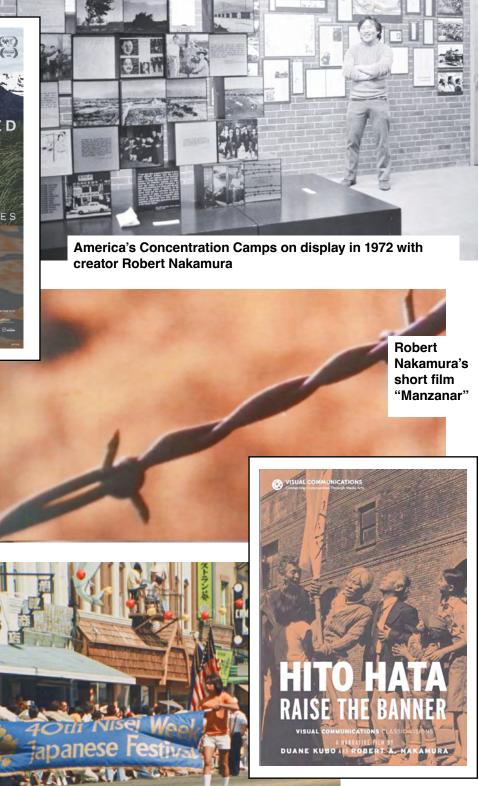
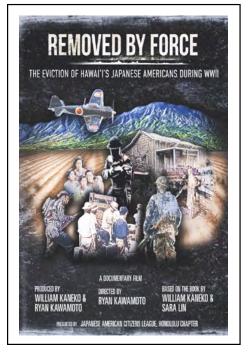




Photo stills from

'Hito Hata'

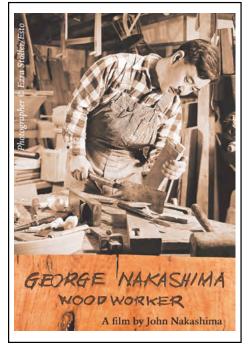




"Third Act," which reflects on the legacy of intergenerational trauma in their family through the shared medium of film.

Following this screening, at 12:15 p.m., we will be presenting the landmark film that Robert Nakamura co-directed with Duane Kubo entitled "Hito Hata: Raise the Banner." This 1980 production is considered the first feature-length narrative film made by Japanese Americans after World War II and chronicles the Issei experience from their arrival at the turn of the century to wartime incarceration and the postwar struggle to save Little Tokyo from redevelopment. Starring Academy Awardnominated actor Mako Iwamatsu, the film draws on the talents of the leading AAPI filmmakers, writers and theater artists of their generation to tell this captivating story.

VC Archives and Distribution Manager



Abraham Ferrer will also be leading a workshop at the convention on July 22 at 2:15 p.m. at the convention hotel. The workshop will explore VC's history from its first two decades of existence as framed by community redevelopment struggles, which in fact inspired and informed many of its productions during that crucial time.

In addition the workshop will include guest speakers who will share their firsthand accounts of past- and present-day issues relating to community redevelopment.

Aside from serving as our venue partner, JANM is also presenting several recent works from its Frank H. Watase Media Arts Center. A division of the museum's education department, the Watase Media Arts Center is committed to promoting thoughtful exploration, understanding and appreciation

of America's pluralistic society through an innovative program of media documentation and preservation, production and presentation. By integrating theory and technology with community service and collaborating with peoples and institutions in diverse communities and regions, the Media Arts Center works to advance JANM's role as a leading international institution.

Center Director Tad Nakamura will be screening several films from his own repertoire, alongside other projects that have come from the Media Arts Center as part of the shorts block titled "Rooted in Community" on July 20 from 11 a.m.-1 p.m. For those looking to learn more about the history of Little Tokyo and the large JA community in Crenshaw, the nine-film shorts block will provide a wealth of information on the past and present of these local communities. The block features several new releases, including the world premiere of "The Carry On Story," directed by JACL L.A. Chapter Co-President Mitchell Matsumura.

