WELCOME TO LITTLE TOKYO

JACL’s upcoming National Convention is set to take place next month in one of the last remaining Japantowns in the U.S.

» INSIDE:
A Programming Preview of Convention, Honorees and Film Series Screenings
I’ll See You in Los Angeles

By Larry Oda, JACL National President

I look forward to seeing you in Little Tokyo Los Angeles to be “Rooted in Community,” July 20-23. This year’s National Convention theme tells us that we can be completely culturally immersed in Little Tokyo’s museums, history and community organizations. It reminds us that we must have the creativity and flexibility to adapt to new situations while remaining committed to our mission and values.

The pace of change in the world is accelerating, and though we continue to honor and reflect upon our past, we must extend our view to formulate a sustainable vision for the future. For delegates, the experience of participating in the organization is an obligation that is demanding, but it is on our shoulders that this responsibility rests.

The JACL and those we represent are affected by the events and changes in the political and economic environment and the rapidly changing demographics in our country. We embrace these changes as an opportunity to set a course that adheres to our historic mission and effectively achieves our goals.

We recognize the need to assess what others have accomplished. For delegates, the experience of this convention. Come and see what others have accomplished.

Conventions are much more than the dreary business of the organization, and I hope that more of you will take advantage of the educational and cultural experiences that are available to convention attendees in Little Tokyo.

Convention is an opportunity to put a finger on the pulse of the organization, to find out what it’s doing and how well. Delegates can actually adjust the future direction of JACL.

Our chapters and individual members have been busy doing the good work of JACL, this past biennium, and there are several outstanding members and chapters that have been doing great things for our community and our nation. We will be honoring some of them at this convention. Come and see what others have accomplished.

Conventions are hearty times. For delegates, the experience of "rooting in community" in Little Tokyo from July 19-23!
LEGAL-EASE: AN ATTORNEY’S PERSPECTIVE

WHEN AGING PARENTS NEED HELP
By Judd Matsunaga, Esq.

W e just got word that my cousin from Chicago just passed away. Bruce Matsunaga died at 76 years of age. Interestingly to me, he was the first Sansei in the Matsunaga clan (approximately 12-15) to die. In some ways, he was one of the lucky ones, i.e., passing quickly of a heart attack while playing his favorite sport, golf, on a beautiful day.

Did you know that only a minority of people transition from being fully independent to deceased, with no intervening period of needing assistance? In other words, “Only the good die young.” The rest of us will eventually need some form of assistance and care, especially if we live into our 80s, 90s or beyond. Sometimes, the care required is fairly simple, e.g., a little help with transportation or arranging for some assistance with shopping or household chores. But in other cases, more care is required, e.g., housecleaning, meal preparation, laundry, grocery shopping and personal care services (such as bowel and bladder care, but not in-home care).

Helping an older parent is rewarding but can easily become a source of chronic stress. Quite often, family caregivers find themselves having to take on quite a lot. Because family caregivers are often busy, they can easily neglect their own needs and well-being, which can jeopardize their own health and also affect their ability to care for and connect with their older parent.

You, the caregiver, desperately need some help and regular breaks. However, many times the senior refuses. Your senior might see strangers coming into their home as a waste of money, an insult to their company and that by having him or her over your loved one is helping him out.

3. This is for me. I know you don’t need help.

Expressing the need as yours, rather than your loved ones, helps maintain his/her sense of dignity and independence. You can also add that having someone stay at home allows you not to worry while you are gone. Make it clear that you will be coming back.

4. “This is prescribed by the doctor.”

Doctors are often seen as authority figures, and your loved one may be more willing to accept help if they feel that they are coming from a trusted source.

5. “I need someone to help clean.”

Even if this is not the real reason, often people will allow someone in to clean when they “don’t need” care for themselves.

6. “This is a free service.”

This strategy may work if other family members are paying for the home care or it is, in fact, provided without charge. Your loved one may be more open to using the service since she does not feel that she is spending money for it.

7. “This is my friend.”

By pretending that the attendant is a friend of yours you are relating the home care worker to the family.

This can help with establishing trust and rapport. You can also say that the person is “under the table.”

I need someone to help clean.

By David Inoue, JACL Executive Director

LAST CALL!

I t’s been a while since I’ve been at a bar late enough to hear the shouts of “Last Call,” but at some point, there needs to be a cutoff, and we are quickly approaching that point for reserving your place with a full registration at the 2023 JACL National Convention “Rooted in Community” in Little Tokyo. We will be cutting off full registrations on July 9!!! And if you need a room at the Doubletree, you need to reserve ASAP, as we are getting close to filling our room allocation on some nights and have actually exceeded it for days before and after the official convention dates.

Among the highlights of what your registration will include is a seat at the sold-out performance of “Defining Courage” on the afternoon of July 23. Every performance of “Defining Courage” has sold out, including two prior performances at the Aratani Theater and most recently at the Segerstrom Center for the Arts in Orange County. A second evening show on July 23 has now been added.

In addition to the live performance of “Defining Courage,” actress Tamlyn Tomita will be leading a reading of the play “Question 27, Question 28” on the evening of July 20. The welcome reception will feature performances by Eden Kai on the ukulele and Staci Toji’s world-renowned hula dancing, and the Sayonara Gala will feature comedy trio Cold Tofu, rapper Robbie Yosikawa and the Grateful Crane Ensemble. USC Kaizen Taiko will open the Welcome Reception, and the Taiko Center of Los Angeles will open the Sayonara Gala.

If you haven’t already, be sure to reserve your time to visit the Iriecho at JANM. In addition, nearly 30 workshops and plenary sessions will feed your brain along with National Council sessions, or you can escape to the film screenings throughout the day on July 19-21. Or, you can go to the other extreme and let loose on the dance floor on July 21 to music by Asian Persuasion.

If you are a foodie, we will have plenty of food for attendees featuring local businesses, with welcome reception food from Aloha Cafe, Millet Crepe and Cafe Dulce; the Sayonara Gala will be catered by Azay, with dessert provided by Fugetsu-Do. On the evening of July 20, the Consulate General of Japan in Los Angeles will be hosting a reception in the beautiful Kyoto Gardens at the Doubletree. The NYSC will hold its luncheon on July 21, also at the Doubletree, where they will also recognize this year’s recipient of their Vision Award.

And we will provide several spots in the program where you can make your way out into the Little Tokyo neighborhood to sample some of the great dining options available.

We are especially grateful to our Diamond, Ruby and Sapphire sponsors for their especially generous support. This year’s Diamond sponsor is State Farm and at the Ruby level is AT&T. At the Sapphire level are AARP, Comcast, MGM and Verizon. We are also grateful to our community partner hosts at the Terasaki Budokan, Japanese American National Museum and Japanese American Cultural and Community Center.