Several new release feature films are also being presented in the lineup. Screening at 1:30 p.m. on July 20, feature documentary "Wisdom Gone Wild" tells the story of Rose Tajiri, a Nisei incarceration survivor who developed dementia later in life. In its form and content, the film centers her perspective rather than her disease, telling the story of a life to be valued, not a problem to be willed away. It calls for a societal shift in how we view dementia — one that honors subjective experience, cultural difference, inclusivity and personhood, told lovingly through the perspective of Rose's daughter (and filmmaker) Rea Tajiri.

Another new release film is "Removed by Force: The Forced Evacuation of Hawai'i's Japanese Americans," also screening on July 20 at 9 a.m. Sponsored by JACL Honolulu

and produced by past Chapter President Bill Kaneko, this documentary memorializes the unique and relatively unknown cases of about 1,500 Hawai'i Americans of Japanese ancestry who were not incarcerated but evicted from their homes during WWII. These unique cases were separate and apart from the 2,000 Japanese Americans held at the Sand Island and Honouliuli (O'ahu) detention camps. Members of the film production team will be present for a post-film Q & A.

Three other feature films will also have post-film Q & As. On July 20, director Ann Kaneko will participate in the 3:30 p.m. screening of feature documentary "Manzanar, Diverted: When Water Becomes Dust." This film details the confiscation of water rights during WWII to accommodate the irrigation of Manzanar and the impact it continues to have on the Nüümü People (Owens Valley Paiute). At its core, this film explores the interconnectedness of indigenous rights and remembrance of Japanese American wartime incarceration and how they overlap in the current-day fight for climate justice.

On July 21 at 2:15 p.m., there will be a screening of the biopic documentary "George Nakashima, Woodworker," which presents the famed Nisei furniture designer whose works changed the course of mid-century Modernism. George's nephew, John Nakashima (the film's director), and Mira Nakashima (George's daughter and successor of the Nakashima woodworker studio, which still operates in New Hope Pennsylvania) will be present for a post-film Q & A.

Narrative feature "No No Girl," which screens on July 22 at 2:15 p.m., will also feature a Q & A with writer-director Paul Daisuke Goodman and actors Mika Dyo and Chris Tashima. Their film tells the story of a multigenerational JA family who uncovers a series of love letters while sorting through their late Nisei matriarch's belongings, sparking a Yonsei's quest to uncover her family secrets buried in a culture of silence.

As you can see, there is no shortage of quality programming at this year's convention. I hope that conventiongoers have as much fun watching the films as I did curating them. Thank you to our venue partners at JANM (especially Joy Yamaguchi and Tad Nakamura), VC staff Francis Cullado and Abe Ferrer, JACL staff and L.A. chapter members who helped in the curation process, as well as the filmmakers whose works have made this series possible.

Convention attendees will be able to view the full lineup of films and screening schedule in the 2023 Convention program. Select titles from this series will also be available to view online for registered virtual convention participants.



Thank You for Your JACL Membership!

We're grateful to have some of the most engaged and committed members around! Because of your loyal support, we have more premium membership upgrades and generous additional gifts than ever. We're also appreciative for those who renew year after year (some for 50 years or more!) and for our increase in new members. Your dedication is essential to our ongoing mission for social justice, education, and community! Thank you! – JACL Membership Department



Not a member? Join us today!

Visit <u>jacl.org/member</u> or contact us at mbrejacl.org

CALENDAR

NATIONAL

JACL National Convention Los Angeles, CA July 19-23 Doubletree by Hilton Hotel 120 S. Los Angeles St. Price: Registration Required/ Virtual Rates Also Available

Come join JACL at its annual National Convention, which will be held in Los Angeles' Little Tokyo this July! This year's theme, "Rooted in Community," encompasses the cultural exploration into the area's community organizations, museums, history, shopping and food, as well as continues to build on last year's theme "Strengthening Our Community Through Action." This year's confab will include a welcome reception at the Terasaki Budokan, Youth Awards Luncheon, Sayonara Banquet at the Japanese American Cultural and Community Center, David Ono's "Defining Courage" and a Tamlyn Tomita-led reading of "Question 27 Question 28" as well as workshops, plenaries and National Council sessions.

Info: For more information and to register, visit www.jacl.org.