This year’s JACL National Convention is one you don’t want to miss, but if you don’t register now, you may find yourself with the anxiety of FOMO (Fear of Missing Out for those of you who are my age and older). So, visit https://jacl.net/2023-jacl-national-convention and register now. You won’t regret it.

David Inoue is executive director of the JACL. He is based in the organization’s Washington, D.C., office.
PROUD MARY
By Marsha Aizumi

I had always thought that “Pride” was a negative word. I used to live in Arcadia, Calif., where there were a lot of peacocks that strutted down our street, ate my flowers and pooped on my drive-way. And though they are beautiful birds, the phrase, “Proud as a peacock,” seemed to fit their arrogant ways and disregard for my property. I also know that “Pride” is one of the seven deadly sins, along with envy, gluttony, greed, avarice, lust, sloth and wrath. Yikes, who would want to align themselves with those seven qualities.

Yet, June is considered Pride month... a time to celebrate and embrace all of who you are. And how can that not be a positive thing. A highlight for me this month is the second Pride Flag raising in San Francisco’s Japantown by Okaeri NorCal, which took place on June 4. In Los Angeles, Okaeri held its first-ever Queer Obon on June 17 at the Terasaki Budokan. These are just a few of the many things I am proud of.

Also, recently I got a text from a grandmother. Mary, who I had talked to once a year ago about her transgender grandson. At that time, she was scared, sad and uncertain. I could relate to all she was feeling. I heard all those feelings in her voice, but what I also heard was love for her grandson, which you could feel ran deep. Now, she sent me a photo of her grandson with his friends at a Pride Parade and simply said, “Call me anytime.” So, I gave her a call.

Her voice was different now. It was filled with joy and awe and happiness. . . .

Her grandson, Tommy, has opened up her eyes and expanded her world.

When she doesn’t understand something going on in the LGBTQ+ community, she will patiently explain things to her. She is learning and growing. Tommy has friends that care about him and will correct the teacher who uses his wrong pronoun. He is going to summer camp, and all the camp people are looking out for him and his other friends, some of whom are transgender, too.

Mary’s gratitude is unmistakable.

Tommy’s parents are standing by his side, and even without a playbook, they are following their heart. When Tommy was getting bullied at school by another boy, they did not tell their child to “buck up.” Tommy’s parents set up a meeting with the other boy and his parents. The bullying has stopped. I could feel how proud this grandmother was of her son and her daughter-in-law.

And Mary says, “I just can’t get the pronouns right.” But she tells me that Tommy says, “It’s OK grandma, I know you are trying and that you love me.” Tommy is still proud of her, and though she may struggle, she says, “My family and I are on a journey that is going in the right direction.”

And so this month, if you have an LGBTQ+ child, grandchild, friend or family member, I hope you tell them how proud you are of them. Share the ways they inspire you to live more authentically and courageously. But most of all, share how much you love them. We all want to be proud of who we are, but we all want to be loved.

HAPPY PRIDE!

Marsha Aizumi is an advocate for the LGBTQ+ community and author of the book “Two Spirits, One Heart: A Mother, Her Transgender Son and Their Journey to Love and Acceptance.”

The Florin JACL chapter is pleased to announce its 2023 scholarship awards. This year’s recipients are outstanding students attending a Sacramento area high school and California universities. Each applicant was judged on achievements in JACL involvement, academic rigor, personal history, and extracurricular activities including leadership positions, community service, work history and Japanese cultural activities as shown on their written application, letter of recommendation and personal interview.

The chapter is pleased to award the following students:

FRANCISCO CIARALDO is the son of Nancy and Rich Ciraulo. He is completing his freshman year at Stanford University and has a keen interest in public service and civil rights work. Ciraulo has been an active participant in several JACL activities since he was 8 years old when he first attended the pilgrimage to Manzanar. He regularly attends the Time of Remembrance programs at the California Museum and has participated in educational programs of the Japanese American Archival Collection at Sacramento State. At Stanford, he is involved in programs that address ethnic disparities in health care such as the Asian Liver Center and the California Hepatitis Elimination Coalition. Ciraulo’s broad perspective on race, culture and diversity have also fostered his broad perspective on race, culture and diversity.

TOMMY MATAYOSHI, daughter of Mika and Greg Matayoshi, has an extensive history of school, community, church and social involvement. Currently a senior at Cal State University, Sacramento, majoring in social work and Asian Studies, she hopes to pursue postgraduate work in social work and public policy while studying in Japan. Matayoshi participated in the pilgrimage to Manzanar as a Manzanar Youth Ambassador, traveled to Japan in 2018 in the Kakeshashi Program, performed with the Ohana Arts in the “Peace on Your Wings” production, served as co-vice of the Sacramento Jr. Young Buddhist Assn. and served as a teacher with the Jan Ken Po Gakkō cultural program. Wherever her career choices take her, Matayoshi seeks to commit herself to support and participate in organizations that further the continuation of Japanese culture in America.

JORJDN SHIMOSAKA, son of Diane and Dennis Shimosaka, will graduate from Folsom High School in Folsom. He has been on the honor roll throughout his high school years, including the Teacher’s Selection: Outstanding Student Academic Award for Biology. He has also been a member of the California Scholarship Federation and the Interact Club, where has received recognition as the Most Valuable Volunteer. In addition, Shimosaka has been an active member of the Sacramento Buddhist Church and has been an active participant at events of Florin JACL such as the Nikkei Hot Dog Fundraiser and the Obon workshop. Through his participation at Japanese American events, Shimosaka feels the stories about the Japanese American incarceration need to be told and appreciates the Day of Remembrance activities of Florin JACL. He plans to attend Folsom Lake Community to pursue his interests in machine automation and design manufacturing.

ANNAIKA TAMAKI, daughter of Sandee and Glenn Tamaki, is earning her bachelor of science degree in nursing at the University of California, Los Angeles. At UCLA, Tamaki is active in the Nikkei Student Union and produced and directed NSU’s annual Culture Night Performance. She also created a stage adaptation of her Aunt Sachi’s book, “Bend With the Wind,” which followed the story of her grandfather’s eldest sister, Sachi Tamaki, and her family’s experience through incarceration during World War II. She is also the incoming president of UCLA’s NSU. Tamaki is dedicated to serving her community and has been awarded a number of community scholarships.

The Florin JACL chapter is proud to honor and recognize this year’s scholarship recipients.
MEMORIAL DAY OBSERVED AT COLMA CEMETERY

The Japanese Benevolent Society of California hosts the event at the historic Japanese cemetery in Northern California.

By Emily Murase, Contributor

The Japanese Benevolent Society of California with support from the Japanese American Religious Federation hosted the 73rd annual Community Memorial Day Service on an unusually sunny day at the historic Japanese Cemetery in Colma, just outside of San Francisco, on May 29.

Presided by Japanese Benevolent Society Executive Director Seiko Fujimoto and Board VP Victor Iwamura and emceed by Judy Nihei, the event featured remarks by the Hon. Yasushi Noguchi, consul general of Japan in San Francisco.

Key leaders in the community also presented offerings to the Shokonhi Memorial Monument, which pays tribute to the 129 immigrant lives lost in the 1901 “City of Rio De Janeiro” shipping accident; the War Memorial Monument that honors all Nikkei veterans; and the Kanrin Maru Memorial that commemorates the first Japanese ship to arrive in the United States on March 17, 1860, to San Francisco and later died of illness.

Covering 3.5 acres on a hillside facing the Pacific Ocean, the Colma Japanese Cemetery is the final resting place for more than 5,000 members of the Nikkei community and their families.

Seeded with a landmark $10,000 grant from the Meiji Emperor in 1902, the Japanese Benevolent Society, dedicated to preserving the Japanese Cemetery, is the oldest Japanese nonprofit organization incorporated in California.

According to early Articles of Incorporation, the Japanese Benevolent Society was formed to (1) “give aid and comfort to the sick and needy of [the Japanese American] community” and (2) “own and operate a cemetery for the Japanese American community.”

The goal of the founders of the Japanese Benevolent Society that carries on today is to bring together various organizations and religions, reflected in the large stone monuments dedicated to the Buddhist, Christian and Shinto traditions that stand prominently at the Japanese Cemetery and a close and enduring partnership with the Japanese American Religious Federation composed of a dozen churches and temples serving the Japanese community.

The Japanese Benevolent Society of California with partners and sponsors. Similar to last year, plenaries and select workshops will be livestreamed for our virtual participants. If you can’t pick between two or more concurrent workshops, no worries! Most workshops will be recorded and uploaded for later.

By Cheyenne Cheng, JACL Youth and Programs Manager

This year’s JACL National Convention is shaping up to be a great one, and I’m so excited for all of us to be meeting in Los Angeles’ historic Little Tokyo neighborhood this summer. In keeping with the theme of “Rooted in Community,” expect to actually be in community!

The Welcome Reception will take place at the Terasaki Budokan, and the Sayonara Gala will be at the Japanese American Cultural and Community Center’s Noguchi Plaza. Don’t worry, both locations are a short walk away from the DoubleTree, and we will have volunteers provide assistance in wayfinding. We really wanted to uplift as much of Little Tokyo as we could and hope that you will support the community during your stay.

Here’s just a brief snippet of what this year’s convention entails:

**Plenaries, Workshops, Film Screenings, Oh My!**

With more than 25 workshops across July 21-22, one can expect to hear from local organizations, fellow chapter members and JACL’s national partners and sponsors. Similar to last year, plenaries and select workshops will be livestreamed for our virtual participants. If you can’t pick between two or more concurrent workshops, no worries! Most workshops will be recorded and uploaded for later.

**Special Events & Entertainment**

On July 20, Tamlyn Tomita will be performing the play “Question 27, Question 28,” which portrays the struggles and tenacity of Japanese American women in World War II incarceration camps. On the evening of July 21, the Greater Los Angeles chapter will be hosting a dance with live music from Asian Persuasion. July 22 will feature an afternoon matinee of David Oto’s “Defining Courage,” a journey into the legacy of the Nisei Soldier. Admission to all events is included in a full registration. Those with a community day pass will need to purchase separate tickets.

National Convention would not be possible without the work of JACL’s staff and volunteers. Lastly, don’t forget to register!

**Fun fact:** This will be my first in-person convention ever! I missed last year’s convention to play piano for my dear friends’ wedding. I’m excited to see you all in Little Tokyo soon.

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**Defining Courage**

“Defining Courage” is a powerful live show that brings to life the remarkable stories of the Nisei soldiers of World War II.

Americans of Japanese ancestry...they were the greatest fighting units in US history.

- Live Storytelling, Music & Choir
- Stunning Cinematography
- Unforgettable Evening!

Presented By:

[Image: Story Boldly, JANNM, OUTSIDE IN THEATRE, UMAMI FUND, Japanese American Citizens League]

**Sunday, July 23 2:00 pm**

**7:00 pm show now on sale**

**JACCC Aratani Theater**

**Little Tokyo, Los Angeles**

**Tickets:** [JACCC.org/courage](http://JACCC.org/courage)

[DefineCourageShow.com](http://DefineCourageShow.com)
NATIONAL CONVENTION: To Live and Dine in L.A.

Little Tokyo and its environs offer many options within walking distance of the DoubleTree.

By P.C. Staff

For out-of-towners and locals alike, Little Tokyo and the surrounding area offer a plethora of possibilities for food and drink just minutes from the Hilton DoubleTree, site of the 2023 JACL National Convention, set for July 19-23.

Short of hopping on a jet to Tokyo, Kyoto or Osaka, Little Tokyo offers many options to sate most Nihon shoku-related gustatory cravings one might have — and several water holes to meet with old and new friends for a 21-and-oldier libation.

Following are some establishments to consider. Prices can range from kechibo-friendly to tippy top of Tokyo Tower takai, so check URLs where they are provided and call ahead to see whether reservations are required. And, though the area is mostly safe for solo pedestrians, walking through the occasionally pungent streets of Little Tokyo with a group of conventiongoers is not the worst—ever idea.

1) AIZEN UDON, 232 E. 2nd St. (3-min. walk from DoubleTree) 
Cuisine: Traditional and modern udon 
URL: aizenudon.com 
Phone: (213) 278-0760 
Hours: Mon.-Fri., 11 a.m.-2:30 p.m. 1 Mon.-Thurs., 5:30-9 p.m. 
Sat.-Sun., 11:30 a.m.-4 p.m. 1 Fri.-Sat., 5:30-10 p.m. 1 Sun., 5:30-9 p.m.

2) AZAY, 226 E. 1st St. (3-min. walk from DoubleTree) 
Cuisine: Traditional Japanese and select European-style dishes 
URL: azaylittletokyo.com 
Phone: (213) 628-3431 
Hours: Tues.-Fri., 11 a.m.-1:30 p.m. Sat.-Sun., 9 a.m.-1:30 p.m. 1 Thurs.-Sat., 5:30-7:30 p.m.

3) CHADOTEA ROOM, 369 E. 1st St. (7-min. walk from DoubleTree) 
Cuisine: Large variety of teas and salads, sandwiches and paninis 
URL: chadotea.com 
Phone: (213) 617-9990 and (213) 234-0957 
Hours: FAR BAR: Mon.-Thurs., 3 p.m.-midnight 1 Fri.-Sat., noon-1:30 p.m. 1 Sun., noon-midnight 1 Sake DOJO: Wed.-Thurs., 5-10 p.m. 1 Fri., 5-11 p.m. 1 Sat., noon-11 p.m. 1 Sun., noon-10 p.m. (closed Mon. & Tues.)