Irei — A National Monument for the WWII Japanese American Incarceration Los Angeles, CA JANM 100 N. Central Ave.

The *Ireichō* contains the first comprehensive listing of more than 125,000 persons of Japanese ancestry who were forcibly incarcerated during World War II. Visitors can now view the book and leave a special *hanko* (stamp/seal) for each person in the monument as a way to honor those incarcerated. The project's online archive is now searchable alphabetically or by camp.

Info: Visit ireizo.com for more information and janm.org.

NCWNP

'Overflowing With Hope: The Hidden History of Japanese Americans in Alameda' Exhibit Alameda, CA Thru July 15 Alameda Free Library 1550 Oak St. Price: Free

This exhibit documents the wartime removal of one marginalized community through images, testimonies, artifacts and long-hidden stories of Japanese Americans from Alameda whose lives were placed in turmoil following the issuance of Executive Order 9066. Info: For free tickets, visit https://www.eventbrite.com/e/overflowing-with-hope-the-hidden-history-japanese-americans-in-alamedatickets-606958508237.

PSW

Aki's Market (A Project by Glenn Akira Kaino) Los Angeles, CA Opens June 30 Japanese American National Museum 100 N. Central Ave.

Price: Check Website for Admission Tickets

Created by artist Glenn Akira Kaino, the exhibition explores the transgenerational trauma from the WWII Japanese American incarceration experience through the stories of Kaino, his family and the community. It is also an interrogation of the American practice of displacement — collapsing almost 100 years of cultural subjugation into a spiritual, exploratory space from which the building blocks of peace might be discovered.

San Diego JACL Monthly Virtual Community Dialogue: Shirley Nakawatase San Diego, CA July 13; 6:30-8 p.m. Virtual Event Price: Free

Info: Visit janm.org.

Meet Shirley Nakawatase, partner in HNK CPAs, a public accounting firm. Nakawatase will share what she learned from running for mayor of Imperial Beach and how people can be better engaged in the community. The purpose of the chapter's monthly dialogues is to help build community and get acquainted with people in the community.

Info: To RSVP, email sandiegojacl@gmail.com to receive the Zoom link.

Orange County Buddhist Church Obon Anaheim CA

Ananeim, CA July 15, 2-8:30 p.m.; July 16, 2-8 p.m. OCBC

909 S. Dale Ave. Price: Free

Obon is back with free parking and shuttle service to OCBC, which will feature food, fun, games, craft boutique and delicious Japanese food and take-out. Taiko performances are scheduled for 4 p.m. and 6 p.m. and Bon Odori dancing is set for 6:30 p.m. on both days.

Info: Visit www.orangecounty

budhist.org.
A Panel Discussion: Shuukatsu
San Diego, CA
July 30; 1:30-3:30 p.m.
Serra Mesa-Kearny Mesa Public
Library
Community Room
9005 Aero Dr.
Price: Free

Shuukatsu in Japan refers to planning ahead for the last phase of life. Are you prepared for you and your family? This discussion will feature various speakers to help inform participants about unexpected injuries or illnesses that can impact your family, information on advance health care planning, hospice, home care, long-term care planning and much more! All are welcome to attend. This event is sponsored by the San Diego chapter of the JACL.

Info: Contact sandiegojacl@gmail.

Natsumatsuri Family Festival Los Angeles, CA Aug. 12; 11 a.m.-5 p.m. JANM

100 N. Central Ave. Price: Free But RSVPs Requested

The museum's annual summer celebration features cultural performances, crafts and activities for families and kids of all ages. Festivities will include performances by TAIKOPROJECT and Yu-ki Project, souvenir photos, origami, scavenger hunt for prizes, and free admission to see "Don't Fence Me In: Coming of Age in America's Concentration Camps" and "Glenn Kaino: Aki's Market."

Info: Visit janm.org.

Keiro No Hi Festival Los Angeles, CA Sept. 17; 10 a.m.-3:30 p.m. JANM

100 N. Central Ave. Price: Registration Required

Join Keiro for live entertainment, interactive activities, access to JANM exhibitions, food and much more! Attendance will be limited and available on a first-come, first-serve basis. Registration is required and opens July 3.