4) CHINCHIKURIN, 350 E. 1st St. (7-min. walk from DoubleTree) 
Cuisine: Hiroshima-style okonomiyaki 
URL: chinchikurin-usa.com 
Phone: (213) 626-0480 
Hours: Sun.-Thurs., 11 a.m.-9 p.m. 1 Fri.-Sat., 11:30 a.m.-10 p.m. (closed Tues.)

5) EIGIKUETE, 314 E. 1st St. (5-min. walk from DoubleTree) 
Cuisine: Kaiseki-style sushi, shuhabu shuhabu and kani yosenabe 
URL: eigikutei.com 
Phone: (213) 459-8002 
Hours: Sun-Sat., 5-11 p.m. (closed Mon.)

6) FAR BAR & SAKE DOJO: 347 E. 1st St. & 333 E. 1st St. (7-min. walk from DoubleTree) 
Cuisine: Japanese (sushi, fried rice) and Western (pasta, burgers) and Japanese (sushi and sashimi) 
URL: farbar.com and askedojiba.com 

7) FUGETSU-DO: 315 E. 1st St. (6-min. walk from DoubleTree) 
Cuisine: Japanese confections 
URL: fugetsudo.com 
Phone: (213) 625-8959 
Hours: 8 a.m.-6 p.m. daily

8) JIST CAFE: 116 Judge John Aiso St. (5-min. walk from DoubleTree) 
Cuisine: “American eats, some with an Asian twist, for breakfast and lunch” 
URL: jistcafe.com 
Phone: (213) 792-2116 
Hours: Wed.-Fri., 11 a.m.-1 a.m. 1 Sat.-Sun., 9 a.m.-2 p.m. (closed Mon. & Tues.)

9) KOURAKU: 314 E. 2nd St. (4-min. walk from DoubleTree) 
Cuisine: Ramen, chanpon, other Japanese comfort foods 
URL: kourakuya.com/square-site 
Phone: (213) 687-4972

10 & 11) MARUKAI (TOKYO CENTRAL) & NIJIYA MARKETS: 123 Astronaut Ellison S. Onizuka St. #105 (2-min. walk from DoubleTree) and 124 Japanese Village Plaza Mall (5-min. walk from DoubleTree) 
Cuisine: Grocery stores offering various ready-to-eat makunouchi bento, nigiri, sushimi, inarizushi, etc. 
URL: marukai.com/pages/little-tokyo and nijiya.com 
Phone: (213) 893-7200 and (213) 680-3280 
Hours: MARUKAI: Sun-Thurs., 8 a.m.-9 p.m. 1 Fri.-Sat., 8 a.m.-10 p.m. 
NIJIYA: Sun.-Sat., 9 a.m.-9 p.m.

12) MITSURU SUSHI & GRILL: 316 E. 1st St. (5-min. walk from DoubleTree) 
Cuisine: Sushi, Japanese comfort food 
URL: mitsurudolittletokyo.business/site 
Phone: (213) 626-4046 
Hours: Tues.-Thurs., 9 a.m.-6 p.m. 1 Fri.-Sun., 9 a.m.-7 p.m. (closed Mon.)

13) OOMASA: 100 Japanese 
Cuisine: Sushi, sashimi 
URL: oomasa.com 
Phone: (213) 626-9132 
Hours: Sun.-Mon.: 11 a.m.-1 a.m. 1 Tues.-Wed., 11 a.m.-3 p.m. 1 Wed.-Thur., 11 a.m.-1 a.m. 1 Fri.-Sat., 11 a.m.-3 a.m.

Note: After 40+ years in Little Tokyo, Suehiro will be moving, purportedly in August. If it has closed by the time the National Convention begins, the new address will be 400 S. Main St., Ste. 102.

14) SUEHIRO CAFE: 337 E. 1st St. (6-min. walk from DoubleTree) 
Cuisine: Tonkatsu, curry, ramen, soba, other Japanese dishes 
URL: suehirocafe.com 
Phone: (213) 626-9132 
Hours: Sun.-Mon.: 11 a.m.-1 a.m. 1 Tues., 11 a.m.-3 p.m. 1 Wed.-Thur., 11 a.m.-1 a.m. 1 Fri.-Sat., 11 a.m.-3 a.m.

15) SUSHI GEN: 422 E. 2nd St. (Honda Plaza; 9-min. walk from DoubleTree) 
Cuisine: Sushi, sashimi 
URL: sushiigen-dtlca.com 
Phone: (213) 617-0552 
Hours: Tues.-Fri., 11 a.m.-2 p.m. 1 5-8:30 p.m. 1 Mon., 4-8:30 p.m. (closed Sun. & Mon.)

Village Plaza Mall (7-min. walk from DoubleTree) 
Cuisine: Sushi, sashimi, tempura, teriyaki 
URL: omamasarestaurant.com 
Phone: (213) 628-9048 
Hours: Sun., 11:30 a.m.-9 p.m. 1 Mon., 5-9 p.m. 1 Thurs., 11:30 a.m.-9 p.m. 1 Fri.-Sat., 11:30 a.m.-10 p.m. (closed Tues. & Wed.)

11) MARUKAI (TOKYO CENTRAL) & NIJIYA MARKETS: 123 Astronaut Ellison S. Onizuka St. #105 (2-min. walk from DoubleTree) and 124 Japanese Village Plaza Mall (5-min. walk from DoubleTree) 
Cuisine: Grocery stores offering various ready-to-eat makunouchi bento, nigiri, sushimi, inarizushi, etc. 
URL: marukai.com/pages/little-tokyo and nijiya.com 
Phone: (213) 893-7200 and (213) 680-3280 
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NIJIYA: Sun.-Sat., 9 a.m.-9 p.m.

12) MITSURU SUSHI & GRILL: 316 E. 1st St. (5-min. walk from DoubleTree) 
Cuisine: Sushi, Japanese comfort food 
URL: mitsurudolittletokyo.business/site 
Phone: (213) 626-4046 
Hours: Tues.-Thurs., 9 a.m.-6 p.m. 1 Fri.-Sun., 9 a.m.-7 p.m. (closed Mon.)
By Michael Tanaka, 
Daniel K. Inouye Policy Fellow

The JACL is pleased to announce four distinct awards during our 2023 National Convention. Alan Nishio and Syun-Ichi Akasofu will be recognized with Lifetime Achievement Awards, Jack Svahn will be recognized with the Ralph Carr Award and Don Tamaki will be recognized with the Edison Uno Award. All four recipients will be honored at the Sayonara Banquet to close the organization’s annual convention in Little Tokyo on the evening of July 22.

RALPH L. CARR AWARD FOR COURAGE

Jack Svahn

John A. Svahn is a distinguished public servant, U.S. Air Force Veteran and former politician. Throughout his tenure in various esteemed government roles, he was an exceptional leader deeply committed to the public welfare, serving as commissioner of the Social Security Administration to his roles in President Ronald Reagan’s administration as assistant to the president for policy development.