Info: Visit www.keiro.org.

PNW

'Parallel Barbed Wire' Exhibit Powell, WY Now Open Heart Mountain Interpretive Center 1539 Road 19

This new exhibit features the remarkable stories of Heart Mountain

incarceree Clarence Matsumura and Holocaust survivor Solly Ganor. Matsumura served in the 522nd Field Artillery Battalion and rescued Ganor. The exhibit details their remarkable friendship throughout their lives.

Info: Visit www.heartmountain.org for exhibit information and further details.

'Resilience — A Sansei Sense of Legacy' Tacoma, WA Thru July 7 Washington State History Museum 1911 Pacific Ave.

This exhibit features eight artists whose work reflects on the effects of EO 9066 as it resonated from generation to generation. It includes the works of Lydia Nakashima Degarrod, Na Omi Judy Shintani, Reiko Fujii, Wendy Maruyama, Kristine Aono, Tom Nakashima, Roger Shimomura and Jerry Takigawa.

Info: Visit https://www.washington history.org/exhibit/resilience/.

MDC

Camp Daikon Chicago, IL July 29-30

Calling all Japanese, Japanese American and Nikkei-identifying young people (ages 16-29) in the Chicagoland area interested in social justice! Camp Daikon is a two-day retreat of workshops and activities on activism, identity, arts and community-building. Details and registration link available this month. This event is organized by Next Generation Nikkei of JACL Chicago and Nikkei Uprising.

Info: Contact jaclchicago.org.

Japanese American Community Picnic Chicago, IL Aug; 5; 1 p.m. LaBagh Woods Grove #1 Price: Free

Join the broader Japanese American community in Chicago for its annual community picnic. The fun will include a potluck lunch, as well as many games and activities for children. It's always a fun time and a great chance to reconnect with friends and community members. *Info: Contact jaclchicago.org.*

Twin Cities JACL's Summer Picnic Edina, MN Aug. 6; 10 a.m.-3 p.m. Rosland Park 4300 W. 66th St. Price: Free

Save the date for the Twin Cities JACL's Summer Picnic, which is back after several years due to the Covid pandemic. This summer get-together will be filled will be filled with great friends, food, activities and much more. Stay tuned, as more information will follow.

Info:Contact tcjacl.org.

EDC

Asian American Ballet Project Debut Performance East Cambridge, MA July 7; 4 p.m. and 7 p.m. Cambridge Multicultural Center 41 Second St.

Price: Ticket Prices Vary

Join the Asian American Ballet Projecdt for its debut performance showcasing the work of up-and-coming AAPI choreographers with an all-Asian American cast. Founded in 2022, the company's mission is to tell stories through ballet from the unique Asian American perspectives and transform how audiences view such performances. Artistic director is Elizabeth Mochizuki.

Info: Visit https://asianamerican balletproject.org/.

Jake Shimabukuro Concerts Various East Coast Cities July 13-16 Price: Ticket Prices Vary

Don't miss these concerts featuring award-winning musician Jake Shimabukuro as he explores various musical styles while playing the ukulele. The Hawaii-born virtuoso has concerts set for July 13 (Clayton Opera House, 403 Riverside Dr., Clayton, NY), July 14 (NOMBYX Center for Arts & Equity, 130 Pine St., Northampton, MA), July 15 (Nashua Center for the Arts, 201 Main

Info: Visit https://jakeshimabukuro.com.

St., Nashua, NH) and July 16 (Carv

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'New Voices: On Transformation' New York, NY Thru Aug. 25 Print Center New York 535 W. 24th St.

This is the inaugural exhibition of Print Center New York. One of the eight artists featured in this group exhibition is Lois Harada, a NE JACL member from Providence, RI.

Info: Visit https://www.print centernewyork.org/new-voices-on-transformation.

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@MEMORIAM



Arias, Charlene Sachie, 68, Gardena, CA, Feb. 21; she was predeceased by her father, Henry Oshiro; and brother, Rob; she is survived by her husband, Richard; sisters, Doreen Watanabe and Kathy (Dwayne) Inouye; stepdaughter, Carla Cherie (Greg) Saliba; mother, Betty Oshiro; she is also survived by many nieces, nephews, cousins, aunts, uncles and friends; gc: 2; ggc: 2.

Firing-Kawato, Cheryl Alberto, 66, Provo, UT, March 10; bachelor of commerce, McGill University in Montreal; she was predeceased by her husband, Jimmy, and her brothers, Erik and Neil; she is survived by a niece and cousin.



Fujimori, Miyoko, 90, Gardena, CA, May 2; her activities included serving as a Girl Scout leader; she is survived by her husband, James; children, Michael (Yuriko) Fujimori, Daniel (Maryse) Fujimori, Brian (Diane) Fujimori and Nancie (John) Fukushima; she is also survived by many nieces, nephews, cousins and friends; gc: 7; ggc: 1.



Hashimoto, Margaret Yayoi, 94, Los Angeles, CA, April 22; she was predeceased by her husband, Akira; and siblings, Matsuko Fujikawa, Chiyeko Furuta, and Yeigi Takara; she is survived by her children, Karl (Yumiko) and Dawn; she is also survived by many nieces and nephews.

Ito, Kimberly Moon, 64, Pearland, TX, Feb. 6; B.A., Central Michigan University; J.D., Cooley Law School; she was predeceased by her father, Franklin Moon; sisters, Shannan Joseph Kain and Dana Joseph; and mother-in-law, Akiko Ito; she is survived by her husband, Larry; children, Matt, Jeff (Lauren) and Jackie Ito; mother, Genevieve (Leo) Dorr; father-in-law, Ed Ito; siblings, Kathryn Moon Prevatt, Grai Joseph, Lura (Bob) Dice. Becci Dehart. Candy Moon, Jake (Paula) Moon, Nathan (Sheryl) Joseph and Dan Herrington; stepsiblings, Robert Johnson, Tim Johnson, David (Alana) Dorr, Dennis (Amy) Dorr, Dale (Jodi) Dorr and Diane (Mike) Townsend; sister-inlaw, Louise (Vincent) Arias.



Kagawa, Hideo Henry, 92, Monterey Park, CA, March 16; he is survived by his wife, Nancy Mikiko; children, Jon (Terri) Kagawa, Julie (Stan) Akemi Fujii Sakai and James (Mari) Kagawa; sister, Masayo Nishikawa; gc: 7; ggc: 1.

Kawakami, Takeshi, 91, Campbell, CA, Feb. 13; he was predeceased by his wife, Satoko; siblings, Nobu (Peter) Kawakami and Yoko (Betty) Nakadate; he is survived by his daughters, Denise Kawakami and Staci Kawakami (Blake Sasaki); brother, Tom Kawakami; gc: 2.



Masuoka, Linda, 73, Los Angeles, CA, April 23; B.A., USC; she is survived by her siblings, Craig (Shirl) Masuoka, Roberta Masuoka and Rick (Melissa) Masuoka; she is also survived by a niece and a nephew and many other relatives.

Motoyama, Evelyn Ayako, 93, Burbank, CA, March 8; she is survived by her son, Larry Motoyama; she is also survived by many nieces, nephews and other relatives.



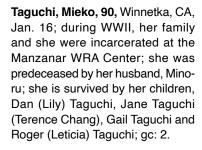
Nakabayashi, James Yutaka, 98, El Cerrito, CA, Feb. 14; he was predeceased by his wife and granddaughter; he is survived by his children, Lynn (Mike) Noma, Ann (Dennis) Kitayama, Joy (Dan) Coyle and Cy (Sharon) Nakabayashi; gc: 11.

Nakanishi, Toshio, 94, Arlington Heights, IL, April 9; he was predeceased by wife, Betty; he is survived by his daughter, Susan (Mark) Mitsunaga; siblings, Lois (Anthony) Valeriay, Koei (Terry) and Ray (Naomi); gc: 1.