Svahn has played a significant role in shaping policies that have had a lasting impact on the lives of countless individuals. It was in his role in the Reagan White House that Svahn served as an advocate for Japanese American redress. Even as opposition rose up against the idea of providing redress to Japanese Americans, Svahn’s regular contact with leaders from the JACL, including past National Presidents Frank Low and Floyd Shimomura and then National Director Ron Wakabayashi, reinforced his belief that this was a cause worth fighting for. While Svahn would be the first to project praise to others, the significant role he played in reminding President Reagan of the importance of signing redress into law cannot be ignored, and that is why we present him with the Ralph Carr Award.

Svahn’s journey in public service began with his academic pursuits, where he honed his knowledge and skills in political science and law. His postgraduate studies at esteemed institutions such as the University of the Pacific McGeorge Law School and Georgia Tech, the School of Law laid a solid foundation for his subsequent achievements. His diverse experiences, including his time in the U.S. Air Force and his roles in California’s social welfare department, provided him with a comprehensive understanding of the challenges and intricacies of public policy.

As commissioner of the Social Security Administration, Svahn made significant contributions to the nation’s social welfare system. His leadership during this crucial period ensured the smooth functioning of one of the most vital government programs, providing financial support and security to millions of Americans. Later, his appointment as undersecretary of the Department of Health and Human Services showcased his ability to navigate complex health-care issues and develop policies that would improve the well-being of citizens across the nation.

It is an honor to present John A. Svahn with this prestigious award. His tireless efforts and steadfast commitment to improving the lives of others serve as an inspiration to future generations of public servants.

EDISON UNO CIVIL RIGHTS AWARD

Don Tamaki

Don Tamaki is an extraordinary legal professional who has made a lasting mark on the field of law and social justice. With more than 40 years of experience, Tamaki has been a leader and advocate for entrepreneurs, privately held companies and nonprofit corporations, providing them with invaluable legal counsel. His expertise spans various areas, including commercial leasing, personnel and employment law, corporate governance and business transactions. Tamaki’s dedication to his clients and his commitment to upholding the highest standards of ethics and competency have earned him widespread recognition, including being selected as Northern California’s Super Lawyer for 19 consecutive years.

However, Tamaki’s impact extends far beyond his professional accomplishments. He is revered for his historic work on the pro bono legal team that successfully reopened the landmark Supreme Court case of Korematsu v. the United States. This pivotal endeavor led to the overturning of Fred Korematsu’s unjust conviction for refusing to be incarcerated during the mass internment of Japanese Americans during World War II.

Tamaki’s involvement not only provided a significant legal foundation for the Japanese American Redress Movement but also highlighted the importance of rectifying past injustices. As a co-founder of StopRepeatingHistory.Org, Tamaki continues to draw parallels between historical injustices and the targeting of minority groups based on race or religion, fostering solidarity and advocating for reparations for African Americans.

As a former managing partner of a major law firm and his current role as board president of the San Francisco Japantown Foundation, Tamaki’s leadership has played an instrumental role in shaping the firm’s values and fostering a culture of service and inclusivity. His dedication to community service is evident in his involvement with organizations such as the Glide Foundation and his current role as board president of the San Francisco Japantown Foundation.

Furthermore, Tamaki’s appointment by California Gov. Gavin Newsom to the Task Force to Study and Develop Reparation Proposals for African Americans showcases his standing as a respected authority on matters of racial equity and his commitment to creating positive change.

It is with great honor that we present Don Tamaki with this prestigious award. Tamaki’s work serves as an inspiration to all those who strive to make a lasting impact in their profession and society.

LIFETIME ACHIEVEMENT AWARDS

Born in the Manzanar concentration camp during World War II, Nishio’s personal experiences of injustice and discrimination fueled his lifelong commitment to social justice. From his early involvement in the Free Speech Movement at the University of California, Berkeley, to his instrumental role as a founding staff member for the UCLA Asian American Studies Center, Nishio has tirelessly championed the rights and empowerment of marginalized communities.

Throughout his nearly four decades as an educator and administrator, Nishio not only imparted knowledge to countless students but also advocated for their well-being. His position as associate VP of student services at California State University, Long Beach, allowed him to make significant contributions to creating a supportive and inclusive environment for students.

Additionally, Nishio’s activism extended beyond academia, as he played a pivotal role in establishing influential community organizations like the Little Tokyo People’s Rights Organization and the Little Tokyo Service Center.

His relentless pursuit of redress and reparations for the Japanese American community, exemplified by his role in co-founding the National Coalition for Redress and Reparations, paved the way for current efforts toward justice and reconciliation.

Nishio’s advocacy and service to the community continues today, as he hopes to continue to pave the way for groundbreaking change so that future generations do not have to suffer through the same kind of racism he did. In an interview in 2020, he said, “That’s the lesson we learned, that as Japanese Americans, we cannot afford to remain silent because we’ve experienced what can happen when racism and xenophobia can run rampant, and we are the victims of scapegoating.”

Alan Nishio’s unwavering commitment to fostering international collaboration and providing a platform for scientific exploration in the Arctic has set the stage for continued advancements in the field.

In recognition of his exceptional contributions to the study of the aurora borealis, his extensive research achievements and his transformative leadership, it is an honor to present Syun-Ichi Akasofu with this prestigious Lifetime Achievement Award.

The Lifetime Achievement Awards, Ralph Carr Award and Edison Uno Awards are given to select Japanese Americans for their contributions to their field of expertise and role as community leaders. These awards are conferred by the JACL National Board with consultation from other leaders in the Japanese American community and JACL’s past leadership. We applaud all four of our awardees for their accomplishments and look forward to recognizing them at our convention in July along with recipients of the prestigious JACL Ruby Pin.

Syun-Ichi Akasofu

Syun-Ichi Akasofu is a world-renowned expert on the aurora borealis and a distinguished solar and geophysicist. His lifelong dedication to the study of the northern lights and his groundbreaking research has significantly advanced our understanding of this mesmerizing natural phenomenon.

Akasofu’s scientific endeavors and innovative thinking led to the debunking of prevailing beliefs and the formulation of new theories. Through his meticulous observations and research, he made significant discoveries regarding geomagnetic storms, the power source of the aurora and the shape of the auroral ring. His seminal work challenged established notions, reshaping our understanding of this celestial phenomenon. Akasofu’s publications, including several books and numerous articles, have served as invaluable resources for both experts and enthusiasts interested in the aurora.

Akasofu’s impact has also extended far beyond his groundbreaking research. As an educator and administrator, he served as the director of the Geophysical Institute at the University of Alaska, Fairbanks, where he helped raise more than $30 million to build the university’s International Arctic Research Center. Akasofu’s unwavering commitment to fostering international collaboration and providing a platform for scientific exploration in the Arctic has set the stage for continued advancements in the field.

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IN-DEPTH

June 23-July 13, 2023
JACL NATIONAL CONVENTION
2023 FILM SERIES PREVIEW

An exciting lineup of 21 titles will be screened at JANM’s Tateuchi Democracy Forum for conventiongoers to view.

By Rob Buscher,
Contributor

With the 2023 JACL National Convention returning to Los Angeles for the first time in more than a decade, it seemed like a fitting opportunity to present a robust program of film screenings at this year’s confab. Running in tandem with other convention programs from July 20-22, the 2023 convention film series will feature 10 screening blocks including a total of 21 films across three days hosted at the Japanese American National Museum’s Tateuchi Democracy Forum (across the plaza from the main museum building).

As an Asian American film scholar and professional film curator, it was my pleasure to curate the 2023 convention film series, and I wanted to take this opportunity to share my approach to programming it, along with some highlights of the program.

My main criterion for programming the series was based on relevance to this year’s convention theme, “Rooted in Community.” JACL staff and local chapter members working on convention have done their best to create a program of workshops and plenaries that are closely associated with local issues and other topics relevant to Los Angeles’ Japanese American community.

As such, it made sense for the film series to also be approached from this perspective. I also factored in how accessible certain films are to broader audiences through online streaming services and whether JACL convention attendees were likely to have encountered these films in previous programs. Precedence was given to titles that are not easily accessible elsewhere online, which includes both rare archival films and recent releases from the past two years, with a heavy focus on the Greater L.A. region.

Since the early 1970s, Little Tokyo has been a hotbed for Asian American independent film production, in part because of its proximity to Hollywood, but more so because Visual Communications is located there.

To those unfamiliar with VC, it is the oldest AAPI media advocacy organization in the country, founded in 1970 by a group of recent graduates from UCLA’s Ethno-Communications Program. Founding members include Duane Kubo, Robert Nakamura, Alan Ohashi and Eddie Wong.

The relationship between VC and JACL dates back to their origins, when JACL National approached then-UCLA School of Theater, Film and Television student Robert Nakamura in 1970 to commission a traveling photo exhibit titled “America’s Concentration Camps.” Designed as a series of three-dimensional cubes stacked on top of one another, each cube featured a photo on one side and text on the other. Featuring archival photos from the war years alongside images produced by Nisei artist luminaries like Mine Okubo and Toyo Miyatake, the cubes were designed to fold in on one another for ease of transporting and installing the exhibit from each venue to the next.

With JACL’s financial backing, three sets were produced so that the exhibit could run simultaneously in multiple locations, one of which is currently on display in JACL’s San Francisco headquarters. As a special addition to the convention film series, VC will be exhibiting “America’s Concentration Camps” in the lobby of the Democracy Forum throughout convention.

We are also pleased to present in partnership with VC a selection of its archival films shot between 1971-80.

“Cruisin’ J-town” (1975), directed by Duane Kubo, explores the origins of popular band Hiroshima amid the political movements of the 1960s in preredevelopment Little Tokyo. This film will be paired with “I Told You So” (1974), a short documentary exploring the life and work of poet Lawson Inada. It is scheduled to screen at 10:45 a.m. on July 21.

Then on July 22 at 10:45 a.m., we will be presenting Robert Nakamura’s 1971 short film “Manzanar,” arguably the first film in the “camp genre” of Japanese American films, which features footage shot during the first official Manzanar pilgrimage in 1969. This film will be screened alongside Robert’s son Tad Nakamura’s short documentary “Pilgrimage” (2006), which shows how the Manzanar Pilgrimage now has new meaning for diverse generations of all ages, races and nationalities in the post 9/11 world.

The program will conclude with a ten-minute work-in-progress clip from a new feature documentary that the father-son filmmaking team are co-directing titled, “Hito Hata” (2023) by Robert Nakamura and Tad Nakamura. "Hito Hata" is about the history of the white kimono patch and the role of the Japanese American community in supporting the hiji-sama movement. This film will give attendees a glimpse of what’s in the works and an incentive to return to L.A. to see the full film in the future.

Photo stills from "Hito Hata"
“Third Act,” which reflects on the legacy of intergenerational trauma in their family through the shared medium of film. Following this screening, at 12:15 p.m., we will be presenting the landmark film that Robert Nakamura co-directed with Duane Kubo entitled “Hito Hata: Raise the Banner.” This 1980 production is considered the first feature-length narrative film made by Japanese Americans after World War II and chronicles the Issei experience from their arrival at the U.S. to redevelopment. Starring Academy Award-nominated actor Mako Iwamatsu, the film draws on the talents of the leading AAPI filmmakers, writers and theater artists of their generation to tell this captivating story.

Abraham Ferrer will also be leading a workshop at the convention on July 22 at 2:15 p.m. at the convention hotel. The workshop will explore VC’s history from its first two decades of existence as framed by community redevelopment struggles, which in fact inspired and informed many of its productions during that crucial time.

In addition the workshop will include guest speakers who will share their firsthand accounts of past- and present-day issues relating to community redevelopment.

Aside from serving as our venue partner, JANM is also presenting several recent works from its Frank H. Watase Media Arts Center. A division of the museum’s education department, the Watase Media Arts Center is committed to promoting thoughtful exploration, understanding and appreciation of America’s pluralistic society through an innovative program of media documentation and preservation, production and presentation. By integrating theory and technology with community service and collaborating with peoples and institutions in diverse communities and regions, the Media Arts Center works to advance JANN’s role as a leading international institution.

Center Director Tad Nakamura will be screening several films from his own repertoire, alongside other projects that have come from the Media Arts Center as part of the shorts block titled “Rooted in Community” on July 20 from 11 a.m.-1 p.m. For those looking to learn more about the history of Little Tokyo and the large JA community in Crenshaw, the nine-film shorts block will provide a wealth of information on the past and present of these local communities. The block features several new releases, including the world premiere of “The Carry On Story,” directed by JACL L.A. Chapter Co-President Mitchell Matsumura.

Several new release feature films are also being presented in the lineup. Screening at 3:30 p.m. on July 20, feature documentary “Wisdom Gone Wild” tells the story of a life to be valued, not a problem to be willed away. It calls for a societal shift in how we view dementia — one that honors subjective experience, cultural difference, inclusivity and personhood, told lovingly through the perspective of Rose’s daughter and successor of the Nakashima woodworker studio, which still operates in New Hope Pennsylvania) will be present for a post-film Q & A.

Narrative feature “No No Girl,” which screens on July 22 at 2:15 p.m., will also feature a Q & A with writer-director Paul Daisuke Goodman and actors Mika Dyo and Chris Tashima. Their film tells the story of a multigenerational JA family who uncovers a series of love letters while sorting through their late Nisei matriarch’s belongings, sparking a Yonsei’s quest to uncover her family secrets buried in a culture of silence.