Okamura, Sakaye, 91, Redwood City, CA, March 22; veteran, Army; during WWII, his family and he were incarcerated first at the Tanforan (Race) Park and then the Topaz WRA Center in UT; he was predeceased by his wife, Setsuko Ann; and siblings, George, Hiroko, Michiko, Minoru, Nobuko and Hideko; he is survived by his daughters, Mari (Dennis) Hayes and Leslie (Michael) Viveros; gc: 1.

Sansui, Akira Dean, 80, Arcadia, CA, Jan. 31; he was born while incarce-rated at the Manzanar WRA Center in CA; he was predeceased by his sisters, Yuri Kishaba and Sachiko Sansui; he is survived by his wife, Hideko (Takamine/Tanabe); daughters, Maria (Reumruk) Sansui and Lynn Mandrala; stepchildren, Gino, Nino and Gina Tanabe; brother, Bruce (Linda) Sansui; gc: 3; ggc: 2.

Suminaga, Roy, 80, Torrance, CA, May 27; he was predeceased by his son, Roy Vincent Suminaga; he is survived by his wife, Kimiye; daughters, Darlyn (Robert) Uyeki and Lynda (Dean) Akiyama; brother, Don (Colleen) Suminaga; sister-in-law, Kiyoko (Tom) Sasaki; he is also survived by nieces, nephews and other family members; gc: 4.



Tanamachi, Kikuko, 102, Harlingen, TX, May 16; during WWII, her family was imprisoned for six months at the Santa Anita Racetrack before being transferred to the Rohwer WRA Center in AR; she was predeceased by her husband, Jiro Jerry Tanamachi; brothers, Taira Nakao and Sadao Nakao; and her son, Jerry James Tanamachi; she is survived by her daughters, Diana Parr (Norvin), Sandra Tanamachi Nakata (Bruce), Deborah Galvan (Peter) and Laura Corkill (Raymond); sister, Ikuko Kitayama (Happy); sister-in-law, Hiroko Tanamachi Edwards (Dean); qc: 9 ggc: 17; gggc: 4.

Tsufura, Alice, 90, Cedar Grove, NJ, Feb. 5; during WWII, her family and she were incarcerated at a WRA Center; she was predeceased by her husband, Satoru; she is survived by her children, Donna and Lamarr.

Wada, Robert Mitsuru, 92, Redlands, CA, Jan. 18; veteran, Army; during WWII, his family and he were incarcerated at the Poston, AZ; his activities included founding and serving as president of SEYO (South East Youth Organization): the Suburban Optimist Club (charter president); Kazuo Masuda Memorial Veterans of Foreign Wars Post 3670 (three-term commander), Japanese American Korean War Veterans (charter president); Japanese American Veterans Assn., the Veterans Memorial Court Alliance and more; he is survived by his children, Robert (Shelly) Wada, Glenn (Denise) Wada, Garry (Lea) Wada and Sharon Wada (Ray) Maeda; he is also survived by many nieces, nephews and other relatives; gc: 10; ggc: 1.

Wunno, Raymond Tsutomu, 81, Gardena, CA, May 29; he is survived by his partner and friend, Wanda Higaki; his children, Chris (Lupe) Wunno and Shannon (Keith) Braesch; brother, Jimmy Wunno; he is also survived by a nephew and other relatives; gc: 5; ggc: 5.



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Yoshikawa, Shirley Ann Johnson, 78, Cincinnati, OH, March 27; she was predeceased by her siblings, Robert Gerald Johnson and Marvin Walker Johnson and Patricia Gail Johnson; half-brothers, Bill (Ann). Wavne (Naoma) and Clav (Imogean) Walters, sisters-in-law, Frances (Rufus) Tojo and Lillian (Genji) Yamamoto; brother-in-law, Paul (Hats) Yoshikawa; and sonin-law, Fred Rauch; she is survived by her husband, Marvin; children, Shilah Nicolle Yoshikawa Rauch (Brad Whitmore) and Chad Owen (Azi Mokhlessi) Yoshikawa; brotherin-law, Gordon (Cathy) Yoshikawa; sister-in-law, Ann (Bill) Walters; gc: 6.