As you can see, there is no shortage of quality programming at this year’s convention. I hope that convention goers have as much fun watching the films as I did curating them. Thank you to our venue partners at JANM (especially Joy Yamaguchi and Tad Nakamura), VC staff Francis Cullado and Abe Ferrer, JACL staff and L.A. chapter members who helped in the curation process, as well as the filmmakers whose works have made this series possible.

Convention attendees will be able to view the full lineup of films and screening schedule in the 2023 Convention program. Select titles from this series will also be available to view online for registered virtual convention participants.
CALENDAR

NATIONAL

JACL National Convention
Los Angeles, CA
July 19-23
Doubletree by Hilton Hotel
120 S. Los Angeles St.
Price: Registration Required/ Virtual Rates Also Available
Info: For more information and to register, visit www.jacl.org.

Irei — A National Monument for the WWII Japanese American Incarceration
Los Angeles, CA
JANN
100 N. Central Ave.
The Irei project contains the first comprehensive listing of more than 125,000 persons of Japanese ancestry who were forcibly incarcerated during World War II. Visitors can now view the book that documents this project and how people can be better engaged with friends and community members.

PSW
Akí’s Market (A Project by Glenn Akira Kaino)
Los Angeles, CA
Opens June 30
Japanese American National Museum
100 N. Central Ave.
Price: Check Website for Admission Tickets
Created by artist Glenn Akira Kaino, the exhibition explores the transgenerational trauma of the WWII Japanese American incarceration experience through the stories of Kaino’s family and the community. It is also an interpretation of the American practice of displacement — collapsing almost 100 years of cultural subjugation into a spiritual, exploratory space from which the building blocks of peace might be discovered.

JANM
National Museum of the History of Japanese Americans in Alameda
Alameda, CA
1539 Road 19
Opens June 23
This new exhibit features the re-creation of an internment camp that has been transformed into the area’s community organization, museums, history, shopping and food, as well as continues to build on last year’s theme “Strengthening Our Community Through Action.” This year’s confab will include a welcome reception at the Tenasserik Budokan, Youth Awards Luncheon, Sayonara Banquet at the JAP Center and many other events.

NCWNP
‘Overflowing With Hope: The Hidden History of Japanese Americans in Alameda’ Exhibit
Alameda, CA
Thru July 15
Alameda Free Library
1555 Park St.
Price: Free
This exhibit documents the wartime removal of one marginalized community through images, testimonies, artifacts and long-hidden stories of Japanese Americans from Alameda whose lives were placed in turmoil following the issuance of Executive Order 9066.

PNW
‘Parallel Barbed Wire’ Exhibit
Powell, WY
Heart Mountain Interpretive Center
1539 Road 19
Opens July 7
This new exhibit features the remarkable stories of Heart Mountain incarceree Clarence Matsumura and Holocaust survivor Solly Ganor. Matsumura served in the S22d Field Artillery Battalion and rescued Ganor. The exhibit details their remarkable friendship throughout their lives.

EDC
Asian American Ballet Project
East Cambridge, MA
July 7; 4 p.m. and 7 p.m.
Cambridge Multicultural Center
Price: Ticket Prices Vary
Join the Asian American Ballet Project for its debut performance showcasing the work of up-and-coming API choreographers with an all-Asian American cast. Founded in 2002, the company’s mission is to tell stories through ballet from the unique Asian American perspective and transform how audiences view such performances. Artistic director is Elizabeth Machizuki.

Jake Shimabukuro Concerts
Various East Coast Cities
July 1-3
Price: Ticket Prices Vary
Don’t miss these concerts featuring award-winning musician Jake Shimabukuro as he explores various musical styles while playing the ukulele. The Hawai’i-born virtuoso has concerts set for July 1 (Clayton Opera House, 403 River Park Dr., Clayton, NY), July 14 (NOMBYX Center for Arts & Equity, 130 Pine St., Northampton, MA), July 15 (Nashua Center for the Arts, 201 Main St., Nashua, NH) and July 16 (Cary Memorial Building, 1605 Mass. Ave., Lexington, MA).

NCWNP
National Exhibit of the History of Japanese Americans in Alameda
Alameda, CA
1539 Road 19
Opens July 7
This summer get-together will be filled with friends and community members. It will feature a potluck lunch, as well as many games and activities on activism, identity, arts and community-building. Details and registration will be available online.

MDC
Camp Daikon
Chicago, IL
July 29-30
Calling all Japanese, Japanese American and Nikkei-identifying young people (ages 16-29) in the Chicagoland area and Nikkei-identifying young people. Come join JACL at its annual National Luncheon, Sayonara Banquet at the JAP Center and many other events.

JANM
Los Angeles, CA
Kaino No Hi Festival
Los Angeles, CA
Sept. 7; 10 a.m.-3:30 p.m.
100 N. Central Ave.
Price: Free
This event is sponsored by the San Diego JACL. It will feature performances by TAIKOPROJECT and Yu-ki Project, souvenir photos, origami, dance will be limited and available on a first-come, first-serve basis. Registration is required and opens July 3.

MDC
Japanese American Community Picnic
Chicago, IL
Aug. 5; 1 p.m.
LaBagh Woods Grove #1
Price: Free
Join the broader Japanese American and Nikkei-identifying young people. The event is sponsored by the San Diego JACL. It will feature performances by TAIKOPROJECT and Yu-ki Project, souvenir photos, origami, dance will be limited and available on a first-come, first-serve basis. Registration is required and opens July 3.

JANM
Los Angeles, CA
Natsumatsuri Family Festival
Los Angeles, CA
Aug; 5; 11 a.m.-5 p.m.
100 N. Central Ave.
Price: Free
This museum’s annual summer celebration features cultural performances, crafts and activities for families and kids of all ages. Festivals will include activities by TAIKOPROJECT and Yu-ki Project, souvenir photos, origami, scavenger hunt for prizes, and free admission to see “Don’t Fence Me In: Coming of Age in America’s Concentration Camps” and “Glenn Kaino: Akí’s Market.”

JANM
Los Angeles, CA
Keiro No Hi Festival
Los Angeles, CA
Sept. 17; 10 a.m.-3:30 p.m.
100 N. Central Ave.
Price: Registration Required
Join the community in Chicago for its annual community picnic. The fun will include a potluck lunch, as well as many games and activities for children. It’s always a fun time and a great chance to reconnect with friends and community members.

JANM
Los Angeles, CA
Twins Cities JACL’s Summer Picnic
Edina, MN
Aug. 6; 10 a.m.-3 p.m.
Rosland Park
4300 W. 66th St.
Price: Free
Save the date for the Twins Cities JACL’s Summer Picnic, which is back after several years due to the Covid pandemic. This summer get-together will be filled with great friends, food, activities and much more. Stay tuned, as more information will follow.