Yoshitomi, Anne, 96, Milwaukie, OR, Feb. 20; during WWII, she was incarcerated at the Minidoka WRA Center; she was predeceased by her husband, Bob; siblings, Henry Daty, Carol Suguro and May Namba; she is survived by her children, Marvin and Karen; brother-in-law, Kay Yoshitomi; she is also survived by many nieces and nephews.

Yuba, Anthony, 82, Altadena, CA, Dec. 22, 2022; he is survived by his wife, Yoshiko; children, Timothy (Reena), Karianne (Scott) Johnson and Todd (Kimberly); siblings, Kathy (Bruce) Fujikawa and Greg (Cecelia); gc: 5.

Yukawa, Kiyo S., 101, Englewood, OH, April 21; she was a founding member of the Dayton JACL chapter; she was predeceased by her husband, William; and brothers, Tad and John Suzuki; she is survived by her children, Joyce Yukawa, Loren (Debi) Yukawa and Allyn (Ann) Yukawa; gc: 6; ggc: 7. ■



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REIMAGINE EVERYTHING

PLANNING TRAVEL CAN SAVE MONEY AND STRESS

By JR Fujita

raveling can be stressful, expensive, relaxing and memorable — all at the same time. Summer is when most travel occurs to new and exciting destinations around the world. The less-enjoyable part about travel is the airline check-in lines, long security queues, large families or groups traveling together and waits at the baggage claim, rental car facilities and hotel check-in lines. Below are some tips to make your next trip more enjoyable and less stressful.

First, traveling doesn't have to be expensive. Avoiding summer months (peak travel time) is usually one of the best and easiest ways to save money. If your schedule is flexible, you can usually find good deals by adjusting your dates. Second, some credit cards offer benefits that include free TSA Pre-Check and/or Global Entry to expedite the security process at airports. Memberships to AARP and other clubs offer discounts for air travel, hotels, rental cars, restaurants, amusement parks, tours and ticketed events such as concerts and shows.

Some credit card benefits may also include free checked luggage, preferred boarding and/or complimentary room upgrades. While it may take time to compare prices from various travel providers and find a discount, it can save a traveler hundreds of dollars on just one trip. Also, following travel companies on social media channels is an easy way to find deals or sales — but you often must act quickly.

Whenever I travel to a new destination, I do a lot of research

in advance. As a foodie, I look for restaurants in the area where I'm staying, particularly restaurants that I don't find at home. Sometimes I come across a highly recommended restaurant that requires reservations weeks or months in advance. I like to identify the mustdo activities the city is known for and explore the days and hours of operation. This includes finding out the average visit time so that I can fit it into my travel plans and plan accordingly. I also look at airport maps so I can become familiar with the layout, especially if I have limited time between flights.

Additionally, I belong to several airline, hotel, rental car, restaurant and store frequent-buyer clubs/stamp cards. Some offer benefits such as preferred or priority seating, upgraded rooms, vehicle upgrades and dining discounts or rewards for frequent or high value purchases.

Be forewarned that this often leads to receiving emails and text messages, but over time, the miles/points add up and eventually can be used toward those special, once-in-a-lifetime trips. I'm saving my airline miles and hotel points for a trip to Japan someday.

One of my best travel memories is taking a Hawaiian vacation with extended family. I planned and

organized the itinerary since we had a large party — this included making dinner reservations, purchasing tours and planning activities in advance.

It helped to reduce stress and allowed my family to enjoy our time together instead of waiting for a table at a restaurant or spending a lot of time trying to figure out what to do. By planning, it also saved us money by taking advantage of deals and comparing purchase options.

Sometimes, it can be financially better to book travel arrangements a la carte instead of purchasing a bundled package, particularly when an airline, hotel chain or rental car company offers discounts or has limited-time sales.

And don't forget — it is always important to read the fine print when making a reservation. Some bargains can be nonrefundable and nonchangeable, while others restrict earning frequent buyer points/miles. Some deals may be for select markets or on certain days of the week. And if you are considering trip insurance, be sure to know what your credit card covers before purchasing any coverage.

For more travel tips, ways to save and trip ideas, visit *aarp.org/travel*. Happy travels!

JR Fujita is a senior state and community engagement specialist for AARP California. He is based in Sacramento, Calif.



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