JANM
Los Angeles, CA
Chinese American History Exhibit
Powell, WY
Heart Mountain Interpretive Center
1539 Road 19
Opens July 7
This new exhibit features the remarkable stories of Heart Mountain incarceree Clarence Matsumura and Holocaust survivor Solly Ganor. Matsumura served in the S22d Field Artillery Battalion and rescued Ganor. The exhibit details their remarkable friendship throughout their lives.

Info: Visit www.janm.org for exhibit information and further details.

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Events in the calendar section are listed based on space availability. Place a ‘Spotlight’ ad with photos of your event for maximum exposure.

For MORE information: pccitizens@wp.com (213) 620-1767

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**OBITUARIES**

**MEMORIAM**

Arias, Charlene Sachie, 68, Garden City, CA, Feb. 21; she was predeceased by her husband, Harry Yoshino; and brother, Rob; she is survived by her husband, Richard; sisters, Doreen Wataanabe and Kathy (Owawane) Law; stepdaughter, Carla Cherie (Greg) Saliba; mother, Betty Yoshi; she is also survived by many nieces, nephews, cousins, aunts, uncles and friends; gc: 2; ggc: 2.

Firing-Kawato, Cheryl Alberto, 76, Provo, UT, March 10; bachelor of commerce, McGill University in Montreal; she was predeceased by her father, Henry Oshiro; and she was also survived by a niece and cousin.

Fujimori, Miyoko, 90, Gardena, CA, May 2; her activities included serving as a Girl Scout leader; she is survived by her husband, James; children, Michael (Yukiko) Fujimori, Daniel (Maryse) Fujimori, Brian (Diane) Fujimori and Nancie (John) Fukushima; she is also survived by many nieces, nephews, cousins and friends; gc: 7; ggc: 1.

Hashimoto, Margaret Yayoi, 94, Los Angeles, CA, April 22; she was predeceased by her husband, Akira; and siblings, Matsuko Fujikawa, Chiyoko Furuta, and Yegi Takara; she is also survived by many nieces and nephews.

Kagawa, Hideo Henry, 92, Monterey Park, CA, March 16; he is survived by his wife, Nancy Mikko; children, Jon (Terri) Kagawa, Julie (Stan) Akemi Fuji Sakai and James (Mari) Kagawa; sister, Masayo Nishikawa; gc: 4.

Kawakami, Takeshi, 91, Monterey Park, CA, March 22; veteran, Army; during WWII, his family and he were incarcerated first at the Tanforan (Race) Park and then the Topaz WRA Center in UT; he was predeceased by his wife, Setsuko; and siblings, George, Hiroko, Michiko, Minoru, Nobuko and Hideko; he is survived by his daughters, Mari (Dennis) Hayes and Leslie (Michael) Viveros; gc: 1.

Nakayama, Kiyoshi, 83, Monterey Heights, IL, April 9; he is survived by his wife, Betty; he is survived by his wife, Mrs. Yoko (Mahito) Nakayama; children, David, Linda and Tom Nakayama; gc: 2.

Nakayama, Akari, 88, Altadena, CA, Dec. 22, 2022; he is survived by his wife, Yoko; children, Timothy (Reena), Karianne (Scott) Johnson and Todd (Kimberly); siblings, Kathy (Bruce) Fujikawa and Greg (Cecelia); gc: 5.

Hashimoto, Margaret Yayoi, 94, Los Angeles, CA, April 22; she was predeceased by her husband, Akira; and siblings, Matsuko Fujikawa, Chiyoko Furuta, and Yegi Takara; she is also survived by many nieces and nephews.

Motoyama, Evelyn Ayako, 93, Burbank, CA, March 8; she is survived by her son, Larry Motoyama; she is also survived by many nieces, nephews and other relatives.

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Traveling can be stressful, expensive, relaxing and memorable — all at the same time. Summer is when most travel occurs to new and exciting destinations around the world. The less-enjoyable part about travel is the airline check-in lines, long security queues, large families or groups traveling together and waits at the baggage claim, rental car facilities and hotel check-in lines. Below are some tips to make your next trip more enjoyable and less stressful.

First, traveling doesn’t have to be expensive. Avoiding summer months (peak travel time) is usually one of the best and easiest ways to save money. If your schedule is flexible, you can usually find good deals by adjusting your dates.

Second, some credit cards offer benefits that include free TSA Pre-Check and/or Global Entry to expedite the security process at airports. Memberships to AARP and other clubs offer discounts for air travel, hotels, rental cars, restaurants, amusement parks, tours and ticketed events such as concerts and shows.

Some credit card benefits may also include free checked luggage, preferred boarding and/or complementary room upgrades. While it may take time to compare prices from various travel providers and find a discount, it can save a traveler hundreds of dollars on just one trip. Also, following travel companies on social media channels is an easy way to find deals or sales — but you often must act quickly.

Whenever I travel to a new destination, I do a lot of research in advance. As a foodie, I look for restaurants in the area where I’m staying, particularly restaurants that I don’t find at home. Sometimes I come across a highly recommended restaurant that requires reservations weeks or months in advance. I like to identify the must-do activities the city is known for and explore the days and hours of operation. This includes finding out the average visit time so that I can fit it into my travel plans and plan accordingly. I also look at airport maps so I can become familiar with the layout, especially if I have limited time between flights.

Additionally, I belong to several airline, hotel, rental car, restaurant and store frequent-buyer clubs/stamp cards. Some offer benefits such as preferred or priority seating, upgraded rooms, vehicle upgrades and dining discounts or rewards for frequent or high value purchases.

Be forewarned that this often leads to receiving emails and text messages, but over time, the miles/points add up and eventually can be used toward those special, once-in-a-lifetime trips. I’m saving my airline miles and hotel points for a trip to Japan someday.

One of my best travel memories is taking a Hawaiian vacation with extended family. I planned and organized the itinerary since we had a large party — this included making dinner reservations, purchasing tours and planning activities in advance.

It helped to reduce stress and allowed my family to enjoy our time together instead of waiting for a table at a restaurant or spending a lot of time trying to figure out what to do. By planning, it also saved us money by taking advantage of deals and comparing purchase options.

Sometimes, it can be financially better to book travel arrangements a la carte instead of purchasing a bundled package, particularly when an airline, hotel chain or rental car company offers discounts or has limited-time sales.

And don’t forget — it is always important to read the fine print when making a reservation. Some bargains can be nonrefundable and nonchangeable, while others restrict earning frequent buyer points/miles. Some deals may be for select markets or on certain days of the week. And if you are considering trip insurance, be sure to know what your credit card covers before purchasing any coverage.

Planning accordingly can make summer travel less stressful and more enjoyable.